

Results summary

Men, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
Arnar Milos Arnbjörnsson	26/01/2008		260108-2390			
	50 Freestyle		49.16 77%	200 Freestyle	11	3:41.49 100% PB
	50 Freestyle		45.42 90%	50 Breaststroke		1:02.40 93%
	100 Freestyle	14	1:49.74 86%	100 Breaststroke	4	2:12.55 95%
	100 Freestyle		1:38.62 106% PB	100 Medley	8	2:01.57 98%
Egill Orri Baldursson	12/08/2009		120809-3930			
	50 Freestyle		1:00.75 127% PB	100 Freestyle	22	2:15.73 PB
	50 Freestyle	59	1:01.20 126% PB	50 Backstroke	39	1:03.49 132% PB
Gabriel Ingi Derti	23/11/2008		231108-3860			
	50 Freestyle		51.77 82%	50 Backstroke		1:01.67 100%
	50 Freestyle		48.71 93%	50 Backstroke	30	55.77 122% PB
	50 Freestyle	45	47.43 98%	100 Backstroke		2:25.99 79%
	100 Freestyle	15	1:50.27 100%	100 Backstroke	4	2:14.46 93%
	100 Freestyle		1:47.06 106% PB	200 Backstroke	2	4:58.45 83%
	200 Freestyle	12	3:44.79 110% PB	50 Butterfly	33	1:01.64 PB
	50 Backstroke		1:09.60 78%			
Ómar Magni Egilsson	26/11/2006		261106-2640			
	50 Freestyle	RL	39.15 108% PB	50 Backstroke	17	44.10 113% PB
	50 Freestyle		40.90 99%	50 Breaststroke	18	51.50 136% PB
	50 Freestyle		39.48 106% PB	50 Butterfly		48.05 113% PB
	50 Freestyle	27	38.18 113% PB	50 Butterfly	23	48.55 110% PB
	100 Freestyle	8	1:25.77 99%	100 Medley	4	1:40.21 96%
	100 Freestyle		1:26.11 98%	200 Medley	4	3:29.72 138% PB
	200 Freestyle	5	2:58.69 122% PB			
Bergur Snær Einarsson	29/12/2008		291208-2230			
	50 Freestyle		55.94 104% PB	200 Freestyle	15	4:08.42 141% PB
	50 Freestyle		55.48 106% PB	50 Backstroke	37	1:02.49 118% PB
	50 Freestyle	52	54.56 110% PB	50 Breaststroke		1:12.73 103% PB
	100 Freestyle	20	1:58.08 112% PB	50 Breaststroke	41	1:13.00 102% PB
	100 Freestyle		1:59.09 110% PB	100 Breaststroke	10	2:32.56 101% PB
Daði Rafn Falsson	10/09/2008		100908-4090			
	50 Freestyle		44.20 94%	50 Breaststroke		57.10 103% PB
	50 Freestyle		44.45 93%	50 Breaststroke	26	56.70 105% PB
	50 Freestyle	33	41.27 108% PB	100 Breaststroke		2:02.13 104% PB
	100 Freestyle	10	1:34.40 109% PB	200 Breaststroke	3	4:10.27 133% PB
	100 Freestyle		1:37.70 102% PB	50 Butterfly		57.95 PB
	200 Freestyle	8	3:20.16 114% PB	50 Butterfly	28	56.48 PB
	50 Backstroke	21	48.21 115% PB	200 Medley	6	3:48.06 PB
Alexander Grétar Grétarsson	09/05/2008		090508-4150			
	50 Freestyle		53.85 92%	50 Backstroke	32	58.92 119% PB
	50 Freestyle		54.26 90%	50 Breaststroke		1:09.76 92%
	50 Freestyle	55	57.81 80%	50 Breaststroke	38	1:05.87 103% PB
	100 Freestyle	18	1:56.53 102% PB	100 Breaststroke	9	2:28.39 93%
	100 Freestyle		1:59.14 98%	50 Butterfly	38	1:19.80 PB
	200 Freestyle	14	4:06.59 109% PB	100 Medley	9	2:06.90 103% PB
Kári Snær Halldórsson	13/01/2004		130104-3470			
	50 Freestyle		34.50 102% PB	50 Breaststroke	9	39.01 101% PB
	50 Freestyle	18	34.26 103% PB	100 Breaststroke	2	1:23.31 98%
	100 Freestyle	6	1:11.86 104% PB	100 Breaststroke		1:25.44 94%
	50 Backstroke	8	37.54 106% PB	200 Breaststroke	1	2:59.03 95%
	50 Breaststroke		39.14 100% PB	50 Butterfly	12	37.93 114% PB
	50 Breaststroke		40.05 96%	100 Medley	5	1:18.56 107% PB
Fannar Snævar Hauksson	07/09/2004		070904-3140			
	50 Freestyle		29.98 92%	200 Backstroke	1	2:31.59 94%
	50 Freestyle	7	27.89 106% PB	50 Breaststroke	8	38.49 121% PB
	100 Freestyle		1:04.47 87%	50 Butterfly		32.11 93%
	200 Freestyle	2	2:15.75 108% PB	50 Butterfly	6	29.87 108% PB
	50 Backstroke		33.97 93%	100 Medley	1	1:08.88 148% PB
	50 Backstroke	5	30.53 115% PB	200 Medley	1	2:32.75 110% PB
	100 Backstroke		1:13.00 88%			

