



Afrekaskrá Keflavíkur

Grein Methafi í 25m Tími Dags Methafi í 50m Tími Dags

Karlar

25 Skrið	Þróstur Bjarnason	KEF	00:11,96	29.03.2017			
50 Skrið	Órn Amarson	KEF	00:22,33	14.12.2003	Kristófer Sigurðsson	KEF	00:23,79 30.05.2019
100 Skrið	Órn Amarson	KEF	00:48,57	14.12.2003	Órn Amarson	KEF	00:50,59 23.7.2003
200 Skrið	Kristófer Sigurðsson	KEF	01:49,24	14.11.2014	Birkir Már Jónsson	KEF	01:53,52 19.3.2009
400 Skrið	Kristófer Sigurðsson	KEF	03:51,23	22.11.2013	Þróstur Bjarnason	KEF	04:02,92 05.04.2019
800 Skrið	Þróstur Bjarnason	KEF	08:17,00	14.11.2015	Þróstur Bjarnason	KEF	08:27,55 9.4.2017
1500 Skrið	Þróstur Bjarnason	KEF	15:45,88	20.11.2016	Þróstur Bjarnason	KEF	16:09,24 8.4.2017
25 Bak	Davíð Hildiberg Aðalsteinsson	KEF	00:13,64	29.03.2017			
50 Bak	Órn Amarson	KEF	00:24,47	12.12.2003	Órn Amarson	KEF	00:26,18 26.7.2003
100 Bak	Órn Amarson	KEF	00:51,72	14.12.2003	Órn Amarson	KEF	00:55,47 21.7.2003
200 Bak	Órn Amarson	KEF	01:53,40	11.12.2003	Davíð Hildiberg Aðalsteinsson	KEF	02:04,74 7.4.2011
25 Bringa	Kristófer Sigurðsson	KEF	00:14,88	2.4.2014			
50 Bringa	Guðni Emisson	KEF	00:28,59	15.11.2007	Guðni Emisson	KEF	00:29,72 16.3.2007
100 Bringa	Guðni Emisson	KEF	01:02,99	20.12.2006	Guðni Emisson	KEF	01:07,38 16.3.2007
200 Bringa	Guðni Emisson	KEF	02:17,25	2006	Guðni Emisson	KEF	02:29,68 16.3.2007
25 Flug	Davíð Hildiberg Aðalsteinsson	KEF	00:12,47	29.03.2017			
50 Flug	Órn Amarson	KEF	00:24,09	2003	Davíð Hildiberg Aðalsteinsson	KEF	00:24,83 9.4.2017
100 Flug	Órn Amarson	KEF	00:54,38	16.1.2004	Birkir Már Jónsson	KEF	00:56,40 2.6.2009
200 Flug	Órn Amarson	KEF	01:59,68	21.3.2003	Birkir Már Jónsson	KEF	02:08,27 17.3.2006
100 Fjór	Órn Amarson	KEF	00:55,79	2003			
200 Fjór	Órn Amarson	KEF	01:57,91	21.3.2003	Órn Amarson	KEF	02:06,87 2.6.2003
400 Fjór	Órn Amarson	KEF	04:13,03	21.3.2003	Baldvín Sigmarsson	KEF	04:44,78 10.4.2015

Piltar (15 - 17)

