



Afrekaskrá Keflavíkur

Grein	Methafi í 25m	Tími	Dags	Methafi í 50m	Tími	Dags
-------	---------------	------	------	---------------	------	------

Konur

25 Skrið	Eva Margrét Falsdóttir	NJD	00:13,26	29.11.2022		
50 Skrið	Eva Margrét Falsdóttir	KEF	00:27,21	18.12.2023	Íris Ósk Hilmarsdóttir	KEF 00:28,05 7.2.2014
100 Skrið	Eva Margrét Falsdóttir	KEF	00:57,21	18.12.2023	Soffía Klemenzdóttir/Eva Margrét Falsdóttir	KEF 01:00,50 2.4.2023
200 Skrið	Eydis Konráðsdóttir	KEF	02:03,67	24.7.1998	Eva Margrét Falsdóttir	KEF 02:08,64 01.04.2023
400 Skrið	Eva Margrét Falsdóttir	KEF	04:24,34	25.6.2021	Eva Margrét Falsdóttir	KEF 04:30,96 07.02.2021
800 Skrið	Eva Margrét Falsdóttir	KEF	08:59,66	22.02.2023	Eva Margrét Falsdóttir	KEF 09:17,93 26.1.2024
1500 Skrið	Birta María Falsdóttir	KEF	17:32,18	22.11.2013	Eva Margrét Falsdóttir	KEF 18:08,29 26.02.2021
25 Bak	Eva Margrét Falsdóttir	KEF	00:15,37	20.3.2024		
50 Bak	Íris Ósk Hilmarsdóttir	KEF	00:29,95	22.11.2013	Íris Ósk Hilmarsdóttir	KEF 00:30,93 15.6.2013
100 Bak	Íris Ósk Hilmarsdóttir	KEF	01:03,00	22.11.2013	Íris Ósk Hilmarsdóttir	KEF 01:06,29 11.4.2014
200 Bak	Íris Ósk Hilmarsdóttir	KEF	02:14,18	14.12.2012	Íris Ósk Hilmarsdóttir	KEF 02:19,85 15.6.2013
25 Bringa	Eva Margrét Falsdóttir	KEF	00:16,37	20.03.2024		
50 Bringa	Eva Margrét Falsdóttir	KEF	00:32,23	12.11.2023	Eva Margrét Falsdóttir	KEF 00:33,59 28.1.2024
100 Bringa	Eva Margrét Falsdóttir	KEF	01:10,14	16.12.2023	Eva Margrét Falsdóttir	KEF 02:12,44 28.1.2024
200 Bringa	Eva Margrét Falsdóttir	KEF	02:31,14	01.12.2023	Íris Edda Heimsdóttir	KEF 02:35,80 20.5.2000
25 Flug	Eva Margrét Falsdóttir	KEF	00:14,04	20.03.2024		
50 Flug	Eydis Konráðsdóttir	KEF	00:28,22	25.11.1995	Eydis Konráðsdóttir	KEF 00:28,25 3.7.2000
100 Flug	Eydis Konráðsdóttir	KEF	01:02,25	19.1.1996	Eydis Konráðsdóttir	KEF 01:02,93 30.5.2000
200 Flug	Jóhanna Júlía Júlíusdóttir	KEF	02:16,90	21.5.2012	Jóhanna Júlía Júlíusdóttir	KEF 02:22,59 12.4.2012
100 Fjór	Eva Margrét Falsdóttir	KEF	01:03,31	10.11.2023		
200 Fjór	Eva Margrét Falsdóttir	KEF	02:16,01	12.11.2023	Eva Margrét Falsdóttir	KEF 02:21,72 14.4.2024
400 Fjór	Eva Margrét Falsdóttir	KEF	04:52,30	02.12.2023	Eva Margrét Falsdóttir	KEF 05:01,58 23.3.2024

Stúlkur (15 - 18)