Alexander Logi Jónsson	17/11/2004	171104-3270					
50 Freestyle		41.67	94%	100 Breaststroke	4	1:38.74	PB
50 Freestyle	30	39.55	104% PB	50 Butterfly		43.33	122% PB
100 Freestyle	11	1:25.92	121% PB	50 Butterfly	16	40.94	136% PB
50 Backstroke	15	43.45	120% PB	100 Butterfly	1	1:33.13	112% PB
50 Breaststroke		47.14	PB	100 Medley	8	1:30.80	PB
50 Breaststroke	14	45.38	PB				
Nikolai Leo Jónsson	22/07/2008	220708-3730					
50 Freestyle		53.81	150% PB	200 Freestyle	17	4:13.84	PB
50 Freestyle		54.18	147% PB	50 Backstroke	29	54.17	149% PB
50 Freestyle	51	54.00	148% PB	50 Breaststroke	33	1:02.72	118% PB
100 Freestyle	19	1:56.83	146% PB	50 Butterfly	37	1:11.30	PB
100 Freestyle		2:00.72	136% PB	100 Medley	10	2:08.94	110% PB
Denas Kazulis	13/01/2008	130108-2880					
50 Freestyle		39.01	93%	50 Backstroke	16	43.78	110% PB
50 Freestyle		37.68	100%	50 Breaststroke		50.79	99%
50 Freestyle	21	35.87	110% PB	50 Breaststroke	16	49.40	104% PB
100 Freestyle	6	1:21.95	105% PB	100 Breaststroke	2	1:44.91	103% PB
100 Freestyle		1:23.38	101% PB	50 Butterfly	22	45.44	109% PB
200 Freestyle	6	2:59.75	96%	100 Medley	2	1:32.27	96%
Árni Þór Pálmason	06/04/2009	060409-3150					
50 Freestyle		58.02	97%	200 Freestyle	18	4:22.40	PB
50 Freestyle	53	57.09	100% PB	50 Backstroke	41	1:08.34	102% PB
100 Freestyle		2:06.00	104% PB	50 Breaststroke	42	1:13.39	160% PB
Guðmundur Leo Rafnsson	16/08/2006	160806-3540					
50 Freestyle	RL	35.73	108% PB	50 Butterfly		45.65	99%
50 Freestyle		39.02	90%	50 Butterfly		42.72	113% PB
50 Freestyle	23	36.28	105% PB	50 Butterfly	18	42.49	114% PB
100 Freestyle	5	1:21.76	103% PB	100 Butterfly	2	1:39.17	126% PB
50 Backstroke	14	42.86	99%	100 Medley	3	1:32.68	113% PB
50 Breaststroke	17	50.36	117% PB	200 Medley	3	3:22.81	97%
Bjarni Ívar Ragnarsson	13/05/2008	130508-2350					
50 Freestyle		43.60	95%	50 Breaststroke	23	55.36	110% PB
50 Freestyle	37	42.17	102% PB	50 Butterfly		50.83	104% PB
100 Freestyle	9	1:34.29	104% PB	50 Butterfly	24	49.62	109% PB
100 Freestyle		1:34.43	104% PB	100 Medley	5	1:43.56	109% PB
200 Freestyle	7	3:17.08	111% PB	200 Medley	5	3:39.42	PB
50 Backstroke	19	47.84	108% PB				
Jakob Ingi Reynisson	23/02/2006	230206-2440					
50 Freestyle		39.48	135% PB	50 Breaststroke		56.74	107% PB
50 Freestyle		41.20	124% PB	50 Breaststroke		58.64	100% PB
50 Freestyle	29	39.18	137% PB	50 Breaststroke	22	55.29	113% PB
100 Freestyle	7	1:23.64	143% PB	100 Breaststroke	3	2:00.15	96%
100 Freestyle		1:27.26	131% PB	100 Breaststroke		2:03.58	91%
200 Freestyle	4	2:55.12	158% PB	200 Breaststroke	4	4:12.71	101% PB
50 Backstroke	18	46.49	157% PB	50 Butterfly	27	53.54	194% PB
Daniel Patrick Riley	20/07/2003	200703-2780					
50 Freestyle		33.20	95%	100 Backstroke		1:27.23	108% PB
50 Freestyle	14	31.73	104% PB	100 Backstroke	2	1:25.40	113% PB
100 Freestyle		1:10.42	92%	200 Backstroke	3	3:00.16	152% PB
200 Freestyle	4	2:26.90	106% PB	50 Breaststroke	7	38.10	106% PB
50 Backstroke		41.73	121% PB	50 Butterfly		33.29	99%
50 Backstroke		42.09	119% PB	50 Butterfly	8	33.56	97%
50 Backstroke	9	38.37	143% PB	200 Medley	3	2:40.84	119% PB
Kári Siguringason	12/11/2008	121108-2910					
50 Freestyle		47.71	93%	50 Backstroke	25	51.76	112% PB
50 Freestyle		47.93	92%	50 Breaststroke		1:03.02	101% PB
50 Freestyle	40	45.01	104% PB	50 Breaststroke	30	1:00.19	111% PB
100 Freestyle	12	1:40.87	104% PB	100 Breaststroke	6	2:15.86	PB
100 Freestyle		1:44.59	97%	50 Butterfly	32	59.15	116% PB
200 Freestyle	10	3:38.42	102% PB	100 Medley	7	1:53.27	107% PB

