

Individual Meet Results

Íslandsmeistaramót 50m laug 12-apr-12 to 15-apr-12 [Ageup: 31.12.2012] LC Meters - FINA Points

Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv
Davíð Hildiberg Aðalsteinsson (22) M					
57.23L 748	F # 5	Men 100 Back	1	---	-0.31
		27.56 57.23			
		(27.56) (29.67)			
52.84L 700	F # 13	Men 100 Free	3	---	-0.29
		25.87 52.84			
		(25.87) (26.97)			
2:06.93L 686	F # 23	Men 200 Back	1	---	2.19
		29.78 1:02.47 1:34.83 2:06.93			
		(29.78) (32.69) (32.36) (32.10)			
27.26L 686	F # 32	Men 50 Back	1	---	0.27
Árni Már Árnason (25) M					
51.32L 764	F # 13	Men 100 Free	1	---	0.15
		24.49 51.32			
		(24.49) (26.83)			
28.70L 802	F # 21	Men 50 Breast	1	---	-1.39
22.82L 773	F # 25	Men 50 Free	1	---	0.01
1:02.51L 823	F # 34	Men 100 Breast	2	---	-0.23
		29.96 1:02.51			
		(29.96) (32.55)			
Jóna Helena Bjarnadóttir (20) W					
2:28.97L 607	P # 6	Women 200 IM	4	---	1.13
		33.14 1:11.66 1:55.89 2:28.97			
		(33.14) (38.52) (44.23) (33.08)			
9:20.13L 686	F # 8	Women 800 Free	3	---	-2.42
		32.21 1:06.61 1:41.55 2:16.73 2:52.36 3:27.59 4:02.95 4:38.58			
		(32.21) (34.40) (34.94) (35.18) (35.63) (35.23) (35.36) (35.63)			
		5:13.20 5:48.91 6:23.92 6:59.77 7:34.91 8:10.70 8:45.64 9:20.13			
		(34.62) (35.71) (35.01) (35.85) (35.14) (35.79) (34.94) (34.49)			
4:35.49L 654	F # 12	Women 400 Free	5	---	3.81
		31.69 1:05.70 1:40.25 2:15.91 2:50.92 3:26.32 4:01.12 4:35.49			
		(31.69) (34.01) (34.55) (35.66) (35.01) (35.40) (34.80) (34.37)			
2:13.49L 606	F # 22	Women 200 Free	5	---	0.81
		30.67 1:04.05 1:38.63 2:13.49			
		(30.67) (33.38) (34.58) (34.86)			
5:14.96L 626	F # 31	Women 400 IM	4	---	11.17
		33.59 1:12.95 1:53.13 2:33.71 3:18.48 4:04.45 4:39.62 5:14.96			
		(33.59) (39.36) (40.18) (40.58) (44.77) (45.97) (35.17) (35.34)			

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Íslandsmeistaramót 50m laug 12-apr-12 to 15-apr-12 [Ageup: 31.12.2012] LC Meters - FINA Points

Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv
Þröstur Bjarnason (15) M					
4:28.61L 550	P # 3	Men 400 Free	IRB	13	---
	30.30	1:03.45 1:37.86 2:12.39	2:47.19 3:21.35 3:55.78	4:28.61	-2.54
	(30.30)	(33.15) (34.41) (34.53)	(34.80) (34.16) (34.43)	(32.83)	
2:31.60L 426	P # 7	Men 200 IM	IRB	11	---
	32.38	1:11.22 1:57.55 2:31.60			3.00
	(32.38)	(38.84) (46.33) (34.05)			
17:34.97L 570	F # 17	Men 1500 Free	IRB	8	---