25 Skrið	Eva Margrét Falsdóttir	NJD	00:13,26	29.11.2022		
50 Skrið	Eva Margrét Falsdóttir	KEF	00:27,21	18.12.2023	Íris Ósk Hilmarsdóttir	KEF 00:28,05 7.2.2014
100 Skrið	Eva Margrét Falsdóttir	KEF	00:57,21	18.12.2023	Soffía Klemenzdóttir/Eva Margrét Falsdóttir	KEF 01:00,50 2.4.2023
200 Skrið	Eva Margrét Falsdóttir	KEF	02:04,49	23.09.2023	Eva Margrét Falsdóttir	KEF 02:08,64 01.04.2023
400 Skrið	Eva Margrét Falsdóttir	KEF	04:24,34	25.6.2021	Eva Margrét Falsdóttir	KEF 04:30,96 07.02.2021
800 Skrið	Eva Margrét Falsdóttir	KEF	08:59,66	22.02.2023	Eva Margrét Falsdóttir	KEF 09:19,41 19.3.2022
1500 Skrið	Birta María Falsdóttir	KEF	17:32,18	22.11.2013	Eva Margrét Falsdóttir	KEF 18:08,29 26.02.2021
25 Bak	Íris Ósk Hilmarsdóttir	KEF	00:15,48	11.12.2013		
50 Bak	Íris Ósk Hilmarsdóttir	KEF	00:29,95	22.11.2013	Íris Ósk Hilmarsdóttir	KEF 00:30,93 15.6.2013
100 Bak	Íris Ósk Hilmarsdóttir	KEF	01:03,11	22.11.2013	Íris Ósk Hilmarsdóttir	KEF 01:06,29 11.4.2014
200 Bak	Íris Ósk Hilmarsdóttir	KEF	02:14,27	22.11.2013	Íris Ósk Hilmarsdóttir	KEF 02:19,85 15.6.2013
25 Bringa	Eva Margrét Falsdóttir	KEF	00:16,66	07.12.2023		
50 Bringa	Eva Margrét Falsdóttir	KEF	00:32,23	12.11.2023	Eva Margrét Falsdóttir	KEF 00:33,84 19.12.2023
100 Bringa	Eva Margrét Falsdóttir	KEF	01:10,14	16.12.2023	Íris Edda Heimsdóttir	KEF 01:13,42 20.5.2000
200 Bringa	Eva Margrét Falsdóttir	KEF	02:31,14	01.12.2023	Íris Edda Heimsdóttir	KEF 02:35,80 20.5.2000
25 Flug	Eva Margrét Falsdóttir	KEF	00:14,33	22.03.2021		
50 Flug	Eydis Konráðsdóttir	KEF	00:28,22	25.11.1995	Jóhanna Júlía Júlíusdóttir	KEF 00:30,00 10.2.2012
100 Flug	Eydis Konráðsdóttir	KEF	01:02,48	25.11.1995	Eydis Konráðsdóttir	KEF 01:03,87 23.8.1995
200 Flug	Jóhanna Júlía Júlíusdóttir	KEF	02:16,90	21.5.2012	Jóhanna Júlía Júlíusdóttir	KEF 02:22,59 12.4.2012
100 Fjór	Eva Margrét Falsdóttir	KEF	01:03,31	10.11.2023		
200 Fjór	Eva Margrét Falsdóttir	KEF	02:16,01	12.11.2023	Eva Margrét Falsdóttir	KEF 02:21,74 03.06.2023
400 Fjór	Eva Margrét Falsdóttir	KEF	04:52,30	02.12.2023	Ólóf Edda Eðvarðsdóttir	KEF 05:02,33 15.6.2013

Telpur (13 & 14)

