



## Afrekaskrá Keflavíkur

| Grein             | Methafi í 25m                 | Tími | Dags     | Methafi í 50m | Tími                          | Dags |          |            |
|-------------------|-------------------------------|------|----------|---------------|-------------------------------|------|----------|------------|
| Karlar            |                               |      |          |               |                               |      |          |            |
| 25 Skrið          | Þróstur Bjarnason             | KEF  | 00:11,96 | 29.03.2017    | Kristófer Sigurðsson          | KEF  | 00:23,79 | 30.05.2019 |
| 50 Skrið          | Örn Amarnson                  | KEF  | 00:22,33 | 14.12.2003    | Birkir Már Jónsson            | KEF  | 00:53,83 | 28.7.2003  |
| 100 Skrið         | Örn Amarnson                  | KEF  | 00:48,57 | 14.12.2003    | Örn Amarnson                  | KEF  | 00:55,47 | 23.7.2003  |
| 200 Skrið         | Kristófer Sigurðsson          | KEF  | 01:49,24 | 14.11.2014    | Birkir Már Jónsson            | KEF  | 01:53,52 | 19.3.2009  |
| 400 Skrið         | Kristófer Sigurðsson          | KEF  | 03:51,23 | 22.11.2013    | Þróstur Bjarnason             | KEF  | 04:02,92 | 05.04.2019 |
| 800 Skrið         | Þróstur Bjarnason             | KEF  | 08:17,00 | 14.11.2015    | Þróstur Bjarnason             | KEF  | 08:27,55 | 9.4.2017   |
| 1500 Skrið        | Þróstur Bjarnason             | KEF  | 15:45,88 | 20.11.2016    | Þróstur Bjarnason             | KEF  | 16:09,24 | 8.4.2017   |
| 25 Bak            | Davíð Hildiberg Aðalsteinsson | KEF  | 00:13,64 | 29.03.2017    |                               |      |          |            |
| 50 Bak            | Örn Amarnson                  | KEF  | 00:24,47 | 12.12.2003    | Örn Amarnson                  | KEF  | 00:26,18 | 26.7.2003  |
| 100 Bak           | Örn Amarnson                  | KEF  | 00:51,74 | 14.12.2003    | Örn Amarnson                  | KEF  | 00:55,47 | 21.7.2003  |
| 200 Bak           | Örn Amarnson                  | KEF  | 01:53,40 | 11.12.2003    | Davíð Hildiberg Aðalsteinsson | KEF  | 02:04,74 | 7.4.2011   |
| 25 Bringa         | Kristófer Sigurðsson          | KEF  | 00:14,88 | 2.4.2014      |                               |      |          |            |
| 50 Bringa         | Guðni Emilsson                | KEF  | 00:28,59 | 15.11.2007    | Guðni Emilsson                | KEF  | 00:29,72 | 16.3.2007  |
| 100 Bringa        | Guðni Emilsson                | KEF  | 01:02,99 | 2006          | Guðni Emilsson                | KEF  | 01:07,38 | 16.3.2007  |
| 200 Bringa        | Guðni Emilsson                | KEF  | 02:17,25 | 2006          | Guðni Emilsson                | KEF  | 02:29,68 | 16.3.2007  |
| 25 Flug           | Davíð Hildiberg Aðalsteinsson | KEF  | 00:12,47 | 29.03.2017    |                               |      |          |            |
| 50 Flug           | Örn Amarnson                  | KEF  | 00:24,09 | 2003          | Davíð Hildiberg Aðalsteinsson | KEF  | 00:24,83 | 9.4.2017   |
| 100 Flug          | Örn Amarnson                  | KEF  | 00:54,38 | 16.1.2004     | Birkir Már Jónsson            | KEF  | 00:56,40 | 2.6.2009   |
| 200 Flug          | Örn Amarnson                  | KEF  | 01:59,68 | 21.3.2003     | Birkir Már Jónsson            | KEF  | 02:08,27 | 17.3.2006  |
| 100 Fjór          | Örn Amarnson                  | KEF  | 00:55,79 | 2003          |                               |      |          |            |
| 200 Fjór          | Örn Amarnson                  | KEF  | 01:57,91 | 21.3.2003     | Örn Amarnson                  | KEF  | 02:06,87 | 2.6.2003   |