	29.61	1:02.69 1:36.87 2:11.51	2:46.02 3:20.98 3:56.14	4:31.37	-24.25
	(29.61)	(33.08) (34.18) (34.64)	(34.51) (34.96) (35.16)	(35.23)	
	5:06.91	5:42.27 6:17.86 6:53.49	7:29.13 8:04.71 8:40.35	9:16.50	
	(35.54)	(35.36) (35.59) (35.63)	(35.64) (35.58) (35.64)	(36.15)	
	9:51.90	10:27.41 11:02.87 11:38.82	12:13.87 12:49.68 13:25.56	14:00.85	
	(35.40)	(35.51) (35.46) (35.95)	(35.05) (35.81) (35.88)	(35.29)	
	14:36.54	15:12.58 15:48.88 16:24.58	17:00.03 17:34.97		
	(35.69)	(36.04) (36.30) (35.70)	(35.45) (34.94)		
2:29.46L 420	P # 23	Men 200 Back	IRB	11	---
	35.30	1:13.07 1:51.87 2:29.46			1.02
	(35.30)	(37.77) (38.80) (37.59)			
2:09.41L 490	P # 30	Men 200 Free	IRB	14	---
	29.98	1:02.18 1:36.44 2:09.41			-6.57
	(29.98)	(32.20) (34.26) (32.97)			
9:16.50L 536	F # 39	Men 800 Free	IRB	---	---
Berglind Björgvinsdóttir (15) W					
2:37.54L 513	F # 6	Women 200 IM	IRB	7	---
	34.11	1:16.16 2:01.87 2:37.54			-4.93
	(34.11)	(42.05) (45.71) (35.67)			
2:53.22L 529	F # 14	Women 200 Breast	IRB	4	---
	39.17	1:23.26 2:08.17 2:53.22			2.61
	(39.17)	(44.09) (44.91) (45.05)			
1:16.03L 401	P # 20	Women 100 Fly	IRB	18	---
	34.47	1:16.03			1.33
	(34.47)	(41.56)			
39.41L 432	P # 24	Women 50 Breast	IRB	12	---
1:21.86L 488	F # 33	Women 100 Breast	IRB	4	---
	38.86	1:21.86			1.13
	(38.86)	(43.00)			

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Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv		
Birta María Falsdóttir (14) W							
2:32.86L 526	P # 2	Women 200 Fly	IRB	3	---	-4.55	
	34.86	1:13.32 1:52.83	2:32.86				
	(34.86)	(38.46) (39.51)	(40.03)				
9:28.28L 657	F # 8	Women 800 Free	IRB	5	---	-45.77	
	32.43	1:07.17 1:42.66	2:18.63	2:54.46	3:30.50	4:06.45	4:42.49
	(32.43)	(34.74) (35.49)	(35.97)	(35.83)	(36.04)	(35.95)	(36.04)
	5:18.57	5:54.58 6:30.48	7:06.38	7:42.27	8:17.96	8:53.50	9:28.28
	(36.08)	(36.01) (35.90)	(35.90)	(35.89)	(35.69)	(35.54)	(34.78)
4:42.86L 604	F # 12	Women 400 Free	IRB	6	---	-4.73	
	32.43	1:07.45 1:43.40	2:19.53	2:55.93	3:31.73	4:07.69	4:42.86
	(32.43)	(35.02) (35.95)	(36.13)	(36.40)	(35.80)	(35.96)	(35.17)
2:18.65L 541	P # 22	Women 200 Free	IRB	12	---	-5.14	
	32.42	1:07.37 1:43.38	2:18.65				
	(32.42)	(34.95) (36.01)	(35.27)				
5:26.24L 563	F # 31	Women 400 IM	IRB	7	---	-8.80	
	34.42	1:12.87 1:55.48	2:36.38	3:26.30	4:16.02	4:51.96	5:26.24
	(34.42)	(38.45) (42.61)	(40.90)	(49.92)	(49.72)	(35.94)	(34.28)
Sunneva Dögg Friðriksdóttir (13) W							