25 Skrið	Þróstur Bjarnason	KEF	00:12,38	9.12.2014	Kristófer Sigurðsson	KEF	00:25,59 8.12.2012
50 Skrið	Guðlaugur Már Guðmundsson	KEF	00:24,30	2001	Birkir Már Jónsson	KEF	00:53,83 28.7.2003
100 Skrið	Kristófer Sigurðsson	KEF	01:52,78	16.11.2012	Birkir Már Jónsson	KEF	01:57,98 23.1.2004
200 Skrið	Kristófer Sigurðsson	KEF	01:52,73	16.11.2012	Þróstur Bjarnason	KEF	04:11,63 11.4.2014
400 Skrið	Kristófer Sigurðsson	KEF	03:59,51	14.12.2012	Þróstur Bjarnason	KEF	08:36,11 28.6.2014
800 Skrið	Þróstur Bjarnason	KEF	08:22,53	14.11.2014	Þróstur Bjarnason	KEF	16:14,56 7.2.2017
1500 Skrið	Þróstur Bjarnason	KEF	15:51,16	22.11.2013			
25 Bak	Baldvín Sigmarsson	KEF	00:14,54	9.12.2014			
50 Bak	Davíð Hildiberg Aðalsteinsson	KEF	00:27,10	17.11.2007	Davíð Hildiberg Aðalsteinsson	KEF	00:28,94 15.3.2007
100 Bak	Davíð Hildiberg Aðalsteinsson	KEF	00:57,66	1.12.2007	Davíð Hildiberg Aðalsteinsson	KEF	01:01,43 14.4.2007
200 Bak	Davíð Hildiberg Aðalsteinsson	KEF	02:06,78	15.11.2007	Davíð Hildiberg Aðalsteinsson	KEF	02:12,79 14.4.2007
25 Bringa	Kristófer Sigurðsson	KEF	00:15,62	5.12.2012			
50 Bringa	Guðni Emisson	KEF	00:28,97	2.12.2006	Guðni Emisson	KEF	00:32,20 18.3.2005
100 Bringa	Guðni Emisson	KEF	01:02,99	3.12.2006	Guðni Emisson	KEF	01:09,30 18.3.2005
200 Bringa	Guðni Emisson	KEF	02:17,25	2.12.2006	Alexander Logi Jónsson	KEF	02:30,36 11.4.2021
25 Flug	Baldvín Sigmarsson	KEF	00:13,37	2.4.2014			
50 Flug	Davíð Hildiberg Aðalsteinsson	KEF	00:26,34	28.12.2007	Davíð Hildiberg Aðalsteinsson	KEF	00:26,93 16.3.2007
100 Flug	Davíð Hildiberg Aðalsteinsson	KEF	00:57,18	17.11.2007	Davíð Hildiberg Aðalsteinsson	KEF	01:00,05 28.1.2007
200 Flug	Baldvín Sigmarsson	KEF	02:05,45	14.11.2011	Baldvín Sigmarsson	KEF	02:12,14 11.4.2014
100 Fjór	Guðni Emisson	KEF	00:59,80	17.11.2006			
200 Fjór	Baldvín Sigmarsson	KEF	02:09,19	10.10.2014	Alexander Logi Jónsson	KEF	02:16,14 6.2.2021
400 Fjór	Baldvín Sigmarsson	KEF	04:31,01	14.11.2014	Baldvín Sigmarsson	KEF	04:46,13 16.7.2013

Drengir (13 & 14)

25 Skrið	Tristan Þór K Wium	KEF	00:13,84	30.11.2016	Baldvín Sigmarsson	KEF	00:28,00 26.11.2011
50 Skrið	Birkir Már Jónsson	KEF	00:26,17	2001	Kristófer Sigurðsson	KEF	01:01,09 16.5.2009
100 Skrið	Birkir Már Jónsson	KEF	00:56,61	2001	Einar Þór Ivarsson	KEF	02:08,75 27.11.2011
200 Skrið	Birkir Már Jónsson	KEF	02:01,72	23.11.2001	Þróstur Bjarnason	KEF	04:34,28 26.11.2011
400 Skrið	Baldvín Sigmarsson	KEF	04:24,36	25.11.2011	Einar Þór Ivarsson	KEF	09:36,61 18.3.2010
800 Skrið	Baldvín Sigmarsson	KEF	08:57,47	18.11.2011	Einar Þór Ivarsson	KEF	18:12,33 18.3.2010
1500 Skrið	Baldvín Sigmarsson	KEF	16:46,55	18.11.2011			
25 Bak	Jakob Czery Jaks	KEF	00:16,71	25.11.2015			
50 Bak	Baldvín Sigmarsson	KEF	00:30,75	25.11.2011	Garðar Eðvaldsson	KEF	00:32,59 5.7.2002
100 Bak	Baldvín Sigmarsson	KEF	01:05,34	25.11.2011	Hermann Bjarki Nielsson	KEF	01:08,13 17.2.2006
200 Bak	Baldvín Sigmarsson	KEF	02:20,03	25.11.2011	Einar Þór Ivarsson	KEF	02:30,07 15.5.2010
25 Bringa	Baldvín Sigmarsson	KEF	00:18,28	25.11.2011			
50 Bringa	Guðni Emisson	KEF	00:31,69	22.3.2003	Guðni Emisson	KEF	00:33,61 11.7.2003
100 Bringa	Guðni Emisson	KEF	01:08,69	14.11.2003	Baldvín Sigmarsson	KEF	01:14,70 26.11.2011
200 Bringa	Guðni Emisson	KEF	02:28,06	14.11.2003	Baldvín Sigmarsson	KEF	02:42,83 26.11.2011
25 Flug	Eiríkur Ingi Ólafsson	KEF	00:15,30	20.3.2013			
50 Flug	Baldvín Sigmarsson	KEF	00:28,09	10.11.2011	Baldvín Sigmarsson	KEF	00:28,82 26.11.2011
100 Flug	Baldvín Sigmarsson	KEF	01:01,64	10.11.2011	Baldvín Sigmarsson	KEF	01:03,83 3.12.2011
200 Flug	Baldvín Sigmarsson	KEF	02:13,08	10.11.2011	Baldvín Sigmarsson	KEF	02:20,62 26.11.2011
100 Fjór	Baldvín Sigmarsson	KEF	01:03,33	10.11.2011			
200 Fjór	Baldvín Sigmarsson	KEF	02:17,14	10.11.2011	Baldvín Sigmarsson	KEF	02:23,23 3.12.2011
400 Fjór	Baldvín Sigmarsson	KEF	04:41,69	10.11.2011	Baldvín Sigmarsson	KEF	05:00,21 26.11.2011

