



# Afrekaskrá ÍRB

Grein	Methafi í 25m	Tími	Dags	Methafi í 50m	Tími	Dags
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## Konur

25 Skríð	Sunneva Dögg Robertson	NJD	00:13,67	29.03.2017		
50 Skríð	Sunneva Dögg Robertson	NJD	00:27,10	17.11.2017	Sunneva Dögg Frjánsdóttir	NJD 00:27,85 13.2.2016
100 Skríð	Sunneva Dögg Frjánsdóttir	NJD	00:57,65	21.11.2015	Sunneva Dögg Frjánsdóttir	NJD 00:59,33 12.4.2015
200 Skríð	Sunneva Dögg Frjánsdóttir	NJD	02:01,69	11.12.2015	Sunneva Dögg Frjánsdóttir	NJD 02:05,27 24.4.2016
400 Skríð	Sunneva Dögg Frjánsdóttir	NJD	04:14,60	13.11.2015	Sunneva Dögg Frjánsdóttir	NJD 04:20,66 22.4.2016
800 Skríð	Sunneva Dögg Frjánsdóttir	NJD	08:52,57	14.11.2014	Sunneva Dögg Frjánsdóttir	NJD 09:11,90 23.6.2015
1500 Skríð	Sunneva Dögg Frjánsdóttir	NJD	17:12,86	14.11.2014	Eydís Ósk Kolbeinsdóttir	NJD 17:34,44 12.4.2015
25 Bak	Eydís Ósk Kolbeinsdóttir	NJD	00:15,34	15.03.2016		
50 Bak	Íris Ósk Hilmarsdóttir	KEF	00:29,95	22.11.2013	Íris Ósk Hilmarsdóttir	KEF 00:30,93 15.6.2013
100 Bak	Íris Ósk Hilmarsdóttir	KEF	01:03,11	22.11.2013	Íris Ósk Hilmarsdóttir	KEF 01:06,29 11.4.2014
200 Bak	Íris Ósk Hilmarsdóttir	KEF	02:14,18	14.12.2012	Íris Ósk Hilmarsdóttir	KEF 02:19,85 15.6.2013
25 Bringa	Karen Mist Amgeirsdóttir	NJD	00:16,49	29.03.2017		
50 Bringa	Erla Dögg Haraldsdóttir	NJD	00:31,26	19.11.2009	Erla Dögg Haraldsdóttir	NJD 00:31,96 7.4.2011
100 Bringa	Erla Dögg Haraldsdóttir	NJD	01:08,58	19.6.2008	Erla Dögg Haraldsdóttir	NJD 01:10,66 14.6.2008
200 Bringa	Erla Dögg Haraldsdóttir	NJD	02:26,83	16.5.2008	Erla Dögg Haraldsdóttir	NJD 02:32,49 14.6.2008
25 Flug	Eydís Ósk Kolbeinsdóttir	NJD	00:13,91	11.04.2019		
50 Flug	Eydís Konráðsdóttir	KEF	00:28,22	25.11.1995	Eydís Konráðsdóttir	KEF 00:28,25 3.7.2000
100 Flug	Eydís Konráðsdóttir	KEF	01:02,25	19.1.1996	Erla Dögg Haraldsdóttir	NJD 01:02,65 12.5.2012
200 Flug	Jóhanna Júlía Júlíusdóttir	KEF	02:16,90	21.5.2012	Erla Dögg Haraldsdóttir	NJD 02:18,79 3.4.2008
100 Fjór	Erla Dögg Haraldsdóttir	NJD	01:01,77	19.11.2009		
200 Fjór	Erla Dögg Haraldsdóttir	NJD	02:15,32	19.11.2009	Erla Dögg Haraldsdóttir	NJD 02:18,45 7.4.2011
400 Fjór	Eva Margrét Falsdóttir	KEF	04:52,34	18.12.2021	Ólöf Edda Eðvarðsdóttir	KEF 05:02,33 15.6.2013

