

## Individual Meet Results

**Langsundmót 25 18-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points**

**Location: Reykjanesbær**

Time	F/P/S	Event	Place	Points	Improv
<b>Karen Mist Arngeirsdóttir (11) W</b>					
12:01.20S 303	F # 3	Women 800 Free	IRB	2	---
	38.72	1:22.76 2:08.59 2:54.61	3:40.82 4:27.25 5:12.91	5:58.75	---
	(38.72)	(44.04) (45.83) (46.02)	(46.21) (46.43) (45.66)	(45.84)	---
	6:44.85	7:30.44 8:17.04 9:02.08	9:48.07 10:33.40 11:18.42	12:01.20	---
	(46.10)	(45.59) (46.60) (45.04)	(45.99) (45.33) (45.02)	(42.78)	---
<b>Gunnhildur Björg Baldursdóttir (11) W</b>					
12:04.56S 299	F # 3	Women 800 Free	IRB	3	---
	40.99	1:26.32 2:12.85 2:58.57	3:44.96 4:30.76 5:16.80	6:02.93	---
	(40.99)	(45.33) (46.53) (45.72)	(46.39) (45.80) (46.04)	(46.13)	---
	6:47.74	7:34.57 8:19.46 9:04.70	9:50.73 10:36.28 11:22.00	12:04.56	---
	(44.81)	(46.83) (44.89) (45.24)	(46.03) (45.55) (45.72)	(42.56)	---
<b>Jóna Helena Bjarnadóttir (19) W</b>					
17:35.77S 681	F # 2	Women 1500 Free	IRB	1	---
	31.67	1:06.30 1:41.22 2:15.78	2:50.78 3:26.01 4:01.52	4:36.87	-17.64
	(31.67)	(34.63) (34.92) (34.56)	(35.00) (35.23) (35.51)	(35.35)	---
	5:12.61	5:48.66 6:24.42 7:00.16	7:35.68 8:11.41 8:47.04	9:22.04	---
	(35.74)	(36.05) (35.76) (35.74)	(35.52) (35.73) (35.63)	(35.00)	---
	9:57.04	10:32.48 11:08.43 11:44.02	12:19.41 12:54.40 13:29.91	14:05.26	---
	(35.00)	(35.44) (35.95) (35.59)	(35.39) (34.99) (35.51)	(35.35)	---
	14:40.54	15:15.83 15:51.44 16:27.17	17:01.85 17:35.77		---
	(35.28)	(35.29) (35.61) (35.73)	(34.68) (33.92)		---
9:22.04S 641	F # 3	Women 800 Free	IRB	---	8.98
<b>Þróstur Bjarnason (14) M</b>					
9:06.15S 535	F # 1	Men 800 Free	IRB	4	---
	30.12	1:03.19 1:37.26 2:11.37	2:45.36 3:19.74 3:54.54	4:29.33	3.08
	(30.12)	(33.07) (34.07) (34.11)	(33.99) (34.38) (34.80)	(34.79)	---
	5:04.08	5:38.47 6:13.13 6:48.23	7:23.24 7:57.88 8:32.86	9:06.15	---
	(34.75)	(34.39) (34.66) (35.10)	(35.01) (34.64) (34.98)	(33.29)	---
<b>Berglind Björgvinsdóttir (14) W</b>					
19:52.80S 472	F # 2	Women 1500 Free	IRB	8	---
	34.28	1:12.32 1:51.80 2:31.60	3:11.29 3:50.88 4:30.76	5:10.69	---
	(34.28)	(38.04) (39.48) (39.80)	(39.69) (39.59) (39.88)	(39.93)	---
	5:50.38	6:30.26 7:10.22 7:50.31	8:30.54 9:10.43 9:50.40	10:30.75	---
	(39.69)	(39.88) (39.96) (40.09)	(40.23) (39.89) (39.97)	(40.35)	---
	11:10.83	11:51.08 12:31.46 13:11.89	13:52.13 14:32.50 15:12.78	15:53.27	---
	(40.08)	(40.25) (40.38) (40.43)	(40.24) (40.37) (40.28)	(40.49)	---
	16:33.59	17:14.31 17:54.43 18:34.58	19:14.52 19:52.80		---
	(40.32)	(40.72) (40.12) (40.15)	(39.94) (38.28)		---
10:30.75S 453	F # 3	Women 800 Free	IRB	---	-86.83
<b>Ólöf Edda Eðvarðsdóttir (14) W</b>					
18:08.05S 622	F # 2	Women 1500 Free	IRB	3	---
	32.77	1:08.15 1:44.30 2:19.87	2:55.02 3:31.03 4:06.92	4:42.89	---
	(32.77)	(35.38) (36.15) (35.57)	(35.15) (36.01) (35.89)	(35.97)	---
	5:19.65	5:55.49 6:32.90 7:09.79	7:45.58 8:22.58 8:59.45	9:36.17	---
	(36.76)	(35.84) (37.41) (36.89)	(35.79) (37.00) (36.87)	(36.72)	---
	10:13.05	10:49.83 11:26.93 12:03.56	12:39.99 13:16.92 13:53.24	14:29.95	---
	(36.88)	(36.78) (37.10) (36.63)	(36.43) (36.93) (36.32)	(36.71)	---
	15:06.32	15:42.23 16:18.71 16:56.26	17:32.55 18:08.05		---
	(36.37)	(35.91) (36.48) (37.55)	(36.29) (35.50)		---
9:36.17S 595	F # 3	Women 800 Free	IRB	---	12.34