25 Skrið	Eva Margrét Falsdóttir	KEF	00:14,02	11.04.2019		
50 Skrið	Soffía Klemenzdóttir	KEF	00:27,56	15.11.2007	Soffía Klemenzdóttir	KEF 00:28,37 10.2.2007
100 Skrið	Soffía Klemenzdóttir	KEF	00:59,34	22.9.2007	Soffía Klemenzdóttir	KEF 01:00,97 16.3.2007
200 Skrið	Íris Ósk Hilmarsdóttir	KEF	01:08,98	7.12.2012	Birta María Falsdóttir	KEF 01:13,14 2.4.2012
400 Skrið	Sunneva Bergmann Ásbjörnsdóttir	KEF	04:30,66	26.09.2021	Sunneva Bergmann Ásbjörnsdóttir	KEF 04:38,87 11.07.2021
800 Skrið	Birta María Falsdóttir	KEF	09:15,01	14.12.2012	Birta María Falsdóttir	KEF 09:28,28 12.4.2012
1500 Skrið	Stefanía Sigurþórsdóttir	KEF	17:38,15	14.11.2014	Stefanía Sigurþórsdóttir	KEF 18:14,25 10.4.2015
25 Bak	Íris Ósk Hilmarsdóttir	KEF	00:15,83	15.12.2012		
50 Bak	Íris Ósk Hilmarsdóttir	KEF	00:30,44	14.12.2012	Íris Ósk Hilmarsdóttir	KEF 00:31,26 8.12.2012
100 Bak	Íris Ósk Hilmarsdóttir	KEF	01:03,90	16.11.2012	Íris Ósk Hilmarsdóttir	KEF 01:06,88 8.12.2012
200 Bak	Íris Ósk Hilmarsdóttir	KEF	02:14,18	14.12.2012	Íris Ósk Hilmarsdóttir	KEF 02:23,22 7.7.2012
25 Bringa	Eva Margrét Falsdóttir	KEF	00:17,43	01.04.2019		
50 Bringa	Eva Margrét Falsdóttir	KEF	00:34,48	10.11.2019	Eva Margrét Falsdóttir	KEF 00:34,99 06.04.2019
100 Bringa	Eva Margrét Falsdóttir	KEF	01:12,73	28.09.2019	Eva Margrét Falsdóttir	KEF 01:14,93 05.04.2019
200 Bringa	Eva Margrét Falsdóttir	KEF	02:31,63	00.11.2013	Eva Margrét Falsdóttir	KEF 02:36,69 07.04.2019
25 Flug	Elisabet Arnósdóttir	KEF	00:14,43	14.02.2023		
50 Flug	Elisabet Arnósdóttir	KEF	00:29,22	20.11.2022	Elisabet Arnósdóttir	KEF 00:29,38 11.02.2023
100 Flug	Ólóf Edda Eðvarðsdóttir	KEF	01:05,71	23.6.2011	Elisabet Arnósdóttir	KEF 01:07,58 14.5.2023
200 Flug	Ólóf Edda Eðvarðsdóttir	KEF	02:20,75	25.11.2011	Ólóf Edda Eðvarðsdóttir	KEF 02:24,80 25.7.2011
100 Fjór	Soffía Klemenzdóttir	KEF	01:07,60	15.11.2012		
200 Fjór	Ólóf Edda Eðvarðsdóttir	KEF	02:21,87	9.12.2011	Eva Margrét Falsdóttir	KEF 02:26,61 06.04.2019
400 Fjór	Ólóf Edda Eðvarðsdóttir	KEF	04:53,67	9.12.2011	Ólóf Edda Eðvarðsdóttir	KEF 05:04,49 7.4.2011

Meyjar (11 & 12)