Sveinar (11 & 12)

25 Skrið	Árni Þór Pálmarsson	KEF	00:15,72	22.03.2021	Kristófer Sigurðsson	KEF	00:31,23 23.2.2007
50 Skrið	Árni Þór Pálmarsson	KEF	00:30,62	15.12.2021	Kristófer Sigurðsson	KEF	01:09,49 23.2.2007
100 Skrið	Guðni Emisson	KEF	01:02,70	2001	Árni Þór Pálmarsson	KEF	02:23,99 16.12.2021
200 Skrið	Árni Þór Pálmarsson	KEF	02:17,67	15.12.2021	Eiríkur Ingi Ólafsson	KEF	05:24,36 26.11.2011
400 Skrið	Hermann Bjarki Nielsson	KEF	04:57,13	18.11.2006	Eiríkur Ingi Ólafsson	KEF	11:00,40 3.12.2011
800 Skrið	Eiríkur Ingi Ólafsson	KEF	10:23,17	18.11.2011	Eiríkur Ingi Ólafsson	KEF	20:43,28 3.12.2011
1500 Skrið	Eiríkur Ingi Ólafsson	KEF	19:50,14	23.9.2011			
25 Bak	Árni Þór Pálmarsson	KEF	00:18,85	22.03.2021	Árni Þór Pálmarsson	KEF	00:35,20 16.12.2021
50 Bak	Árni Þór Pálmarsson	KEF	00:34,56	04.12.2021	Daði Rafn Falsson	KEF	01:23,76 1.3.2020
100 Bak	Árni Þór Pálmarsson	KEF	01:14,30	04.12.2021	Kristófer Sigurðsson	KEF	02:58,74 23.2.2007
200 Bak	Guðni Emisson	KEF	02:38,69	2001			
25 Bringa	Árni Þór Pálmarsson	KEF	00:20,44	22.03.2021	Ingi Rúnar Árnason	KEF	00:39,86 18.2.2005
50 Bringa	Guðni Emisson	KEF	00:34,68	2001	Daði Rafn Falsson	KEF	01:32,52 15.2.2020
100 Bringa	Guðni Emisson	KEF	01:16,89	2001	Daði Rafn Falsson	KEF	03:16,23 16.2.2020
200 Bringa	Jón Gauti Jónsson	KEF	02:47,37	24.11.1998			
25 Flug	Tristan Þór K Wium	KEF	00:17,19	2.4.2014	Daði Rafn Falsson	KEF	00:35,17 15.2.2020
50 Flug	Baldvín Sigmarsson	KEF	00:34,03	14.11.2009	Tristan Þór K Wium	KEF	01:20,55 8.2.2014
100 Flug	Hróbjartur Sigurðsson	KEF	01:13,25	30.11.2002	Birkir Már Jónsson	KEF	02:55,27 2.7.1999
200 Flug	Baldvín Sigmarsson	KEF	02:48,96	25.6.2009			
100 Fjór	Árni Þór Pálmarsson	KEF	01:15,05	04.12.2021	Árni Þór Pálmarsson	KEF	02:45,91 16.12.2021
200 Fjór	Guðni Emisson	KEF	02:36,69	2001	Daði Rafn Falsson	KEF	06:09,37 1.3.2020
400 Fjór	Guðni Emisson	KEF	05:34,90	10.10.2001			

Hnokkar (9 & 10)