## Individual Meet Results

Langsundmót 25 18-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv
<b>Jóna Halla Egilsdóttir (12) W</b>					
23:03.45S 302	F # 2	Women 1500 Free	IRB	14	---
40.62	1:24.82	2:10.45	2:57.53	3:43.19	4:30.13
(40.62)	(44.20)	(45.63)	(47.08)	(45.66)	(46.94)
6:49.93	7:37.05	8:23.00	9:10.16	9:56.19	10:42.76
(47.11)	(47.12)	(45.95)	(47.16)	(46.03)	(46.57)
13:00.28	13:48.16	14:34.86	15:21.85	16:09.37	16:55.71
(46.78)	(47.88)	(46.70)	(46.99)	(47.52)	(46.34)
19:16.01	20:02.36	20:49.09	21:35.88	22:20.69	23:03.45
(46.72)	(46.35)	(46.73)	(46.79)	(44.81)	(42.76)
12:13.50S 288	F # 3	Women 800 Free	IRB	---	---
<b>Sandra Ósk Elfasdóttir (12) W</b>					
23:09.44S 299	F # 2	Women 1500 Free	IRB	15	---
40.41	1:25.00	2:10.72	2:57.09	3:43.73	4:29.82
(40.41)	(44.59)	(45.72)	(46.37)	(46.64)	(46.09)
6:49.56	7:36.26	8:23.19	9:09.68	9:56.26	10:43.30
(46.68)	(46.70)	(46.93)	(46.49)	(46.58)	(47.04)
13:01.92	13:48.44	14:35.21	15:21.91	16:08.89	16:56.31
(46.54)	(46.52)	(46.77)	(46.70)	(46.98)	(47.42)
19:17.39	20:04.53	20:51.85	21:37.42	22:21.46	23:09.44
(47.22)	(47.14)	(47.32)	(45.57)	(44.04)	(47.98)
12:15.38S 286	F # 3	Women 800 Free	IRB	---	---
<b>Birta María Falsdóttir (13) W</b>					
18:35.85S 576	F # 2	Women 1500 Free	IRB	5	---
34.09	1:10.78	1:47.68	2:24.85	3:01.95	3:39.40
(34.09)	(36.69)	(36.90)	(37.17)	(37.10)	(37.45)
5:31.78	6:09.31	6:46.59	7:23.71	8:01.44	8:38.92
(37.41)	(37.53)	(37.28)	(37.12)	(37.73)	(37.48)
10:31.29	11:09.36	11:47.40	12:24.98	13:02.34	13:40.02
(37.87)	(38.07)	(38.04)	(37.58)	(37.36)	(37.68)
15:32.65	16:09.44	16:46.33	17:23.10	18:00.46	18:35.85
(37.43)	(36.79)	(36.89)	(36.77)	(37.36)	(35.39)
9:53.42S 544	F # 3	Women 800 Free	IRB	---	14.33
<b>Sunneva Dögg Friðriksdóttir (12) W</b>					
19:13.73S 521	F # 2	Women 1500 Free	IRB	6	---
34.07	1:10.96	1:48.12	2:26.10	3:04.50	3:42.80
(34.07)	(36.89)	(37.16)	(37.98)	(38.40)	(38.30)
5:38.31	6:17.09	6:55.17	7:34.03	8:13.03	8:52.21
(38.24)	(38.78)	(38.08)	(38.86)	(39.00)	(39.18)
10:49.81	11:28.91	12:08.39	12:47.58	13:26.76	14:06.14
(39.66)	(39.10)	(39.48)	(39.19)	(39.18)	(39.38)
16:03.27	16:41.98	17:20.43	17:58.87	18:36.87	19:13.73
(38.90)	(38.71)	(38.45)	(38.44)	(38.00)	(36.86)
10:10.15S 501	F # 3	Women 800 Free	IRB	---	1.19
<b>Alexander Páll Friðriksson (15) M</b>					
9:46.08S 433	F # 1	Men 800 Free	IRB	6	-13.46
32.50	1:07.65	1:44.28	2:21.21	2:59.01	3:36.19
(32.50)	(35.15)	(36.63)	(36.93)	(37.80)	(37.18)
5:28.25	6:05.04	6:43.40	7:20.57	7:57.06	8:34.46
(37.14)	(36.79)	(38.36)	(37.17)	(36.49)	(37.40)