| 400 Fjór          | Örn Amarnson                  | KEF  | 04:13,03 | 21.3.2003     | Baldvín Sigmarsson            | KEF  | 04:44,78 | 10.4.2015  |
| Piltar (15 - 17)  |                               |      |          |               |                               |      |          |            |
| 25 Skrið          | Þróstur Bjarnason             | KEF  | 00:12,38 | 9.12.2014     | Kristófer Sigurðsson          | KEF  | 00:25,59 | 8.12.2012  |
| 50 Skrið          | Guðlaugur Már Guðmundsson     | KEF  | 00:24,30 | 2001          | Birkir Már Jónsson            | KEF  | 00:53,83 | 28.7.2003  |
| 100 Skrið         | Kristófer Sigurðsson          | KEF  | 01:52,78 | 16.11.2012    | Birkir Már Jónsson            | KEF  | 01:57,98 | 23.1.2004  |
| 200 Skrið         | Kristófer Sigurðsson          | KEF  | 01:52,73 | 16.11.2012    | Þróstur Bjarnason             | KEF  | 04:11,63 | 11.4.2014  |
| 400 Skrið         | Kristófer Sigurðsson          | KEF  | 03:59,51 | 14.12.2012    | Þróstur Bjarnason             | KEF  | 08:36,11 | 28.6.2014  |
| 800 Skrið         | Þróstur Bjarnason             | KEF  | 08:22,53 | 14.11.2014    | Þróstur Bjarnason             | KEF  | 08:36,11 | 28.6.2014  |
| 1500 Skrið        | Þróstur Bjarnason             | KEF  | 15:51,16 | 22.11.2013    | Þróstur Bjarnason             | KEF  | 16:14,56 | 7.2.2014   |
| 25 Bak            | Baldvín Sigmarsson            | KEF  | 00:14,54 | 9.12.2014     |                               |      |          |            |
| 50 Bak            | Davíð Hildiberg Aðalsteinsson | KEF  | 00:27,10 | 17.11.2007    | Davíð Hildiberg Aðalsteinsson | KEF  | 00:28,94 | 15.3.2007  |
| 100 Bak           | Davíð Hildiberg Aðalsteinsson | KEF  | 00:57,66 | 1.12.2007     | Davíð Hildiberg Aðalsteinsson | KEF  | 01:01,43 | 14.4.2007  |
| 200 Bak           | Davíð Hildiberg Aðalsteinsson | KEF  | 02:06,78 | 15.11.2007    | Davíð Hildiberg Aðalsteinsson | KEF  | 02:12,79 | 14.4.2007  |
| 25 Bringa         | Kristófer Sigurðsson          | KEF  | 00:15,62 | 5.12.2012     |                               |      |          |            |
| 50 Bringa         | Guðni Emilsson                | KEF  | 00:28,97 | 2.12.2006     | Guðni Emilsson                | KEF  | 00:32,20 | 18.3.2005  |
| 100 Bringa        | Guðni Emilsson                | KEF  | 01:02,99 | 3.12.2006     | Guðni Emilsson                | KEF  | 01:09,30 | 18.3.2005  |
| 200 Bringa        | Guðni Emilsson                | KEF  | 02:17,25 | 2.12.2006     | Alexander Logi Jónsson        | KEF  | 02:30,36 | 11.4.2021  |
| 25 Flug           | Baldvín Sigmarsson            | KEF  | 00:13,37 | 2.4.2014      |                               |      |          |            |
| 50 Flug           | Davíð Hildiberg Aðalsteinsson | KEF  | 00:26,34 | 28.12.2007    | Davíð Hildiberg Aðalsteinsson | KEF  | 00:26,93 | 16.3.2007  |
| 100 Flug          | Davíð Hildiberg Aðalsteinsson | KEF  | 00:57,18 | 17.11.2007    | Davíð Hildiberg Aðalsteinsson | KEF  | 01:00,05 | 28.1.2007  |
| 200 Flug          | Baldvín Sigmarsson            | KEF  | 02:05,46 | 14.11.2014    | Baldvín Sigmarsson            | KEF  | 02:12,14 | 11.4.2014  |
| 100 Fjór          | Guðni Emilsson                | KEF  | 00:59,80 | 17.11.2006    |                               |      |          |            |
| 200 Fjór          | Baldvín Sigmarsson            | KEF  | 02:09,19 | 10.10.2014    | Alexander Logi Jónsson        | KEF  | 02:16,14 | 6.2.2021   |
| 400 Fjór          | Baldvín Sigmarsson            | KEF  | 04:31,01 | 14.11.2014    | Baldvín Sigmarsson            | KEF  | 04:46,13 | 16.7.2013  |