## Stúlkur (15 - 17)

25 Skríð	Eva Margrét Falsdóttir	KEF	00:13,75	22.03.2021		
50 Skríð	Sunneva Dögg Robertson	NJD	00:27,27	1.12.2016	Sunneva Dögg Frjánsdóttir	NJD 00:27,85 13.2.2016
100 Skríð	Sunneva Dögg Frjánsdóttir	NJD	00:57,65	21.11.2015	Sunneva Dögg Frjánsdóttir	NJD 00:59,33 12.4.2015
200 Skríð	Sunneva Dögg Frjánsdóttir	NJD	02:01,69	11.12.2015	Sunneva Dögg Frjánsdóttir	NJD 02:05,27 24.4.2016
400 Skríð	Sunneva Dögg Frjánsdóttir	NJD	04:14,60	13.11.2015	Sunneva Dögg Frjánsdóttir	NJD 04:20,66 22.4.2016
800 Skríð	Sunneva Dögg Frjánsdóttir	NJD	08:55,57	14.11.2014	Sunneva Dögg Frjánsdóttir	NJD 09:11,90 23.6.2015
1500 Skríð	Sunneva Dögg Frjánsdóttir	NJD	17:12,86	14.11.2014	Eydís Ósk Kolbeinsdóttir	NJD 17:34,44 12.4.2015
25 Bak	Eydís Ósk Kolbeinsdóttir	NJD	00:15,34	15.03.2016		
50 Bak	Íris Ósk Hilmarsdóttir	KEF	00:29,95	22.11.2013	Íris Ósk Hilmarsdóttir	KEF 00:30,93 15.6.2013
100 Bak	Íris Ósk Hilmarsdóttir	KEF	01:03,11	22.11.2013	Íris Ósk Hilmarsdóttir	KEF 01:06,29 11.4.2014
200 Bak	Íris Ósk Hilmarsdóttir	KEF	02:14,18	14.12.2012	Íris Ósk Hilmarsdóttir	KEF 02:19,85 15.6.2013
25 Bringa	Karen Mist Amgeirsdóttir	NJD	00:16,49	29.03.2017		
50 Bringa	Eva Margrét Falsdóttir	KEF	00:32,98	14.11.2021	Erla Dögg Haraldsdóttir	NJD 00:34,00 18.2.2005
100 Bringa	Karen Mist Amgeirsdóttir	NJD	00:11,07	19.12.2017	Íris Edda Heimsdóttir	KEF 01:13,42 20.5.2000
200 Bringa	Eva Margrét Falsdóttir	KEF	02:31,98	09.11.2019	Íris Edda Heimsdóttir	KEF 02:35,60 20.05.2000
25 Flug	Eva Margrét Falsdóttir	KEF	00:14,33	22.03.2021		
50 Flug	Eydís Konráðsdóttir	KEF	00:28,22	25.11.1995	Erla Dögg Haraldsdóttir	NJD 00:29,66 18.2.2005
100 Flug	Eydís Konráðsdóttir	KEF	01:02,25	19.1.1996	Eydís Konráðsdóttir	KEF 01:03,87 23.8.1995
200 Flug	Jóhanna Júlía Júlíusdóttir	KEF	02:16,90	21.5.2012	Jóhanna Júlía Júlíusdóttir/Gunnhildur Björg Stefánsdóttir	KEF(N) 02:19,32 12.4.2012/04.2017
100 Fjór	Eva Margrét Falsdóttir	KEF	01:05,06	12.11.2021		
200 Fjór	Eva Margrét Falsdóttir	KEF	02:17,44	05.12.2021	Eva Margrét Falsdóttir	KEF 02:22,44 11.4.2021
400 Fjór	Eva Margrét Falsdóttir	KEF	04:52,34	18.12.2021	Ólöf Edda Eðvarðsdóttir	KEF 05:02,33 15.6.2013