## Individual Meet Results

Langsundmót 25 18-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv
<b>Sigmar Marijón Friðriksson (10) M</b>					
12:47.68S 193	F # 1	Men 800 Free	IRB	---	---
24:10.48S 201	F # 4	Men 1500 Free	IRB	5	---
41.63	1:29.85	2:18.91	3:07.69	3:53.32	4:41.34
(41.63)	(48.22)	(49.06)	(48.78)	(45.63)	(48.02)
7:08.11	7:55.72	8:45.18	9:33.32	10:22.05	11:11.69
(48.97)	(47.61)	(49.46)	(48.14)	(48.73)	(49.64)
13:36.92	14:27.67	15:17.69	16:07.86	16:58.04	17:45.25
(49.24)	(50.75)	(50.02)	(50.17)	(50.18)	(47.21)
20:17.88	21:06.10	21:52.66	22:41.72	23:27.37	24:10.48
(51.14)	(48.22)	(46.56)	(49.06)	(45.65)	(43.11)
<b>Kjartan Óli Guðbjartsson (11) M</b>					
12:28.86S 208	F # 1	Men 800 Free	IRB	10	---
39.41	1:25.27	2:12.93	3:02.23	3:51.41	4:37.75
(39.41)	(45.86)	(47.66)	(49.30)	(49.18)	(46.34)
7:02.39	7:50.32	8:39.65	9:29.12	10:15.67	11:01.18
(49.60)	(47.93)	(49.33)	(49.47)	(46.55)	(45.51)
<b>Ísól Hanna Guðmundsdóttir (10) W</b>					
13:10.19S 231	F # 3	Women 800 Free	IRB	6	---
44.24	1:33.88	2:23.81	3:13.54	4:03.75	4:54.52
(44.24)	(49.64)	(49.93)	(49.73)	(50.21)	(50.77)
7:25.55	8:16.14	9:06.82	9:56.63	10:46.37	11:37.28
(50.57)	(50.59)	(50.68)	(49.81)	(49.74)	(50.91)
<b>Anton Vigfús Guðmundsson (12) M</b>					
11:40.29S 254	F # 1	Men 800 Free	IRB	---	---
21:35.11S 283	F # 4	Men 1500 Free	IRB	3	---
38.10	1:21.01	2:04.23	2:49.17	3:34.39	4:19.14
(38.10)	(42.91)	(43.22)	(44.94)	(45.22)	(44.75)
6:33.62	7:17.26	8:01.32	8:45.22	9:29.72	10:12.91
(43.44)	(43.64)	(44.06)	(43.90)	(44.50)	(43.19)
12:23.52	13:07.52	13:50.11	14:32.83	15:14.83	15:58.19
(43.23)	(44.00)	(42.59)	(42.72)	(42.00)	(43.36)
18:06.47	18:48.94	19:32.20	20:13.43	20:56.84	21:35.11
(42.29)	(42.47)	(43.26)	(41.23)	(43.41)	(38.27)
<b>Jón Ágúst Guðmundsson (16) M</b>					
8:50.13S 585	F # 1	Men 800 Free	IRB	3	7.31
28.62	1:00.86	1:33.61	2:07.03	2:40.59	3:14.17
(28.62)	(32.24)	(32.75)	(33.42)	(33.56)	(33.58)
4:55.55	5:29.72	6:03.43	6:37.71	7:11.77	7:45.42
(33.59)	(34.17)	(33.71)	(34.28)	(34.06)	(33.65)
<b>Sóley Ósk Hafsteinsdóttir (15) W</b>					
13:27.68S 0	F # 5	Women 800 Fly	IRB	---	-8.49
25:12.15S 0	F # 6	Women 1500 Fly	IRB	---	---
6:34.06S 0	F # 7	Women 400 Fly	IRB	---	---
<b>Birna Hilmarsdóttir (9) W</b>					
12:55.90S 244	F # 3	Women 800 Free	IRB	5	---
44.51	1:33.96	2:23.40	3:11.83	4:01.38	4:51.43
(44.51)	(49.45)	(49.44)	(48.43)	(49.55)	(50.05)
7:18.57	8:07.66	8:55.92	9:46.66	10:36.34	11:25.24
(48.74)	(49.09)	(48.26)	(50.74)	(49.68)	(48.90)