2:45.62L 414	F # 2	Women 200 Fly	IRB	5	---	-6.40	
	36.87	1:19.63 2:02.95	2:45.62				
	(36.87)	(42.76) (43.32)	(42.67)				
9:50.26L 587	F # 8	Women 800 Free	IRB	9	---	-48.71	
	32.75	1:08.27 1:44.98	2:22.43	3:00.09	3:37.72	4:15.30	4:53.07
	(32.75)	(35.52) (36.71)	(37.45)	(37.66)	(37.63)	(37.58)	(37.77)
	5:30.29	6:07.44 6:44.94	7:22.78	8:00.09	8:37.84	9:14.34	9:50.26
	(37.22)	(37.15) (37.50)	(37.84)	(37.31)	(37.75)	(36.50)	(35.92)
4:54.73L 534	P # 12	Women 400 Free	IRB	10	---	-0.96	
	34.08	1:10.91 1:48.34	2:26.27	3:03.64	3:41.45	4:18.57	4:54.73
	(34.08)	(36.83) (37.43)	(37.93)	(37.37)	(37.81)	(37.12)	(36.16)
2:20.94L 515	P # 22	Women 200 Free	IRB	16	---	-2.85	
	33.06	1:08.41 1:44.79	2:20.94				
	(33.06)	(35.35) (36.38)	(36.15)				
5:43.21L 484	P # 31	Women 400 IM	IRB	12	---	-4.75	
	36.89	1:18.87 2:02.81	2:44.71	3:37.00	4:27.79	5:06.40	5:43.21
	(36.89)	(41.98) (43.94)	(41.90)	(52.29)	(50.79)	(38.61)	(36.81)
Alexander Páll Friðriksson (16) M							
1:06.40L 479	P # 5	Men 100 Back	IRB	8	---	-0.66	
	32.82	1:06.40					
	(32.82)	(33.58)					
2:54.75L 387	F # 11	Men 200 Breast	IRB	7	---	3.62	
	39.41	1:23.90 2:09.31	2:54.75				
	(39.41)	(44.49) (45.41)	(45.44)				
2:20.85L 502	P # 23	Men 200 Back	IRB	7	---	1.06	
	33.89	1:09.14 1:45.69	2:20.85				
	(33.89)	(35.25) (36.55)	(35.16)				
32.21L 416	P # 32	Men 50 Back	IRB	15	---	0.04	
5:11.21L 481	P # 36	Men 400 IM	IRB	8	---	-7.35	
	35.16	1:14.88 1:52.96	2:30.40	3:14.64	3:59.72	4:37.12	5:11.21
	(35.16)	(39.72) (38.08)	(37.44)	(44.24)	(45.08)	(37.40)	(34.09)

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Íslandsmeistaramót 50m laug 12-apr-12 to 15-apr-12 [Ageup: 31.12.2012] LC Meters - FINA Points
Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv	
Jón Ágúst Guðmundsson (17) M						
4:21.15L 598	P # 3	Men 400 Free	IRB	7	---	-6.16
	29.87	1:03.04 1:36.68	2:10.10	2:43.31 3:16.48	3:49.46 4:21.15	
	(29.87)	(33.17) (33.64)	(33.42)	(33.21) (33.17)	(32.98) (31.69)	
2:23.51L 503	P # 7	Men 200 IM	IRB	7	---	2.14
	31.41	1:09.60 1:51.97	2:23.51			
	(31.41)	(38.19) (42.37)	(31.54)			
17:13.76L 605	F # 17	Men 1500 Free	IRB	7	---	-29.97
	30.03	1:03.49 1:37.58	2:11.41	2:45.21 3:19.25	3:53.27 4:27.37	
	(30.03)	(33.46) (34.09)	(33.83)	(33.80) (34.04)	(34.02) (34.10)	
	5:01.60	5:35.90 6:10.34	6:44.76	7:19.66 7:54.36	8:29.69 9:04.82	
	(34.23)	(34.30) (34.44)	(34.42)	(34.90) (34.70)	(35.33) (35.13)	