25 Skrið	Árni Þór Pálmarsson	KEF	00:16,74	28.11.2019	Bjarni Ivar Ragnarsson	KEF	00:38,04 10.2.2018
50 Skrið	Árni Þór Pálmarsson	KEF	00:35,52	26.11.2019	Clifford Dean Helgason	KEF	01:21,69 6.12.2014
100 Skrið	Árni Þór Pálmarsson	KEF	01:16,99	13.12.2019	Árni Þór Pálmarsson	KEF	02:47,97 12.12.2019
200 Skrið	Bjarni Ivar Ragnarsson	KEF	02:42,21	24.11.2018	Tristan Þór K Wium	KEF	05:46,25 8.12.2012
400 Skrið	Tristan Þór K Wium	KEF	05:51,79	7.12.2012	Tristan Þór K Wium	KEF	12:52,78 24.11.2012
800 Skrið	Sigmar Marjón Friðriksson	KEF	12:47,68	18.11.2011	Tristan Þór K Wium	KEF	24:11,29 24.11.2012
1500 Skrið	Sigmar Marjón Friðriksson	KEF	24:10,48	18.11.2011			
25 Bak	Bjarni Ivar Ragnarsson	KEF	00:19,62	29.11.2018			
50 Bak	Eðvarð Þór Eðvarðsson	KEF	00:40,10	1.9.1977	Bjarni Ivar Ragnarsson	KEF	00:42,22 18.12.2018
100 Bak	Eðvarð Þór Eðvarðsson	KEF	01:22,50	1.9.1977	Bjarni Ivar Ragnarsson	KEF	01:11,75 18.12.2018
200 Bak	Bjarni Ivar Ragnarsson	KEF	03:04,33	27.10.2018	Clifford Dean Helgason	KEF	03:38,40 12.7.2014
25 Bringa	Daði Rafn Falsson	KEF	00:22,72	29.11.2018			
50 Bringa	Eðvarð Þór Eðvarðsson	KEF	00:41,00	1.9.1977	Magnús Guðjón Jónsson	KEF	00:49,51 26.11.2011
100 Bringa	Ingi Rúnar Árnason	KEF	01:33,96	31.10.2003	Daði Rafn Falsson	KEF	01:40,32 18.12.2018
200 Bringa	Ingi Rúnar Árnason	KEF	03:20,28	29.11.2003	Magnús Guðjón Jónsson	KEF	03:43,95 26.11.2011
25 Flug	Tristan Þór K Wium	KEF	00:17,97	5.12.2012			
50 Flug	Clifford Dean Helgason	KEF	00:39,22	5.12.2014	Clifford Dean Helgason	KEF	00:40,71 6.12.2014
100 Flug	Árni Þór Pálmarsson	KEF	01:29,98	22.10.2019	Clifford Dean Helgason	KEF	01:30,58 6.12.2014
200 Flug	Tristan Þór K Wium	KEF	03:27,03	7.12.2012	Clifford Dean Helgason	KEF	03:38,13 6.12.2014
100 Fjór	Árni Þór Pálmarsson	KEF	01:26,52	21.10.2019			
200 Fjór	Árni Þór Pálmarsson	KEF	03:05,74	13.12.2019	Clifford Dean Helgason	KEF	03:13,96 6.12.2014
400 Fjór	Tristan Þór K Wium	KEF	06:36,13	7.12.2012	Tristan Þór K Wium	KEF	06:39,45 8.12.2012

Snáðar (8 & U)

25 Skrið	Lúkas Stephen Dunn	KEF	00:19,40	30.11.2016	Óliver Andri Einarsson	KEF	00:49,21 8.12.2012
50 Skrið	Lúkas Stephen Dunn	KEF	00:41,46	05.11.2016	Óliver Andri Einarsson	KEF	01:09,98 8.12.2012
100 Skrið	Lúkas Stephen Dunn	KEF	01:42,23	05.11.2016	Ómar Magni Egilsson	KEF	04:18,46 1.11.2014
200 Skrið	Aron Logi Halldórsson	KEF	03:43,99	24.11.2018	Aron Logi Halldórsson	KEF	08:58,73 18.12.2018
400 Skrið	Aron Logi Halldórsson	KEF	08:23,80	12.12.2018			
800 Skrið							
1500 Skrið							
25 Bak	Lúkas Stephen Dunn	KEF	00:22,19	30.11.2016			
50 Bak	Lúkas Stephen Dunn	KEF	00:51,25	26.11.2016	Ómar Magni Egilsson	KEF	00:58,41 17.12.2014
100 Bak	Ingi Rúnar Árnason	KEF	01:59,67	2001	Ómar Magni Egilsson	KEF	02:08,75 6.12.2014
200 Bak	Óliver Andri Einarsson	KEF	04:32,25	7.12.2012	Ómar Magni Egilsson	KEF	04:25,32 17.12.2014
25 Bringa	Lúkas Stephen Dunn	KEF	00:27,51	30.11.2016			
50 Bringa	Sigurður Amar Jóhannsson	KEF	01:00,72	7.12.2011	Óliver Andri Einarsson	KEF	01:0