## Individual Meet Results

**Langsundmót 25 18-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points**

**Location: Reykjanesbær**

Time	F/P/S	Event	Place	Points	Improv
<b>Björgvin Theodór Hilmarsson (13) M</b>					
10:21.03S 364	F # 1	Men 800 Free	IRB	7	---
					-10.82
33.78	1:11.78	1:51.14	2:30.83	3:10.88	3:50.77
					4:30.03
(33.78)	(38.00)	(39.36)	(39.69)	(40.05)	(39.89)
					(39.26)
					(39.25)
5:48.88	6:29.03	7:08.39	7:48.57	8:27.44	9:06.34
					9:44.76
(39.60)	(40.15)	(39.36)	(40.18)	(38.87)	(38.90)
					(38.42)
					(36.27)
<b>Kristján Þórarinn Ingibergsson (12) M</b>					
11:33.95S 261	F # 1	Men 800 Free	IRB	---	---
22:08.54S 262	F # 4	Men 1500 Free	IRB	4	---
					---
37.94	1:18.68	2:00.41	2:44.05	3:26.83	4:09.76
					4:53.79
(37.94)	(40.74)	(41.73)	(43.64)	(42.78)	(42.93)
					(44.03)
					(44.82)
6:23.37	7:07.98	7:52.46	8:36.96	9:21.00	10:05.69
					10:49.70
(44.76)	(44.61)	(44.48)	(44.50)	(44.04)	(44.69)
					(44.01)
					(44.25)
12:17.78	13:02.75	13:48.04	14:32.71	15:17.70	16:03.79
					16:50.27
(43.83)	(44.97)	(45.29)	(44.67)	(44.99)	(46.09)
					(46.48)
					(46.86)
18:23.46	19:09.01	19:55.59	20:40.33	21:25.65	22:08.54
(46.33)	(45.55)	(46.58)	(44.74)	(45.32)	(42.89)
<b>Diljá Rún Ívarsdóttir (9) W</b>					
13:34.11S 211	F # 3	Women 800 Free	IRB	---	---
<b>Einar Þór Ívarsson (15) M</b>					
8:43.37S 608	F # 1	Men 800 Free	IRB	2	---
					-2.17
29.94	1:02.38	1:35.04	2:08.08	2:41.09	3:13.68
					3:46.56
(29.94)	(32.44)	(32.66)	(33.04)	(33.01)	(32.59)
					(32.88)
					(33.03)
4:52.42	5:25.48	5:59.19	6:32.37	7:06.50	7:38.86
					8:12.21
(32.83)	(33.06)	(33.71)	(33.18)	(34.13)	(32.36)
					(33.35)
					(31.16)
<b>Magnús Guðjón Jenson (10) M</b>					
13:04.79S 180	F # 1	Men 800 Free	IRB	11	---
					---
42.14	1:29.77	2:18.90	3:08.37	3:57.90	4:47.63
					5:37.55
(42.14)	(47.63)	(49.13)	(49.47)	(49.53)	(49.73)
					(49.92)
					(49.66)
7:18.32	8:08.45	8:59.43	9:49.32	10:38.47	11:28.63
					12:17.56
(51.11)	(50.13)	(50.98)	(49.89)	(49.15)	(50.16)
					(48.93)
					(47.23)
<b>Jóhanna Matthea Jóhannesdóttir (10) W</b>					
12:06.37S 297	F # 3	Women 800 Free	IRB	4	---
					---
40.12	1:24.82	2:10.87	2:57.20	3:43.86	4:31.23
					5:17.96
(40.12)	(44.70)	(46.05)	(46.33)	(46.66)	(47.37)
					(46.73)
					(46.26)
6:50.27	7:36.37	8:21.97	9:08.33	9:53.28	10:38.86
					11:23.71
(46.05)	(46.10)	(45.60)	(46.36)	(44.95)	(45.58)
					(44.85)
					(42.66)
<b>Guðrún Eir Jónsdóttir (13) W</b>					
20:19.66S 441	F # 2	Women 1500 Free	IRB	9	---
					---
34.58	1:13.31	1:53.18	2:33.83	3:13.63	3:54.73
					4:35.27
(34.58)	(38.73)	(39.87)	(40.65)	(39.80)	(41.10)
					(40.54)
					(40.49)
5:56.85	6:37.75	7:18.48	7:59.81	8:40.57	9:21.49
					10:02.62
(41.09)	(40.90)	(40.73)	(41.33)	(40.76)	(40.92)
					(41.13)
					(40.96)
11:25.08	12:06.15	12:46.65	13:29.10	14:10.48	14:51.86
					15:33.17
(41.50)	(41.07)	(40.50)	(42.45)	(41.38)	(41.38)
					(41.31)
					(41.20)
16:55.68	17:37.53	18:18.26	18:59.84	19:41.37	20:19.66
(41.31)	(41.85)	(40.73)	(41.58)	(41.53)	(38.29)
<b>10:43.58S 427 F # 3 Women 800 Free IRB --- --- -13.23</b>					