| Drengir (13 & 14) |                               |      |          |               |                               |      |          |            |
| 25 Skrið          | Tristan Þór K Wiium           | KEF  | 00:13,84 | 30.11.2016    | Baldvín Sigmarsson            | KEF  | 00:28,00 | 26.11.2011 |
| 50 Skrið          | Birkir Már Jónsson            | KEF  | 00:26,17 | 2001          | Kristófer Sigurðsson          | KEF  | 01:01,09 | 16.5.2009  |
| 100 Skrið         | Birkir Már Jónsson            | KEF  | 00:56,61 | 2001          | Einar Þór Ivarsson            | KEF  | 02:08,76 | 27.1.2010  |
| 200 Skrið         | Birkir Már Jónsson            | KEF  | 02:01,72 | 23.11.2001    | Þróstur Bjarnason             | KEF  | 04:34,28 | 26.11.2011 |
| 400 Skrið         | Baldvín Sigmarsson            | KEF  | 04:24,36 | 25.11.2011    | Einar Þór Ivarsson            | KEF  | 09:36,61 | 18.3.2010  |
| 800 Skrið         | Baldvín Sigmarsson            | KEF  | 08:57,47 | 18.11.2011    | Einar Þór Ivarsson            | KEF  | 18:12,33 | 18.3.2010  |
| 1500 Skrið        | Baldvín Sigmarsson            | KEF  | 16:45,55 | 18.11.2011    |                               |      |          |            |
| 25 Bak            | Nikolai Leo Jónsson           | KEF  | 00:15,95 | 21.3.2022     |                               |      |          |            |
| 50 Bak            | Baldvín Sigmarsson            | KEF  | 00:30,75 | 25.11.2011    | Garðar Eðvaldsson             | KEF  | 00:32,59 | 5.7.2002   |
| 100 Bak           | Baldvín Sigmarsson            | KEF  | 01:05,34 | 25.11.2011    | Hermann Bjarki Nielsson       | KEF  | 01:08,13 | 17.2.2006  |
| 200 Bak           | Daði Rafn Falsson             | KEF  | 02:19,72 | 18.11.2022    | Nikolai Leo Jónsson           | KEF  | 02:29,08 | 29.01.2022 |
| 25 Bringa         | Nikolai Leo Jónsson           | KEF  | 00:17,08 | 21.3.2022     |                               |      |          |            |
| 50 Bringa         | Guðni Emilsson                | KEF  | 00:31,69 | 22.3.2003     | Guðni Emilsson                | KEF  | 00:33,61 | 11.7.2003  |
| 100 Bringa        | Guðni Emilsson                | KEF  | 01:08,69 | 14.11.2003    | Baldvín Sigmarsson            | KEF  | 01:14,70 | 26.11.2011 |
| 200 Bringa        | Guðni Emilsson                | KEF  | 02:28,06 | 14.11.2003    | Nikolai Leo Jónsson           | KEF  | 02:42,44 | 5.3.2022   |
| 25 Flug           | Nikolai Leo Jónsson           | KEF  | 00:14,74 | 21.3.2022     |                               |      |          |            |
| 50 Flug           | Baldvín Sigmarsson            | KEF  | 00:28,09 | 10.11.2011    | Baldvín Sigmarsson            | KEF  | 00:28,82 | 26.11.2011 |
| 100 Flug          | Baldvín Sigmarsson            | KEF  | 01:01,64 | 10.11.2011    | Baldvín Sigmarsson            | KEF  | 01:03,83 | 3.12.2011  |
| 200 Flug          | Baldvín Sigmarsson            | KEF  | 02:13,08 | 10.11.2011    | Baldvín Sigmarsson            | KEF  | 02:20,62 | 26.11.2011 |
| 100 Fjór          | Baldvín Sigmarsson            | KEF  | 01:03,33 | 10.11.2011    |                               |      |          |            |
| 200 Fjór          | Baldvín Sigmarsson            | KEF  | 02:17,14 | 10.11.2011    | Baldvín Sigmarsson            | KEF  | 02:23,23 | 3.12.2011  |
| 400 Fjór          | Baldvín Sigmarsson            | KEF  | 04:41,69 | 10.11.2011    | Baldvín Sigmarsson            | KEF  | 05:00,21 | 26.11.2011 |
| Sveinar (11 & 12) |                               |      |          |               |                               |      |          |            |