	9:40.33	10:15.40 10:50.09	11:25.04	11:59.84 12:34.87	13:10.14 13:44.78	
	(35.51)	(35.07) (34.69)	(34.95)	(34.80) (35.03)	(35.27) (34.64)	
	14:20.23	14:55.26 15:30.74	16:06.01	16:40.61 17:13.76		
	(35.45)	(35.03) (35.48)	(35.27)	(34.60) (33.15)		
2:32.17L 398	P # 23	Men 200 Back	IRB	16	---	7.08
	34.92	1:13.71 1:53.30	2:32.17			
	(34.92)	(38.79) (39.59)	(38.87)			
5:05.31L 509	F # 36	Men 400 IM	IRB	7	---	3.72
	32.65	1:10.67 1:49.75	2:28.50	3:12.94 3:58.65	4:31.84 5:05.31	
	(32.65)	(38.02) (39.08)	(38.75)	(44.44) (45.71)	(33.19) (33.47)	
9:04.82L 571	F # 39	Men 800 Free	IRB	---	---	-2.67
Kristinn Ásgeir Gylfason (21) M						
28.01L 514	P # 1	Men 50 Fly	IRB	12	---	1.15
Erla Dögg Haraldsdóttir (24) W						
2:22.90L 688	F # 6	Women 200 IM	IRB	3	---	4.45
	30.04	1:07.30 1:47.82	2:22.90			
	(30.04)	(37.26) (40.52)	(35.08)			
2:35.57L 731	F # 14	Women 200 Breast	IRB	1	---	3.08
	34.64	1:14.18 1:55.02	2:35.57			
	(34.64)	(39.54) (40.84)	(40.55)			
32.51L 770	F # 24	Women 50 Breast	IRB	1	---	0.55
1:12.33L 707	F # 33	Women 100 Breast	IRB	1	---	1.67
	32.94	1:12.33				
	(32.94)	(39.39)				
Íris Ósk Hilmarsdóttir (14) W						
29.54L 518	P # 4	Women 50 Free	IRB	20	---	-0.22
2:36.21L DQ	P # 6	Women 200 IM	IRB	---	---	---
	35.96	1:15.10 2:02.82	2:36.21			
	(35.96)	(39.14) (47.72)	(33.39)			
2:26.46L 619	P # 10	Women 200 Back	IRB	2	---	-2.21
	34.86	1:12.19 1:50.32	2:26.46			
	(34.86)	(37.33) (38.13)	(36.14)			
1:04.26L 532	P # 16	Women 100 Free	IRB	19	---	-0.64
	31.62	1:04.26				
	(31.62)	(32.64)				
1:09.03L 597	F # 26	Women 100 Back	IRB	3	---	-0.53
	34.10	1:09.03				
	(34.10)	(34.93)				
32.74L 565	P # 29	Women 50 Back	IRB	5	---	0.41

Individual Meet Results

Íslandsmeistaramót 50m laug 12-apr-12 to 15-apr-12 [Ageup: 31.12.2012] LC Meters - FINA Points

Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv
Björgvin Theodór Hilmarsson (14) M					
NS	F # 17	Men 1500 Free	IRB	---	---
2:48.84L 291	P # 23	Men 200 Back	IRB	22	0.05
	39.70	1:22.78 2:06.27		2:48.84	
	(39.70)	(43.08) (43.49)		(42.57)	
Einar Þór Ívarsson (16) M					
4:23.71L 581	P # 3	Men 400 Free	IRB	9	-1.51
	30.16	1:02.71 1:36.14		2:10.06 2:43.36 3:17.40	
	(30.16)	(32.55) (33.43)		(33.92) (33.30) (34.04)	
				3:51.19 4:23.71	
				(33.79) (32.52)	
2:20.88L 531	P # 7	Men 200 IM	IRB	6	-1.68
	30.79	1:08.46 1:49.19		2:20.88	
	(30.79)	(37.67) (40.73)		(31.69)	
2:24.13L 463	P # 15	Men 200 Fly	IRB	10	-1.18
	31.26	1:07.50 1:45.19		2:24.13	