## Individual Meet Results

Langsundmót 25 18-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv
<b>Heiðrún Katla Jónsdóttir (11) W</b>					
14:13.84S 183	F # 3	Women 800 Free	IRB	9	---
46.21	1:39.03	2:32.20	3:26.77	4:20.21	5:14.18
(46.21)	(52.82)	(53.17)	(54.57)	(53.44)	(53.97)
7:58.73	8:53.50	9:46.22	10:41.81	11:36.53	12:30.74
(54.65)	(54.77)	(52.72)	(55.59)	(54.72)	(54.21)
6:08.78	7:04.08	(54.60)	(55.30)	13:23.61	14:13.84
(52.87)	(50.23)				
<b>Aníka Mjöll Júlíusdóttir (10) W</b>					
25:27.34S 225	F # 2	Women 1500 Free	IRB	17	---
41.63	1:28.90	2:18.51	3:08.74	3:58.53	4:49.08
(41.63)	(47.27)	(49.61)	(50.23)	(49.79)	(50.55)
7:20.91	8:12.95	9:04.52	9:57.24	10:49.30	11:41.27
(50.47)	(52.04)	(51.57)	(52.72)	(52.06)	(51.97)
14:18.36	15:11.61	16:04.46	16:57.88	17:49.81	18:42.33
(51.91)	(53.25)	(52.85)	(53.42)	(51.93)	(52.52)
21:18.02	22:09.00	23:00.53	23:51.83	24:41.74	25:27.34
(51.82)	(50.98)	(51.53)	(51.30)	(49.91)	(45.60)
5:39.70	6:30.44	(50.62)	(50.74)	12:34.06	13:26.45
(52.79)	(52.39)			19:33.84	20:26.20
(51.51)	(52.36)				
<b>Ingunn Eva Júlíusdóttir (12) W</b>					
22:13.77S 338	F # 2	Women 1500 Free	IRB	13	---
38.62	1:20.90	2:04.50	2:47.48	3:31.74	4:16.76
(38.62)	(42.28)	(43.60)	(42.98)	(44.26)	(45.02)
6:30.46	7:14.64	7:59.32	8:43.98	9:28.76	10:13.99
(45.23)	(44.18)	(44.68)	(44.66)	(44.78)	(45.23)
12:28.04	13:13.53	13:58.63	14:43.43	15:28.86	16:13.83
(45.08)	(45.49)	(45.10)	(44.80)	(45.43)	(44.97)
18:30.05	19:15.54	20:00.69	20:46.27	21:30.78	22:13.77
(45.26)	(45.49)	(45.15)	(45.58)	(44.51)	(42.99)
5:00.66	5:45.23	(43.90)	(44.57)	10:58.47	11:42.96
(44.48)	(44.49)			16:59.11	17:44.79
(45.28)	(45.68)				
<b>Jóhanna Júlía Júlíusdóttir (15) W</b>					
17:39.41S 674	F # 2	Women 1500 Free	IRB	2	---
31.89	1:06.42	1:41.59	2:17.10	2:52.45	3:27.84
(31.89)	(34.53)	(35.17)	(35.51)	(35.35)	(35.39)
5:14.60	5:49.90	6:25.19	7:00.46	7:35.80	8:11.42
(35.65)	(35.30)	(35.29)	(35.27)	(35.34)	(35.62)
9:57.61	10:32.87	11:08.35	11:44.22	12:19.77	12:55.26
(35.29)	(35.26)	(35.48)	(35.87)	(35.55)	(35.49)
14:42.42	15:18.08	15:53.50	16:29.23	17:04.73	17:39.41
(35.62)	(35.66)	(35.42)	(35.73)	(35.50)	(34.68)
4:03.52	4:38.95	(35.68)	(35.43)	8:46.99	9:22.32
(35.57)	(35.33)			13:31.04	14:06.80
(35.78)	(35.76)				
<b>Eyðís Ósk Kolbeinsdóttir (11) W</b>					
10:47.76S 419	F # 3	Women 800 Free	IRB	1	---
36.03	1:16.80	1:57.96	2:39.43	3:20.81	4:02.19
(36.03)	(40.77)	(41.16)	(41.47)	(41.38)	(41.38)
6:05.54	6:45.60	7:26.27	8:07.31	8:48.70	9:30.58
(41.41)	(40.06)	(40.67)	(41.04)	(41.39)	(41.88)
4:42.79	5:24.13	(40.60)	(41.34)	10:11.08	10:47.76
(40.50)	(36.68)				
<b>Sveinn Ólafur Lúðvíksson (15) M</b>					
9:27.86S 476	F # 1	Men 800 Free	IRB	5	---
31.03	1:06.28	1:42.62	2:19.32	2:55.53	3:32.04
(31.03)	(35.25)	(36.34)	(36.70)	(36.21)	(36.51)
5:20.15	5:55.66	6:30.98	7:06.81	7:42.71	8:17.95
(35.42)	(35.51)	(35.32)	(35.83)	(35.90)	(35.24)
4:07.96	4:44.73	(35.92)	(36.77)	8:53.75	9:27.86
(35.80)	(34.11)				