25 Skrið	Eva Margrét Falsdóttir	KEF	00:14,59	29.11.2017		
50 Skrið	Elisabet Arnósdóttir	KEF	00:29,00	04.12.2021	Soffía Klemenzdóttir	KEF 00:30,75 18.3.2005
100 Skrið	Soffía Klemenzdóttir	KEF	01:04,02	18.11.2005	Stefanía Sigurþórsdóttir	KEF 01:05,08 14.12.2013
200 Skrið	Stefanía Sigurþórsdóttir	KEF	02:16,04	7.12.2013	Stefanía Sigurþórsdóttir	KEF 02:19,48 14.12.2013
400 Skrið	Stefanía Sigurþórsdóttir	KEF	04:39,08	20.11.2013	Stefanía Sigurþórsdóttir	KEF 04:56,01 14.12.2013
800 Skrið	Stefanía Sigurþórsdóttir	KEF	09:33,04	29.11.2013	Stefanía Sigurþórsdóttir	KEF 10:11,89 14.12.2013
1500 Skrið	Stefanía Sigurþórsdóttir	KEF	18:31,29	13.12.2013	Stefanía Sigurþórsdóttir	KEF 19:30,89 14.12.2013
25 Bak	Jóhanna Matthea Jóhannsdóttir	KEF	00:16,53	11.12.2013		
50 Bak	Elisabet Arnósdóttir	KEF	00:33,31	05.12.2021	Elisabet Arnósdóttir	KEF 00:35,84 16.12.2021
100 Bak	Elisabet Arnósdóttir	KEF	01:11,97	25.09.2021	Eva Margrét Falsdóttir	KEF 01:16,69 20.12.2017
200 Bak	Stefanía Sigurþórsdóttir	KEF	02:32,68	13.12.2013	Jóhanna Júlía Júlíusdóttir	KEF 02:44,09 3.4.2008
25 Bringa	Jóhanna Matthea Jóhannsdóttir	KEF	00:17,97	11.12.2013		
50 Bringa	Eva Margrét Falsdóttir	KEF	00:31,43	04.12.2021	Eva Margrét Falsdóttir	KEF 00:37,58 20.12.2017
100 Bringa	Ólóf Edda Eðvarðsdóttir	KEF	01:17,05	19.11.2009	Eva Margrét Falsdóttir	KEF 01:22,89 7.4.2017
200 Bringa	Ólóf Edda Eðvarðsdóttir	KEF	02:44,39	19.11.2009	Ólóf Edda Eðvarðsdóttir	KEF 02:52,21 25.4.2009
25 Flug	Díli Rún Ljarsdóttir	KEF	00:15,55	9.12.2014		
50 Flug	Elisabet Arnósdóttir	KEF	00:30,40	14.02.2023	Elisabet Arnósdóttir	KEF 00:31,68 16.12.2021
100 Flug	Elisabet Arnósdóttir	KEF	01:10,59	2.10.2021	Elisabet Arnósdóttir	KEF 01:12,96 16.12.2021
200 Flug	Svandís Þóra Sæmundsdóttir	KEF	02:37,42	18.11.2005	Elisabet Arnósdóttir	KEF 02:42,22 16.12.2021
100 Fjór	Eva Margrét Falsdóttir	KEF	01:11,17	19.12.2017		
200 Fjór	Ólóf Edda Eðvarðsdóttir	KEF	02:23,05	19.11.2009	Stefanía Sigurþórsdóttir	KEF 02:37,43 14.12.2013
400 Fjór	Stefanía Sigurþórsdóttir	KEF	05:13,93	20.11.2013	Stefanía Sigurþórsdóttir	KEF 05:32,02 14.12.2013

Hnátur (9 & 10)