	(31.26)	(36.24) (37.69)		(38.94)	
1:05.80L 434	P # 19	Men 100 Fly	IRB	16	0.10
	30.45	1:05.80			
	(30.45)	(35.35)			
34.97L 444	P # 21	Men 50 Breast	IRB	13	0.05
4:57.98L 548	F # 36	Men 400 IM	IRB	6	-5.00
	31.08	1:07.23 1:46.31		2:24.31 3:07.59 3:51.88	
	(31.08)	(36.15) (39.08)		(38.00) (43.28) (44.29)	
				4:25.39 4:57.98	
				(33.51) (32.59)	
Guðrún Eir Jónsdóttir (14) W					
10:28.03L 487	F # 8	Women 800 Free	IRB	12	-10.43
	34.48	1:13.35 1:53.29		2:33.00 3:12.45 3:52.32	
	(34.48)	(38.87) (39.94)		(39.71) (39.45) (39.87)	
				4:32.28 5:12.51	
				(39.96) (40.23)	
	5:52.44	6:31.84 7:12.00		7:52.31 8:32.50 9:12.43	
	(39.93)	(39.40) (40.16)		(40.31) (40.19) (39.93)	
				9:51.58 10:28.03	
				(39.15) (36.45)	
2:49.57L 399	P # 10	Women 200 Back	IRB	20	-17.10
	39.55	1:22.76 2:06.26		2:49.57	
	(39.55)	(43.21) (43.50)		(43.31)	
3:06.86L 422	P # 14	Women 200 Breast	IRB	10	-0.06
	42.68	1:30.20 2:18.66		3:06.86	
	(42.68)	(47.52) (48.46)		(48.20)	
1:20.00L 344	P # 20	Women 100 Fly	IRB	27	-3.16
	37.07	1:20.00			
	(37.07)	(42.93)			
1:20.49L 376	P # 26	Women 100 Back	IRB	27	-0.44
	39.30	1:20.49			
	(39.30)	(41.19)			
5:50.98L 452	P # 31	Women 400 IM	IRB	15	-36.71
	37.35	1:22.40 2:07.01		2:51.57 3:43.10 4:34.79	
	(37.35)	(45.05) (44.61)		(44.56) (51.53) (51.69)	
				5:12.80 5:50.98	
				(38.01) (38.18)	

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Time	F/P/S	Event	Place	Points	Improv	
Laufey Jóna Jónsdóttir (14) W						
2:43.37L 460	P # 6	Women 200 IM	IRB	13	---	1.79
	35.74	1:18.50 2:04.14 2:43.37				
	(35.74)	(42.76) (45.64) (39.23)				
2:56.49L 500	F # 14	Women 200 Breast	IRB	6	---	-0.31
	40.46	1:25.21 2:10.85 2:56.49				
	(40.46)	(44.75) (45.64) (45.64)				
1:16.34L 396	P # 20	Women 100 Fly	IRB	20	---	-4.28
	36.77	1:16.34				
	(36.77)	(39.57)				
39.67L 424	P # 24	Women 50 Breast	IRB	13	---	0.01
1:23.57L 459	P # 33	Women 100 Breast	IRB	7	---	0.35
	39.58	1:23.57				
	(39.58)	(43.99)				
Ingunn Eva Júlíusdóttir (13) W						
3:14.58L 373	P # 14	Women 200 Breast	IRB	15	---	-2.37
	44.40	1:34.36 2:25.21 3:14.58				
	(44.40)	(49.96) (50.85) (49.37)				
1:21.10L 330	P # 20	Women 100 Fly	IRB	29	---	-0.92
	37.80	1:21.10				
	(37.80)	(43.30)				
39.74L 422	P # 24	Women 50 Breast	IRB	15	---	-0.63
1:28.22L 390	P # 33	Women 100 Breast	IRB	14	---	1.48
	40.51	1:28.22				
	(40.51)	(47.71)				
Jóhanna Júlía Júlíusdóttir (16) W						