## Telpur (13 & 14)

25 Skríð	Eva Margrét Falsdóttir	KEF	00:14,02	11.04.2019		
50 Skríð	Soffía Klemenzdóttir	KEF	00:27,56	15.11.2007	Soffía Klemenzdóttir	KEF 00:28,37 10.2.2007
100 Skríð	Soffía Klemenzdóttir	KEF	00:59,34	22.9.2007	Soffía Klemenzdóttir	KEF 01:00,97 16.3.2007
200 Skríð	Eydís Ósk Kolbeinsdóttir	NJD	02:02,64	14.20.2014	Sunneva Dögg Frjánsdóttir	NJD 02:12,12 14.2.2015
400 Skríð	Sunneva Dögg Frjánsdóttir	NJD	04:24,52	22.11.2013	Sunneva Dögg Frjánsdóttir	NJD 04:35,94 14.12.2013
800 Skríð	Sunneva Dögg Frjánsdóttir	NJD	09:03,01	29.11.2013	Eydís Ósk Kolbeinsdóttir	NJD 09:21,24 11.4.2014
1500 Skríð	Sunneva Dögg Frjánsdóttir	NJD	17:16,04	27.11.2013	Eydís Ósk Kolbeinsdóttir	NJD 17:48,38 11.4.2014
25 Bak	Íris Ósk Hilmarsdóttir	KEF	00:15,83	15.12.2012		
50 Bak	Íris Ósk Hilmarsdóttir	KEF	00:30,44	14.12.2012	Íris Ósk Hilmarsdóttir	KEF 00:31,26 8.12.2012
100 Bak	Íris Ósk Hilmarsdóttir	KEF	01:03,90	16.11.2012	Íris Ósk Hilmarsdóttir	KEF 01:06,88 8.12.2012
200 Bak	Íris Ósk Hilmarsdóttir	KEF	02:14,18	14.12.2012	Íris Ósk Hilmarsdóttir	KEF 02:23,22 7.7.2012
25 Bringa	Karen Mist Amgeirsdóttir	NJD	00:17,43	14.04.2019		
50 Bringa	Karen Mist Amgeirsdóttir	NJD	00:33,54	26.9.2014	Karen Mist Amgeirsdóttir	NJD 00:34,66 12.7.2014
100 Bringa	Karen Mist Amgeirsdóttir	NJD	01:11,91	14.11.2014	Eva Margrét Falsdóttir	KEF 01:14,93 05.04.2019
200 Bringa	Eva Margrét Falsdóttir	KEF	02:31,98	09.11.2019	Eva Margrét Falsdóttir	KEF 02:36,69 07.04.2019
25 Flug	Elisabet Amundsdóttir	KEF	00:15,24	21.3.2022		
50 Flug	Elisabet Amundsdóttir	KEF	00:29,22	20.11.2022	Elisabet Amundsdóttir	KEF 00:30,22 20.05.2022
100 Flug	Ólöf Edda Eðvarðsdóttir	KEF	01:05,71	23.6.2011	Ólöf Edda Eðvarðsdóttir	KEF 01:07,64 29.4.2011
200 Flug	Ólöf Edda Eðvarðsdóttir	KEF	02:20,75	25.11.2011	Ólöf Edda Eðvarðsdóttir	KEF 02:24,80 25.7.2011
100 Fjór	Soffía Klemenzdóttir	KEF	01:07,60	15.10.2007		
200 Fjór	Ólöf Edda Eðvarðsdóttir	KEF	02:21,87	9.12.2011	Ólöf Edda Eðvarðsdóttir	KEF 02:27,01 7.4.2011
400 Fjór	Ólöf Edda Eðvarðsdóttir	KEF	04:53,67	9.12.2011	Ólöf Edda Eðvarðsdóttir	KEF 05:04,19 7.4.2011