| 25 Skrið          | Árni Þór Pálmarson            | KEF  | 00:15,72 | 22.03.2021    | Kristófer Sigurðsson          | KEF  | 00:31,23 | 23.2.2007  |
| 50 Skrið          | Árni Þór Pálmarson            | KEF  | 00:30,62 | 15.12.2021    | Kristófer Sigurðsson          | KEF  | 01:09,49 | 23.2.2007  |
| 100 Skrið         | Guðni Emilsson                | KEF  | 01:02,70 | 2001          | Árni Þór Pálmarson            | KEF  | 02:23,99 | 16.12.2012 |
| 200 Skrið         | Árni Þór Pálmarson            | KEF  | 02:17,67 | 15.12.2021    | Eiríkur Ingi Ólafsson         | KEF  | 05:24,34 | 26.11.2011 |
| 400 Skrið         | Hermann Bjarki Nielsson       | KEF  | 04:57,13 | 18.11.2005    | Eiríkur Ingi Ólafsson         | KEF  | 11:00,40 | 3.12.2011  |
| 800 Skrið         | Eiríkur Ingi Ólafsson         | KEF  | 10:23,17 | 18.11.2011    | Eiríkur Ingi Ólafsson         | KEF  | 20:43,28 | 3.12.2011  |
| 1500 Skrið        | Eiríkur Ingi Ólafsson         | KEF  | 19:50,14 | 23.9.2011     |                               |      |          |            |
| 25 Bak            | Árni Þór Pálmarson            | KEF  | 00:18,85 | 22.03.2021    | Árni Þór Pálmarson            | KEF  | 00:35,20 | 16.12.2021 |
| 50 Bak            | Árni Þór Pálmarson            | KEF  | 00:34,56 | 04.12.2021    | Daði Rafn Falsson             | KEF  | 01:23,76 | 1.3.2020   |
| 100 Bak           | Árni Þór Pálmarson            | KEF  | 01:14,30 | 04.12.2021    | Kristófer Sigurðsson          | KEF  | 02:58,74 | 23.2.2007  |
| 200 Bak           | Guðni Emilsson                | KEF  | 02:38,69 | 2001          |                               |      |          |            |
| 25 Bringa         | Árni Þór Pálmarson            | KEF  | 00:20,44 | 22.03.2021    | Ingi Rúnar Árnason            | KEF  | 00:39,86 | 18.2.2005  |
| 50 Bringa         | Guðni Emilsson                | KEF  | 00:34,68 | 2001          | Daði Rafn Falsson             | KEF  | 01:32,52 | 15.2.2020  |
| 100 Bringa        | Guðni Emilsson                | KEF  | 01:16,89 | 2001          | Daði Rafn Falsson             | KEF  | 03:16,23 | 16.2.2020  |
| 200 Bringa        | Jón Gauti Jónsson             | KEF  | 02:47,37 | 24.11.1998    |                               |      |          |            |
| 25 Flug           | Tristan Þór K Wiium           | KEF  | 00:17,19 | 2.4.2014      | Daði Rafn Falsson             | KEF  | 00:35,17 | 15.2.2020  |
| 50 Flug           | Baldvín Sigmarsson            | KEF  | 00:34,03 | 26.11.2009    | Tristan Þór K Wiium           | KEF  | 01:20,55 | 8.2.2014   |
| 100 Flug          | Hróbjartur Sigríðarson        | KEF  | 01:13,25 | 30.11.2002    | Birkir Már Jónsson            | KEF  | 02:55,27 | 2.7.1999   |
| 200 Flug          | Baldvín Sigmarsson            | KEF  | 02:48,96 | 25.6.2009     |                               |      |          |            |
| 100 Fjór          | Árni Þór Pálmarson            | KEF  | 01:15,05 | 04.12.2021    | Árni Þór Pálmarson            | KEF  | 02:45,91 | 16.12.2021 |
| 200 Fjór          | Guðni Emilsson                | KEF  | 02:36,69 | 2001          | Daði Rafn Falsson             | KEF  | 06:09,37 | 1.3.2020   |
| 400 Fjór          | Guðni Emilsson                | KEF  | 05:34,90 | 10.10.2001    |                               |      |          |            |
| Hnókkar (9 & 10)  |                               |      |          |               |                               |      |          |            |
| 25 Skrið          | Árni Þór Pálmarson            | KEF  | 00:16,74 | 28.11.2019    | Bjarni Ivar Ragnarsson        | KEF  | 00:38,04 | 10.2.2018  |