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Baltasar Óðinn Sigurmundarson	16/09/2007	160907-2820					
50 Freestyle		54.08	100% PB	50 Backstroke	33	59.69	120% PB
50 Freestyle		53.04	104% PB	50 Breaststroke		1:05.37	113% PB
50 Freestyle	50	52.82	105% PB	50 Breaststroke	39	1:08.84	102% PB
100 Freestyle	16	1:52.01	115% PB	100 Breaststroke	7	2:18.92	113% PB
100 Freestyle		1:59.16	101% PB	50 Butterfly	36	1:08.21	95%
200 Freestyle	16	4:11.06	110% PB	100 Medley	11	2:13.21	100%
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Sigmundur Þór Sigurmundarson	30/08/2005	300805-2050					
50 Freestyle		46.46	102% PB	50 Breaststroke		1:03.30	105% PB
50 Freestyle		45.19	108% PB	50 Breaststroke		1:05.50	99%
50 Freestyle	36	42.13	124% PB	50 Breaststroke	31	1:01.46	112% PB
100 Freestyle	11	1:38.93	107% PB	100 Breaststroke	5	2:13.94	101% PB
100 Freestyle		1:38.79	108% PB	100 Breaststroke		2:18.96	94%
200 Freestyle	9	3:27.56	106% PB	200 Breaststroke	5	4:36.65	107% PB
50 Backstroke	28	54.16	118% PB				
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Gabriel Þór Sigurmundsson	22/06/2003	220603-2370					
50 Freestyle		36.02	107% PB	50 Backstroke	12	40.57	118% PB
50 Freestyle		35.40	111% PB	50 Breaststroke	15	47.07	111% PB
50 Freestyle	19	34.67	115% PB	50 Butterfly		42.84	PB
100 Freestyle	9	1:13.79	112% PB	50 Butterfly	15	40.86	PB
100 Freestyle		1:14.86	108% PB	100 Medley	7	1:26.60	155% PB
200 Freestyle	9	2:39.90	101% PB	200 Medley	6	3:02.66	155% PB
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Matthías Sigurþórsson	22/11/2008	221108-2990					
50 Freestyle	56	57.97	102% PB	100 Freestyle		2:16.63	91%
50 Freestyle		1:00.31	95%	200 Freestyle	20	4:44.10	PB
100 Freestyle	23	2:15.77	92%	50 Backstroke	36	1:01.27	127% PB
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Gísli Kristján Traustason	26/07/2009	260709-2160					
50 Freestyle		1:03.92	75%	50 Backstroke		1:17.31	82%
50 Freestyle		1:01.40	81%	50 Backstroke	40	1:03.63	121% PB
50 Freestyle	54	57.17	94%	100 Backstroke	5	2:36.74	82%
100 Freestyle		2:15.42	83%	50 Breaststroke	34	1:03.28	112% PB
100 Freestyle	21	2:08.31	92%	100 Medley	12	2:22.25	96%
200 Freestyle	19	4:39.52	PB				