2:22.59L 648	F # 2	Women 200 Fly	IRB	2	---	-3.51
	32.02	1:07.97 1:44.75 2:22.59				
	(32.02)	(35.95) (36.78) (37.84)				
2:29.74L 598	P # 6	Women 200 IM	IRB	5	---	3.87
	32.65	1:10.97 1:55.90 2:29.74				
	(32.65)	(38.32) (44.93) (33.84)				
1:03.39L 554	P # 16	Women 100 Free	IRB	14	---	0.83
	30.02	1:03.39				
	(30.02)	(33.37)				
1:06.12L 609	F # 20	Women 100 Fly	IRB	4	---	-0.17
	31.60	1:06.12				
	(31.60)	(34.52)				
5:09.10L 662	F # 31	Women 400 IM	IRB	2	---	-0.67
	31.89	1:08.70 1:48.25 2:27.48 3:12.57 3:58.32 4:33.84 5:09.10				
	(31.89)	(36.81) (39.55) (39.23) (45.09) (45.75) (35.52) (35.26)				
Elín Óla Klemenzdóttir (21) W						
38.55L 462	P # 24	Women 50 Breast	IRB	9	---	1.79
1:18.17L 411	P # 26	Women 100 Back	IRB	17	---	0.45
	38.45	1:18.17				
	(38.45)	(39.72)				
35.86L 430	P # 29	Women 50 Back	IRB	18	---	-0.32
1:23.72L 456	P # 33	Women 100 Breast	IRB	8	---	4.73
	39.63	1:23.72				
	(39.63)	(44.09)				

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Íslandsmeistaramót 50m laug 12-apr-12 to 15-apr-12 [Ageup: 31.12.2012] LC Meters - FINA Points
Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv
Eydís Ósk Kolbeinsdóttir (12) W					
5:58.06L DQ	P # 31	Women 400 IM	IRB	---	---
	39.59	1:25.27 2:11.56	2:56.52 3:47.10 4:38.37	5:18.96 5:58.06	
	(39.59)	(45.68) (46.29)	(44.96) (50.58) (51.27)	(40.59) (39.10)	
Sveinn Ólafur Lúðvíksson (16) M					
1:11.69L 380	P # 5	Men 100 Back	IRB	16	---
	34.59	1:11.69			1.15
	(34.59)	(37.10)			
18:09.11L 518	F # 17	Men 1500 Free	IRB	12	---
	31.02	1:05.83 1:41.42	2:17.63 2:54.62 3:30.59	4:07.45 4:44.17	-25.89
	(31.02)	(34.81) (35.59)	(36.21) (36.99) (35.97)	(36.86) (36.72)	
	5:20.20	5:56.91 6:32.83	7:09.02 7:45.61 8:22.13	8:58.76 9:35.22	
	(36.03)	(36.71) (35.92)	(36.19) (36.59) (36.52)	(36.63) (36.46)	
	10:12.00	10:48.36 11:25.01	12:02.12 12:38.70 13:15.97	13:53.15 14:30.57	
	(36.78)	(36.36) (36.65)	(37.11) (36.58) (37.27)	(37.18) (37.42)	
	15:07.10	15:44.65 16:21.76	16:59.46 17:34.97 18:09.11		
	(36.53)	(37.55) (37.11)	(37.70) (35.51) (34.14)		
2:31.39L 404	P # 23	Men 200 Back	IRB	15	---
	34.86	1:13.42 1:52.73	2:31.39		-0.17
	(34.86)	(38.56) (39.31)	(38.66)		
33.40L 373	P # 32	Men 50 Back	IRB	21	---
5:20.72L 439	P # 36	Men 400 IM	IRB	13	---
	33.48	1:12.72 1:54.29	2:35.01 3:22.62 4:10.34	4:46.74 5:20.72	-7.94
	(33.48)	(39.24) (41.57)	(40.72) (47.61) (47.72)	(36.40) (33.98)	
9:35.22L 486	F # 39	Men 800 Free	IRB	---	---