## Meyjar (11 & 12)

25 Skríð	Eva Margrét Falsdóttir	KEF	00:14,59	29.11.2017		
50 Skríð	Elisabet Amundsdóttir	KEF	00:29,00	04.12.2021	Soffía Klemenzdóttir	KEF 00:30,75 18.3.2005
100 Skríð	Soffía Klemenzdóttir	KEF	01:04,02	18.11.2005	Stefanía Sigurþórsdóttir	KEF 01:05,08 14.12.2013
200 Skríð	Stefanía Sigurþórsdóttir	KEF	02:16,04	29.12.2013	Stefanía Sigurþórsdóttir	KEF 02:19,48 14.12.2013
400 Skríð	Stefanía Sigurþórsdóttir	KEF	04:33,09	29.12.2013	Stefanía Sigurþórsdóttir	KEF 04:35,02 14.12.2013
800 Skríð	Stefanía Sigurþórsdóttir	KEF	09:33,04	29.11.2013	Stefanía Sigurþórsdóttir	KEF 10:11,89 14.12.2013
1500 Skríð	Stefanía Sigurþórsdóttir	KEF	18:31,29	13.12.2013	Stefanía Sigurþórsdóttir	KEF 19:30,89 14.12.2013
25 Bak	Jóhanna Matthea Jóhannsdóttir	KEF	00:16,53	11.12.2013		
50 Bak	Elisabet Amundsdóttir	KEF	00:33,21	05.12.2021	Elisabet Amundsdóttir	KEF 00:35,84 16.12.2021
100 Bak	Elisabet Amundsdóttir	KEF	01:11,97	25.09.2021	Eva Margrét Falsdóttir	KEF 01:16,69 20.12.2017
200 Bak	Elisabet Amundsdóttir	KEF	02:32,48	15.12.2021	Jóhanna Júlía Júlíusdóttir	KEF 02:44,09 3.4.2008
25 Bringa	Jóhanna Matthea Jóhannsdóttir	KEF	00:17,97	11.12.2013		
50 Bringa	Eva Margrét Falsdóttir	KEF	00:34,94	14.12.2017	Eva Margrét Falsdóttir	KEF 00:37,58 20.12.2017
100 Bringa	Ólöf Edda Eðvarðsdóttir	KEF	01:17,05	19.11.2009	Eva Margrét Falsdóttir	KEF 01:22,89 7.4.2017
200 Bringa	Ólöf Edda Eðvarðsdóttir	KEF	02:44,39	19.11.2009	Ólöf Edda Eðvarðsdóttir	KEF 02:52,21 25.4.2009
25 Flug	Díli Rún Lávarsdóttir	KEF	00:15,55	03.12.2014		
50 Flug	Elisabet Amundsdóttir	KEF	00:29,40	04.12.2021	Elisabet Amundsdóttir	KEF 00:31,68 16.12.2021
100 Flug	Elisabet Amundsdóttir	KEF	01:09,39	18.12.2021	Elisabet Amundsdóttir	KEF 01:12,96 16.12.2021
200 Flug	Elisabet Amundsdóttir	KEF	02:33,07	15.12.2021	Elisabet Amundsdóttir	KEF 02:42,22 16.12.2021
100 Fjór	Eva Margrét Falsdóttir	KEF	01:11,00	19.12.2017		
200 Fjór	Ólöf Edda Eðvarðsdóttir	KEF	02:32,05	19.11.2009	Stefanía Sigurþórsdóttir	KEF 02:37,43 14.12.2013
400 Fjór	Stefanía Sigurþórsdóttir	KEF	05:13,03	29.11.2013	Stefanía Sigurþórsdóttir	KEF 05:32,92 14.12.2013