Total 255 individual results, average performance: 107.5%

0 new record(s), 182 new personal best(s)

Biggest improvement: Jakob Ingi Reynisson, 50 Butterfly 53.54

Results summary

Women, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
Salvör Adolfsdóttir	15/10/2008		151008-2080			
	50 Freestyle		1:17.25 94%	50 Backstroke	49	1:16.72 77%
	50 Freestyle	65	1:13.01 105% PB	100 Backstroke	13	2:52.16 67%
	100 Freestyle	28	2:49.52 90%	50 Breaststroke	52	1:25.07 104% PB
	50 Backstroke		1:19.87 71%			
Rebekka Marín Arngæisdóttir	22/09/2005		220905-2840			
	50 Freestyle		36.49 103% PB	50 Breaststroke		45.29 97%
	50 Freestyle		37.79 96%	50 Breaststroke		47.55 88%
	50 Freestyle	22	35.61 108% PB	50 Breaststroke	14	43.78 104% PB
	100 Freestyle	2	1:16.52 102% PB	100 Breaststroke	3	1:35.70 96%
	100 Freestyle		1:20.59 92%	100 Breaststroke		1:40.79 87%
	200 Freestyle	4	2:43.89 103% PB	200 Breaststroke	3	3:27.04 98%
	50 Backstroke	16	40.19 103% PB	50 Butterfly	16	40.83 92%
Pórey Una Arnlaugsdóttir	11/09/2006		110906-4040			
	50 Freestyle	29	37.37 106% PB	50 Butterfly		46.35 95%
	50 Backstroke		43.67 101% PB	50 Butterfly		44.14 105% PB
	50 Backstroke	17	40.27 119% PB	50 Butterfly	17	42.53 113% PB
	100 Backstroke		1:31.54 101% PB	100 Butterfly	1	1:36.19 110% PB
	200 Backstroke	2	3:03.34 105% PB	200 Medley	5	3:16.14 100%
Elísabet Arnoddsdóttir	12/02/2009		120209-2990			
	50 Freestyle		55.07 78%	50 Backstroke	40	56.96 156% PB
	50 Freestyle		52.26 87%	50 Breaststroke		1:05.68 124% PB
	50 Freestyle	58	54.81 79%	50 Breaststroke	48	1:07.36 118% PB
	100 Freestyle	21	2:02.15 96%	100 Breaststroke	15	2:22.38 121% PB
	100 Freestyle		1:53.40 111% PB	50 Butterfly	36	1:04.19 PB
	200 Freestyle	19	4:10.07 105% PB	100 Medley	16	2:17.81 93%
Sunneva Bergmann Ásbjörnsdóttir	13/01/2007		130107-3030			
	50 Freestyle		45.56 84%	50 Breaststroke		53.77 102% PB
	50 Freestyle		43.63 91%	50 Breaststroke		55.66 95%
	50 Freestyle	41	41.12 103% PB	50 Breaststroke	32	52.74 106% PB
	100 Freestyle	12	1:34.84 88%	100 Breaststroke	6	1:51.97 105% PB
	100 Freestyle		1:33.87 90%	100 Breaststroke		1:56.07 98%