Eiríkur Ingi Ólafsson (13) M					
20:12.56L 375	F # 17	Men 1500 Free	IRB	15	---
	34.60	1:13.81 1:53.98	2:35.37 3:15.58 3:55.87	4:36.31 5:16.88	27.33
	(34.60)	(39.21) (40.17)	(41.39) (40.21) (40.29)	(40.44) (40.57)	
	5:57.96	6:38.57 7:19.72	8:00.26 8:40.57 9:20.83	10:01.76 10:42.66	
	(41.08)	(40.61) (41.15)	(40.54) (40.31) (40.26)	(40.93) (40.90)	
	11:23.83	12:05.37 12:46.91	13:27.35 14:08.42 14:49.31	15:30.13 16:10.76	
	(41.17)	(41.54) (41.54)	(40.44) (41.07) (40.89)	(40.82) (40.63)	
	16:52.03	17:32.90 18:13.48	18:53.72 19:34.13 20:12.56		
	(41.27)	(40.87) (40.58)	(40.24) (40.41) (38.43)		
Sylvia Sienkiewicz (13) W					
2:51.12L 375	F # 2	Women 200 Fly	IRB	6	---
	37.67	1:21.23 2:07.18	2:51.12		-6.11
	(37.67)	(43.56) (45.95)	(43.94)		
3:07.58L 417	P # 14	Women 200 Breast	IRB	11	---
	42.10	1:29.66 2:18.92	3:07.58		-2.47
	(42.10)	(47.56) (49.26)	(48.66)		
1:17.77L 375	P # 20	Women 100 Fly	IRB	23	---
	36.09	1:17.77			-3.92
	(36.09)	(41.68)			
42.09L 355	P # 24	Women 50 Breast	IRB	22	---
5:54.31L 440	P # 31	Women 400 IM	IRB	16	---
	36.27	1:19.10 2:05.47	2:51.38 3:41.50 4:32.03	5:14.03 5:54.31	0.87
	(36.27)	(42.83) (46.37)	(45.91) (50.12) (50.53)	(42.00) (40.28)	-3.27

Individual Meet Results
Íslandsmeistaramót 50m laug 12-apr-12 to 15-apr-12 [Ageup: 31.12.2012] LC Meters - FINA Points
Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv	
Baldvin Sigmarsson (15) M						
28.16L 505	P # 1	Men 50 Fly	IRB	14	---	-0.48
2:18.76L 556	F # 7	Men 200 IM	IRB	4	---	-0.71
		29.84 1:06.41 1:47.58 2:18.76				
		(29.84) (36.57) (41.17) (31.18)				
2:16.42L 546	F # 15	Men 200 Fly	IRB	6	---	-2.11
		29.99 1:04.15 1:39.61 2:16.42				
		(29.99) (34.16) (35.46) (36.81)				
1:02.17L 515	P # 19	Men 100 Fly	IRB	11	---	-1.10
		29.19 1:02.17				
		(29.19) (32.98)				
33.13L 522	F # 21	Men 50 Breast	IRB	6	---	-0.46
4:52.47L 580	F # 36	Men 400 IM	IRB	4	---	1.84
		29.45 1:03.88 1:43.38 2:22.07 3:04.67 3:47.57 4:20.81 4:52.47				
		(29.45) (34.43) (39.50) (38.69) (42.60) (42.90) (33.24) (31.66)				
Kristófer Sigurðsson (17) M						
4:11.71L 668	F # 3	Men 400 Free	IRB	6	---	-5.09
		29.32 1:00.89 1:33.21 2:05.54 2:36.91 3:08.81 3:40.51 4:11.71				
		(29.32) (31.57) (32.32) (32.33) (31.37) (31.90) (31.70) (31.20)				
2:19.09L 552	P # 7	Men 200 IM	IRB	3	---	-6.06
		30.96 1:06.80 1:47.91 2:19.09				
		(30.96) (35.84) (41.11) (31.18)				