## Individual Meet Results

**Langsundmót 25 18-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points**

**Location: Reykjanesbær**

Time	F/P/S	Event		Place		Points	Improv	
<b>Eiríkur Ingi Ólafsson (12) M</b>								
10:23.17S 360	F # 1	Men 800 Free		IRB		8	---	-3.76
34.95	1:14.02	1:53.63	2:33.42	3:13.37	3:52.88	4:32.62	5:12.48	
(34.95)	(39.07)	(39.61)	(39.79)	(39.95)	(39.51)	(39.74)	(39.86)	
5:52.38	6:32.17	7:12.29	7:51.21	8:29.99	9:08.93	9:46.99	10:23.17	
(39.90)	(39.79)	(40.12)	(38.92)	(38.78)	(38.94)	(38.06)	(36.18)	
<b>Ingi Þór Ólafsson (12) M</b>								
11:34.83S 260	F # 1	Men 800 Free		IRB		---	---	---
21:35.09S 283	F # 4	Men 1500 Free		IRB		2	---	---
41.03	1:24.72	2:09.87	2:53.84	3:38.63	4:21.56	5:05.40	5:48.98	
(41.03)	(43.69)	(45.15)	(43.97)	(44.79)	(42.93)	(43.84)	(43.58)	
6:32.31	7:16.61	7:58.69	8:41.72	9:25.76	10:09.09	10:52.56	11:34.83	
(43.33)	(44.30)	(42.08)	(43.03)	(44.04)	(43.33)	(43.47)	(42.27)	
12:17.25	13:00.32	13:44.27	14:28.17	15:12.19	15:56.29	16:40.45	17:24.45	
(42.42)	(43.07)	(43.95)	(43.90)	(44.02)	(44.10)	(44.16)	(44.00)	
18:07.47	18:50.37	19:32.56	20:15.17	20:57.37	21:35.09			
(43.02)	(42.90)	(42.19)	(42.61)	(42.20)	(37.72)			
<b>Steinunn Rúna Ragnarsdóttir (12) W</b>								
13:52.81S 197	F # 3	Women 800 Free		IRB		8	---	---
44.57	1:35.34	2:29.08	3:21.99	4:14.84	5:08.08	6:01.49	6:54.52	
(44.57)	(50.77)	(53.74)	(52.91)	(52.85)	(53.24)	(53.41)	(53.03)	
7:47.84	8:41.78	9:35.92	10:28.46	11:20.42	12:11.93	13:03.64	13:52.81	
(53.32)	(53.94)	(54.14)	(52.54)	(51.96)	(51.51)	(51.71)	(49.17)	
<b>Hreiðar Máni Ragnarsson (12) M</b>								
13:19.26S 171	F # 1	Men 800 Free		IRB		---	---	---
25:21.97S 174	F # 4	Men 1500 Free		IRB		6	---	---
40.97	1:28.59	2:17.66	3:06.36	3:56.37	4:47.23	5:37.74	6:27.69	
(40.97)	(47.62)	(49.07)	(48.70)	(50.01)	(50.86)	(50.51)	(49.95)	
7:17.80	8:08.44	8:59.15	9:51.34	10:43.33	11:34.62	12:26.24	13:19.26	
(50.11)	(50.64)	(50.71)	(52.19)	(51.99)	(51.29)	(51.62)	(53.02)	
14:11.53	15:04.57	15:55.91	16:47.66	17:39.35	18:31.39	19:25.53	20:16.51	
(52.27)	(53.04)	(51.34)	(51.75)	(51.69)	(52.04)	(54.14)	(50.98)	
21:09.34	22:00.66	22:53.32	23:43.62	24:33.70	25:21.97			
(52.83)	(51.32)	(52.66)	(50.30)	(50.08)	(48.27)			
<b>Magnþór Breki Ragnarsson (13) M</b>								
11:02.53S 300	F # 1	Men 800 Free		IRB		9	---	-26.66
37.24	1:18.12	1:59.64	2:41.63	3:23.92	4:07.00	4:48.04	5:30.20	
(37.24)	(40.88)	(41.52)	(41.99)	(42.29)	(43.08)	(41.04)	(42.16)	
6:12.28	6:54.44	7:36.47	8:19.49	9:00.50	9:41.17	10:21.84	11:02.53	
(42.08)	(42.16)	(42.03)	(43.02)	(41.01)	(40.67)	(40.67)	(40.69)	
<b>Sylvia Sienkiewicz (12) W</b>								
21:15.69S 386	F # 2	Women 1500 Free		IRB		10	---	---
37.37	1:19.26	2:02.83	2:45.32	3:28.16	4:11.68	4:54.71	5:37.97	
(37.37)	(41.89)	(43.57)	(42.49)	(42.84)	(43.52)	(43.03)	(43.26)	
6:21.72	7:05.21	7:48.41	8:32.09	9:14.80	10:00.00	10:43.52	11:26.53	
(43.75)	(43.49)	(43.20)	(43.68)	(42.71)	(45.20)	(43.52)	(43.01)	
12:08.80	12:52.53	13:36.53	14:18.63	15:01.84	15:43.71	16:26.43	17:08.97	
(42.27)	(43.73)	(44.00)	(42.10)	(43.21)	(41.87)	(42.72)	(42.54)	
17:51.46	18:33.30	19:15.10	19:56.98	20:38.34	21:15.69			
(42.49)	(41.84)	(41.80)	(41.88)	(41.36)	(37.35)			
11:26.53S 352	F # 3	Women 800 Free		IRB		---	---	-103.06

