

Landsbankamót IRB 2020  
Reykjanesbær, 19. - 20.6.2020

**Schedule Session No. 1 - 1. hluti**

**19.6.2020 - 17:00**

Warmup: 15:30 until 16:50

Officials Meeting: 16:00

17:00	1.	400m Freestyle	Women	Timed Final	Open	0:15	2 Heats
17:15	2.	400m Freestyle	Men	Timed Final	Open	0:10	2 Heats
17:25	3.	50m Backstroke	Women	Timed Final	Open	0:05	3 Heats
17:30	4.	100m Butterfly	Men	Timed Final	Open	0:10	3 Heats
17:40	5.	200m Butterfly	Women	Timed Final	Open		1 Heat
17:40	6.	200m Backstroke	Men	Timed Final	Open	0:10	2 Heats
17:50	7.	200m Breaststroke	Women	Timed Final	Open	0:05	2 Heats
17:55	8.	100m Breaststroke	Men	Timed Final	Open	0:10	3 Heats
18:05	9.	50m Freestyle	Women	Timed Final	Open	0:05	5 Heats
18:10	10.	50m Freestyle	Men	Timed Final	Open	0:05	4 Heats
18:15	End of session				Total duration	1:15	

**Schedule Session No. 2 - 2. hluti**

**20.6.2020 - 10:00**

Warmup: 8:30 until 9:50

Officials Meeting: 9:00

10:00	11.	400m Medley	Women	Timed Final	Open	0:05	1 Heat
10:05	12.	1500m Freestyle	Men	Timed Final	Open		no entries
10:05	13.	50m Backstroke	Men	Timed Final	Open	0:05	2 Heats
10:10	14.	200m Freestyle	Women	Timed Final	Open	0:10	3 Heats
10:20	15.	200m Medley	Men	Timed Final	Open	0:15	4 Heats
10:35	16.	100m Breaststroke	Women	Timed Final	Open	0:05	3 Heats
10:40	17.	50m Breaststroke	Men	Timed Final	Open	0:05	2 Heats
10:45	18.	50m Butterfly	Women	Timed Final	Open		3 Heats
10:45	19.	100m Freestyle	Men	Timed Final	Open	0:10	5 Heats
10:55	20.	100m Backstroke	Women	Timed Final	Open	0:10	4 Heats
11:05	21.	200m Butterfly	Men	Timed Final	Open	0:05	1 Heat
11:10	22.	800m Freestyle	Women	Timed Final	Open	0:20	2 Heats
11:30	End of session				Total duration	1:30	

**Schedule Session No. 3 - 3. hluti**

**20.6.2020 - 16:00**

Warmup: 14:30 until 15:50

Officials Meeting: 15:00

16:00	23.	400m Medley	Men	Timed Final	Open	0:05	1 Heat
16:05	24.	1500m Freestyle	Women	Timed Final	Open	0:25	1 Heat
16:30	25.	200m Backstroke	Women	Timed Final	Open	0:05	2 Heats
16:35	26.	200m Freestyle	Men	Timed Final	Open	0:10	2 Heats
16:45	27.	100m Butterfly	Women	Timed Final	Open	0:05	3 Heats
16:50	28.	50m Butterfly	Men	Timed Final	Open		2 Heats
16:50	29.	50m Breaststroke	Women	Timed Final	Open	0:05	2 Heats
16:55	30.	200m Breaststroke	Men	Timed Final	Open	0:10	2 Heats
17:05	31.	100m Freestyle	Women	Timed Final	Open	0:05	3 Heats
17:10	32.	100m Backstroke	Men	Timed Final	Open	0:05	2 Heats
17:15	33.	200m Medley	Women	Timed Final	Open	0:10	3 Heats
17:25	34.	800m Freestyle	Men	Timed Final	Open	0:10	1 Heat
17:35	End of session				Total duration	1:35	