56.87L 561	P # 13	Men 100 Free	IRB	13	---	0.71
		27.16 56.87				
		(27.16) (29.71)				
33.21L 518	F # 21	Men 50 Breast	IRB	8	---	-0.55
26.38L 500	P # 25	Men 50 Free	IRB	15	---	0.20
1:59.85L 616	P # 30	Men 200 Free	IRB	3	---	-0.59
		27.85 58.04 1:28.50 1:59.85				
		(27.85) (30.19) (30.46) (31.35)				
Erla Sigurjónsdóttir (17) W						
29.94L 498	P # 4	Women 50 Free	IRB	23	---	0.09
1:04.08L 537	P # 16	Women 100 Free	IRB	18	---	-0.24
		30.20 1:04.08				
		(30.20) (33.88)				
1:07.65L 569	F # 20	Women 100 Fly	IRB	7	---	-0.79
		31.46 1:07.65				
		(31.46) (36.19)				
1:14.08L 483	P # 26	Women 100 Back	IRB	8	---	-1.09
		35.65 1:14.08				
		(35.65) (38.43)				
33.84L 511	P # 29	Women 50 Back	IRB	10	---	-0.14
30.76L 541	F # 35	Women 50 Fly	IRB	7	---	0.10
Stefanía Sigurþórsdóttir (11) W						
3:15.27L 369	P # 14	Women 200 Breast	IRB	16	---	2.85
		44.48 1:34.71 2:25.22 3:15.27				
		(44.48) (50.23) (50.51) (50.05)				

Individual Meet Results
Íslandsmeistaramót 50m laug 12-apr-12 to 15-apr-12 [Ageup: 31.12.2012] LC Meters - FINA Points
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Time	F/P/S	Event	Place	Points	Improv	
Svanfríður Steingrimsdóttir (13) W						
2:52.65L 535	P # 14	Women 200 Breast	IRB	3	---	-4.58
	39.74	1:23.63 2:08.09 2:52.65				
	(39.74)	(43.89) (44.46) (44.56)				
40.26L 406	P # 24	Women 50 Breast	IRB	16	---	0.11
1:24.15L DQ	P # 33	Women 100 Breast	IRB	---	---	---
	39.98	1:24.15				
	(39.98)	(44.17)				
Aleksandra Wasilewska (16) W						
2:34.47L 510	P # 2	Women 200 Fly	IRB	5	---	-1.86
	34.55	1:13.51 1:53.53 2:34.47				
	(34.55)	(38.96) (40.02) (40.94)				
9:48.68L 591	F # 8	Women 800 Free	IRB	8	---	-7.06
	33.76	1:09.64 1:46.85 2:23.49	3:00.86 3:38.08	4:15.37 4:52.50		
	(33.76)	(35.88) (37.21) (36.64)	(37.37) (37.22)	(37.29) (37.13)		
	5:29.77	6:06.79 6:44.02 7:21.33	7:58.69 8:35.58	9:12.57 9:48.68		
	(37.27)	(37.02) (37.23) (37.31)	(37.36) (36.89)	(36.99) (36.11)		
4:50.77L 556	P # 12	Women 400 Free	IRB	9	---	0.05
	33.03	1:08.37 1:45.60 2:22.71	3:00.05 3:37.45	4:14.65 4:50.77		
	(33.03)	(35.34) (37.23) (37.11)	(37.34) (37.40)	(37.20) (36.12)		
2:20.84L 516	P # 22	Women 200 Free	IRB	15	---	-1.74
	32.97	1:08.61 1:45.17 2:20.84				
	(32.97)	(35.64) (36.56) (35.67)				
5:26.59L 562	P # 31	Women 400 IM	IRB	6	---	-1.06
	33.82	1:12.04 1:54.46 2:36.63	3:24.71 4:12.56	4:50.55 5:26.59		
	(33.82)	(38.22) (42.42) (42.17)	(48.08) (47.85)	(37.99) (36.04)		