### Individual Meet Results

Langsundmót 25 18-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv		
<b>Baldvin Sigmarsson (14) M</b>							
8:57.47S 562	F # 1	Men 800 Free	IRB	---	-88.17		
16:45.55S 604	F # 4	Men 1500 Free	IRB	1	-220.53		
30.65	1:04.81	1:38.78	2:12.53	2:46.67	3:20.82	3:54.76	4:28.41
(30.65)	(34.16)	(33.97)	(33.75)	(34.14)	(34.15)	(33.94)	(33.65)
5:02.19	5:35.82	6:09.33	6:42.94	7:16.77	7:50.29	8:23.81	8:57.47
(33.78)	(33.63)	(33.51)	(33.61)	(33.83)	(33.52)	(33.52)	(33.66)
9:31.20	10:04.89	10:38.76	11:12.64	11:46.69	12:20.65	12:54.37	13:27.86
(33.73)	(33.69)	(33.87)	(33.88)	(34.05)	(33.96)	(33.72)	(33.49)
14:01.08	14:34.65	15:07.81	15:40.61	16:14.19	16:45.55		
(33.22)	(33.57)	(33.16)	(32.80)	(33.58)	(31.36)		
<b>Kristófer Sigurðsson (16) M</b>							
8:38.00S 627	F # 1	Men 800 Free	IRB	1	-9.16		
28.32	1:00.32	1:32.31	2:04.80	2:37.18	3:09.62	3:42.11	4:14.48
(28.32)	(32.00)	(31.99)	(32.49)	(32.38)	(32.44)	(32.49)	(32.37)
4:46.95	5:19.55	5:52.15	6:25.41	6:58.41	7:32.21	8:05.29	8:38.00
(32.47)	(32.60)	(32.60)	(33.26)	(33.00)	(33.80)	(33.08)	(32.71)
<b>Erla Sigurjónsdóttir (16) W</b>							
19:40.76S 486	F # 2	Women 1500 Free	IRB	7	-28.82		
32.65	1:10.43	1:50.41	2:30.77	3:10.56	3:50.64	4:30.76	5:10.70
(32.65)	(37.78)	(39.98)	(40.36)	(39.79)	(40.08)	(40.12)	(39.94)
5:50.27	6:30.50	7:10.45	7:50.66	8:30.42	9:10.61	9:50.40	10:29.94
(39.57)	(40.23)	(39.95)	(40.21)	(39.76)	(40.19)	(39.79)	(39.54)
11:09.98	11:49.99	12:30.17	13:10.18	13:49.62	14:29.31	15:08.54	15:48.41
(40.04)	(40.01)	(40.18)	(40.01)	(39.44)	(39.69)	(39.23)	(39.87)
16:27.84	17:07.24	17:46.75	18:26.17	19:04.70	19:40.76		
(39.43)	(39.40)	(39.51)	(39.42)	(38.53)	(36.06)		
10:29.94S 455	F # 3	Women 800 Free	IRB	---	-20.21		
<b>Stefanía Sigurþórsdóttir (10) W</b>							
21:44.05S 361	F # 2	Women 1500 Free	IRB	12	---		
38.80	1:21.06	2:04.41	2:46.77	3:29.46	4:12.85	4:55.29	5:38.76
(38.80)	(42.26)	(43.35)	(42.36)	(42.69)	(43.39)	(42.44)	(43.47)
6:21.49	7:04.71	7:48.35	8:31.72	9:15.64	10:00.04	10:44.18	11:28.48
(42.73)	(43.22)	(43.64)	(43.37)	(43.92)	(44.40)	(44.14)	(44.30)
12:12.31	12:56.59	13:40.56	14:24.55	15:08.96	15:53.03	16:38.04	17:22.76