## Hnátur (9 & 10)

25 Skríð	Eva Margrét Falsdóttir	KEF	00:16,04	25.11.2015		
50 Skríð	Eva Margrét Falsdóttir	KEF	00:33,19	25.6.2015	Eva Margrét Falsdóttir	KEF 00:35,20 15.2.2015
100 Skríð	Eva Margrét Falsdóttir	KEF	01:12,63	27.3.2015	Eva Margrét Falsdóttir	KEF 01:19,67 15.2.2015
200 Skríð	Eva Margrét Falsdóttir	KEF	02:37,30	25.9.2015	Eva Margrét Falsdóttir	KEF 02:45,41 15.2.2015
400 Skríð	Ólöf Edda Eðvarðsdóttir	KEF	05:35,34	28.6.2007	Stefanía Ósk Halldórsdóttir	KEF 05:53,71 15.12.2016
800 Skríð	Katla María Brynjarsdóttir	NJD	11:24,08	19.12.2017	Eva Margrét Falsdóttir	KEF 11:54,56 7.2.2015
1500 Skríð	Eva Margrét Falsdóttir	KEF	21:22,74	15.12.2015	Stefanía Sigurþórsdóttir	KEF 23:15,41 3.12.2011
25 Bak	Elisabet Amundsdóttir	KEF	00:18,23	11.04.2019		
50 Bak	Eva Margrét Falsdóttir	KEF	00:39,62	15.7.2015	Eva Margrét Falsdóttir	KEF 00:41,04 6.12.2014
100 Bak	Eva Margrét Falsdóttir	KEF	01:20,48	28.11.2015	Eva Margrét Falsdóttir	KEF 01:23,79 16.12.2015
200 Bak	Eva Margrét Falsdóttir	KEF	02:53,19	15.7.2015	Eva Margrét Falsdóttir	KEF 03:08,62 6.12.2014
25 Bringa	Eva Margrét Falsdóttir	KEF	00:20,05	25.3.2015		
50 Bringa	Eva Margrét Falsdóttir	KEF	00:40,05	15.12.2015	Eva Margrét Falsdóttir	KEF 00:43,88 15.2.2015
100 Bringa	Eva Margrét Falsdóttir	KEF	01:31,62	2.10.2015	Eva Margrét Falsdóttir	KEF 01:34,95 16.7.2015
200 Bringa	Eva Margrét Falsdóttir	KEF	03:10,88	31.10.2015	Eva Margrét Falsdóttir	KEF 03:18,95 16.7.2015
25 Flug	Eva Margrét Falsdóttir	KEF	00:17,01	25.11.2015		
50 Flug	Eva Margrét Falsdóttir	KEF	00:36,36	2.10.2015	Eva Margrét Falsdóttir	KEF 00:39,75 15.2.2015
100 Flug	Eva Margrét Falsdóttir	KEF	01:24,31	31.10.2015	Eva Margrét Falsdóttir	KEF 01:33,72 16.12.2015
200 Flug	Elisabet Amundsdóttir	KEF	03:17,98	13.12.2019	Eva Margrét Falsdóttir	KEF 03:14,00 16.12.2015
100 Fjór	Eva Margrét Falsdóttir	KEF	01:20,99	25.9.2015		
200 Fjór	Eva Margrét Falsdóttir	KEF	02:50,08	28.11.2015	Eva Margrét Falsdóttir	KEF 02:57,84 16.7.2015
400 Fjór	Eva Margrét Falsdóttir	KEF	06:10,99	9.5.2015	Eva Margrét Falsdóttir	KEF 06:13,20 16.12.2015

## Snóttir (8 & U)

25 Skríð	Eva Margrét Falsdóttir	KEF	00:18,33	11.12.2013		
50 Skríð	Eva Margrét Falsdóttir	KEF	00:40,39	11.10.2013	Eva Margrét Falsdóttir	KEF 00:43,28 8.2.2013
100 Skríð	Eva Margrét Falsdóttir	KEF	01:29,38	11.10.2013	Eva Margrét Falsdóttir	KEF 01:32,79 20.7.2013
200 Skríð	Eva Margrét Falsdóttir	KEF	03:22,06	9.11.2013	Eva Margrét Falsdóttir	KEF 03:17,85 14.12.2013
400 Skríð	Eva Margrét Falsdóttir	KEF	06:50,48	9.11.2013	Eva Margrét Falsdóttir	KEF 06:43,85 9.11.2013
800 Skríð	Eva Margrét Falsdóttir	KEF	13:52,77	9.11.2013	Eva Margrét Falsdóttir	KEF 13:58,94 14.12.2013
1500 Skríð	Eva Margrét Falsdóttir	KEF	25:59,11	9.11.2013	Eva Margrét Falsdóttir	KEF 26:08,18 14.12.2013
25 Bak	Eva Marg					