| 50 Skrið          | Árni Þór Pálmarson            | KEF  | 00:35,22 | 26.10.2019    | Clifford Dean Helgason        | KEF  | 01:21,69 | 6.12.2014  |
| 100 Skrið         | Árni Þór Pálmarson            | KEF  | 01:16,99 | 13.12.2019    | Árni Þór Pálmarson            | KEF  | 02:47,97 | 12.12.2019 |
| 200 Skrið         | Bjarni Ivar Ragnarsson        | KEF  | 02:42,21 | 24.11.2018    | Tristan Þór K Wiium           | KEF  | 05:46,25 | 8.12.2012  |
| 400 Skrið         | Tristan Þór K Wiium           | KEF  | 05:51,79 | 7.12.2012     | Tristan Þór K Wiium           | KEF  | 12:52,78 | 24.11.2012 |
| 800 Skrið         | Sigmar Marjón Fríðriksson     | KEF  | 12:47,68 | 18.11.2011    | Tristan Þór K Wiium           | KEF  | 24:11,29 | 24.11.2012 |
| 1500 Skrið        | Sigmar Marjón Fríðriksson     | KEF  | 24:10,48 | 18.11.2011    |                               |      |          |            |
| 25 Bak            | Bjarni Ivar Ragnarsson        | KEF  | 00:19,62 | 29.11.2018    |                               |      |          |            |
| 50 Bak            | Eðvarð Þór Eðvarðsson         | KEF  | 00:40,10 | 1.9.1977      | Bjarni Ivar Ragnarsson        | KEF  | 00:42,22 | 18.12.2018 |
| 100 Bak           | Eðvarð Þór Eðvarðsson         | KEF  | 01:22,50 | 1.9.1977      | Bjarni Ivar Ragnarsson        | KEF  | 01:31,75 | 18.12.2018 |
| 200 Bak           | Bjarni Ivar Ragnarsson        | KEF  | 03:04,33 | 27.10.2018    | Clifford Dean Helgason        | KEF  | 03:38,40 | 12.7.2014  |
| 25 Bringa         | Daði Rafn Falsson             | KEF  | 00:22,72 | 29.11.2018    |                               |      |          |            |
| 50 Bringa         | Eðvarð Þór Eðvarðsson         | KEF  | 00:41,00 | 1.9.1977      | Magnús Guðjón Jónsson         | KEF  | 00:49,51 | 26.11.2011 |
| 100 Bringa        | Ingi Rúnar Árnason            | KEF  | 01:33,96 | 31.10.2003    | Daði Rafn Falsson             | KEF  | 01:40,32 | 18.12.2018 |
| 200 Bringa        | Ingi Rúnar Árnason            | KEF  | 03:20,28 | 29.11.2003    | Magnús Guðjón Jónsson         | KEF  | 03:43,95 | 26.11.2011 |
| 25 Flug           | Tristan Þór K Wiium           | KEF  | 00:17,97 | 5.12.2012     |                               |      |          |            |
| 50 Flug           | Clifford Dean Helgason        | KEF  | 00:39,22 | 5.12.2014     | Clifford Dean Helgason        | KEF  | 00:40,71 | 6.12.2014  |
| 100 Flug          | Árni Þór Pálmarson            | KEF  | 01:29,98 | 22.10.2019    | Clifford Dean Helgason        | KEF  | 01:30,58 | 6.12.2014  |
| 200 Flug          | Tristan Þór K Wiium           | KEF  | 03:27,03 | 7.12.2012     | Clifford Dean Helgason        | KEF  | 03:38,13 | 6.12.2014  |
| 100 Fjór          | Árni Þór Pálmarson            | KEF  | 01:26,52 | 21.10.2019    |                               |      |          |            |
| 200 Fjór          | Árni Þór Pálmarson            | KEF  | 03:05,74 | 13.12.2019    | Clifford Dean Helgason        | KEF  | 03:13,96 | 6.12.2014  |
| 400 Fjór          | Tristan Þór K Wiium           | KEF  | 06:36,13 | 7.12.2012     | Tristan Þór K Wiium           | KEF  | 06:39,45 | 8.12.2012  |
| Snáðar (8 & U)    |                               |      |          |               |                               |      |          |            |
| 25 Skrið          | Lúkas Stephen Dunn            | KEF  | 00:19,40 | 30.11.2016    | Óliver Andri Einarsson        | KEF  | 00:49,21 | 8.12.2012  |
| 50 Skrið          | Lúkas Stephen Dunn            | KEF  | 00:4     |               |                               |      |          |            |