(43.83)	(44.28)	(43.97)	(43.99)	(44.41)	(44.07)	(45.01)	(44.72)
18:07.53	18:52.35	19:36.78	20:21.97	21:05.15	21:44.05		
(44.77)	(44.82)	(44.43)	(45.19)	(43.18)	(38.90)		
11:28.48S 349	F # 3	Women 800 Free	IRB	---	-183.38		
<b>Svanfríður Steingrimsdóttir (12) W</b>							
21:21.69S 380	F # 2	Women 1500 Free	IRB	11	---		
37.37	1:18.62	2:00.09	2:41.54	3:23.29	4:05.94	4:48.75	5:32.21
(37.37)	(41.25)	(41.47)	(41.45)	(41.75)	(42.65)	(42.81)	(43.46)
6:14.84	6:57.91	7:41.03	8:24.39	9:07.79	9:51.82	10:35.72	11:19.69
(42.63)	(43.07)	(43.12)	(43.36)	(43.40)	(44.03)	(43.90)	(43.97)
12:03.36	12:47.22	13:31.45	14:15.12	14:58.96	15:42.55	16:25.73	17:09.07
(43.67)	(43.86)	(44.23)	(43.67)	(43.84)	(43.59)	(43.18)	(43.34)
17:51.91	18:33.92	19:17.11	20:00.12	20:41.64	21:21.69		
(42.84)	(42.01)	(43.19)	(43.01)	(41.52)	(40.05)		
11:19.69S 362	F # 3	Women 800 Free	IRB	---	---		

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**Individual Meet Results**
**Langsundmót 25 18-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points**
**Location: Reykjanesbær**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Aleksandra Wasilewska (15) W</b>					
18:34.59S 578	F # 2	Women 1500 Free	IRB	4	---
33.76	1:10.56	1:47.50	2:24.69	3:02.21	3:39.40
					4:16.54
(33.76)	(36.80)	(36.94)	(37.19)	(37.52)	(37.19)
					(37.14)
					(37.80)
5:31.44	6:08.64	6:46.14	7:23.12	8:00.48	8:37.91
					9:15.33
(37.10)	(37.20)	(37.50)	(36.98)	(37.36)	(37.43)
					(37.42)
					(37.12)
10:29.71	11:07.25	11:44.77	12:22.67	13:00.33	13:37.63
					14:15.49
(37.26)	(37.54)	(37.52)	(37.90)	(37.66)	(37.30)
					(37.86)
					(37.81)
15:30.73	16:08.04	16:44.98	17:22.08	17:58.75	18:34.59
(37.43)	(37.31)	(36.94)	(37.10)	(36.67)	(35.84)
9:52.45S 547	F # 3	Women 800 Free	IRB	---	---
<b>Tristan Þór K Wium (9) M</b>					
15:05.79S 117	F # 1	Men 800 Free	IRB	12	---
46.63	---	2:36.37	3:34.04	4:31.57	5:30.04
					6:26.77
(46.63)	---	(2:36.37)	(57.67)	(57.53)	(58.47)
					(56.73)
					(57.41)
8:22.56	9:21.16	10:19.35	11:17.73	12:17.30	---
					---
(58.38)	(58.60)	(58.19)	(58.38)	(59.57)	---
					(15:05.79)