25 Skrið	Eva Margrét Falsdóttir	KEF	00:16,04	25.11.2015		
50 Skrið	Eva Margrét Falsdóttir	KEF	00:33,19	25.6.2015	Eva Margrét Falsdóttir	KEF 00:35,20 15.2.2015
100 Skrið	Eva Margrét Falsdóttir	KEF	01:12,63	27.3.2015	Eva Margrét Falsdóttir	KEF 01:19,67 15.2.2015
200 Skrið	Eva Margrét Falsdóttir	KEF	02:37,30	25.9.2015	Eva Margrét Falsdóttir	KEF 02:45,41 15.2.2015
400 Skrið	Ólóf Edda Eðvarðsdóttir	KEF	05:35,34	28.6.2007	Stefanía Ósk Halldórsdóttir	KEF 05:53,71 15.12.2016
800 Skrið	Stefanía Sigurþórsdóttir	KEF	11:28,48	18.11.2011	Eva Margrét Falsdóttir	KEF 11:54,96 7.2.2015
1500 Skrið	Eva Margrét Falsdóttir	KEF	21:22,74	15.12.2015	Stefanía Sigurþórsdóttir	KEF 23:15,41 3.12.2011
25 Bak	Elisabet Arnósdóttir	KEF	00:18,23	11.04.2019		
50 Bak	Eva Margrét Falsdóttir	KEF	00:39,62	15.7.2015	Eva Margrét Falsdóttir	KEF 00:41,04 6.12.2014
100 Bak	Eva Margrét Falsdóttir	KEF	01:20,48	28.11.2015	Eva Margrét Falsdóttir	KEF 01:23,79 16.12.2015
200 Bak	Eva Margrét Falsdóttir	KEF	02:53,19	15.7.2015	Eva Margrét Falsdóttir	KEF 03:08,62 6.12.2014
25 Bringa	Eva Margrét Falsdóttir	KEF	00:20,05	25.3.2015		
50 Bringa	Eva Margrét Falsdóttir	KEF	00:40,05	15.12.2015	Eva Margrét Falsdóttir	KEF 00:43,88 15.2.2015
100 Bringa	Eva Margrét Falsdóttir	KEF	01:31,62	2.10.2015	Eva Margrét Falsdóttir	KEF 01:34,95 16.7.2015
200 Bringa	Eva Margrét Falsdóttir	KEF	03:10,88	31.10.2015	Eva Margrét Falsdóttir	KEF 03:18,95 16.7.2015
25 Flug	Eva Margrét Falsdóttir	KEF	00:17,01	25.11.2015		
50 Flug	Eva Margrét Falsdóttir	KEF	00:36,36	2.10.2015	Eva Margrét Falsdóttir	KEF 00:39,75 15.2.2015
100 Flug	Eva Margrét Falsdóttir	KEF	01:24,31	31.10.2015	Eva Margrét Falsdóttir	KEF 01:33,72 16.12.2015
200 Flug	Elisabet Arnósdóttir	KEF	03:17,98	13.12.2019	Eva Margrét Falsdóttir	KEF 03:14,00 16.12.2015
100 Fjór	Eva Margrét Falsdóttir	KEF	01:20,99	25.9.2015		
200 Fjór	Eva Margrét Falsdóttir	KEF	02:50,08	28.11.2015	Eva Margrét Falsdóttir	KEF 02:57,84 16.7.2015
400 Fjór	Eva Margrét Falsdóttir	KEF	06:10,99	9.5.2015	Eva Margrét Falsdóttir	KEF 06:13,20 16.12.2015

Snóttir (8 & U)

25 Skrið	Eva Margrét Falsdóttir	KEF	00:18,33	11.12.2013		
50 Skrið	Eva Margrét Falsdóttir	KEF	00:40,39	11.10.2013	Eva Margrét Falsdóttir	KEF 00:43,28 8.2.2013
100 Skrið	Eva Margrét Falsdóttir	KEF	01:29,38	11.10.2013	Eva Margrét Falsdóttir	KEF 01:32,79 20.7.2013
200 Skrið	Eva Margrét Falsdóttir	KEF	03:22,06	9.11.2013	Eva Margrét Falsdóttir	KEF 03:17,85 14.12.2013
400 Skrið	Eva Margrét Falsdóttir	KEF	06:50,48	9.11.2013	Eva Margrét Falsdóttir	KEF 06:43,85 9.11.2013
800 Skrið	Eva Margrét Falsdóttir	KEF	13:52,77	9.11.2013	Eva Margrét Falsdóttir	KEF 13:58,94 14.12.2013
1500 Skrið	Eva Margrét Falsdóttir	KEF	25:59,11	9.11.2013	Eva Margrét Falsdóttir	KEF