	200 Freestyle	10	3:14.79 95%	200 Breaststroke	6	3:56.78 100%
	50 Backstroke	30	48.40 110% PB	50 Butterfly	28	51.58 113% PB
Katla María Brynjarsdóttir	15/04/2007		150407-2650			
	50 Freestyle		38.46 90%	200 Backstroke	4	3:10.24 115% PB
	50 Freestyle	28	36.97 97%	50 Breaststroke	28	50.46 128% PB
	100 Freestyle		1:22.66 96%	50 Butterfly		49.18 98%
	200 Freestyle	7	2:51.79 105% PB	50 Butterfly	23	45.79 113% PB
	50 Backstroke		44.30 98%	100 Medley	6	1:32.45 100% PB
	50 Backstroke	20	42.31 107% PB	200 Medley	6	3:26.83 99%
	100 Backstroke		1:33.86 93%			
Natalía Dögg Brynjarsdóttir	13/12/2007		131207-3280			
	50 Freestyle	40	40.77 115% PB	50 Breaststroke	33	52.89 108% PB
	50 Backstroke		53.10 90%	50 Butterfly		53.03 106% PB
	50 Backstroke		49.79 102% PB	50 Butterfly		53.89 103% PB
	50 Backstroke	31	48.53 108% PB	50 Butterfly	32	54.22 102% PB
	100 Backstroke		1:49.02 99%	100 Butterfly	4	1:56.63 111% PB
	100 Backstroke	4	1:40.63 116% PB	200 Medley	7	3:31.98 106% PB
	200 Backstroke	8	3:35.89 99%			
Sandra Mjöll Brynjarsdóttir	28/12/2010		281210-2540			
	50 Freestyle		1:20.53 156% PB	100 Backstroke	14	3:08.50 PB
	50 Freestyle	68	1:21.68 151% PB	50 Breaststroke		1:41.79 PB
	100 Freestyle	29	2:49.63 PB	50 Breaststroke	53	1:52.94 PB
	50 Backstroke		1:31.67 112% PB	100 Breaststroke	18	3:30.38 PB
	50 Backstroke	51	1:45.29 85%			
Adriana Agnes Derti	26/09/2010		260910-3370			
	50 Freestyle		1:09.96 PB	100 Freestyle	27	2:36.35 PB
	50 Freestyle	67	1:17.03 PB	50 Backstroke	50	1:23.33 PB

Jóhanna Arna Gunnarsdóttir	02/03/2006	020306-2620					
50 Freestyle		38.43	97%	50 Backstroke	13	39.08	113% PB
50 Freestyle		38.62	96%	50 Breaststroke	24	48.17	103% PB
50 Freestyle	23	35.84	112% PB	50 Butterfly		44.56	85%
100 Freestyle	3	1:19.85	100% PB	50 Butterfly	18	42.73	92%
100 Freestyle		1:20.92	98%	100 Medley	2	1:27.67	98%
200 Freestyle	5	2:43.96	100% PB	200 Medley	2	3:06.43	127% PB
Kara Sól Gunnlaugsdóttir	14/10/2005	141005-2510					
50 Freestyle		48.46	87%	50 Backstroke	33	52.23	115% PB
50 Freestyle		51.97	76%	50 Breaststroke	41	57.55	104% PB
50 Freestyle	53	46.83	94%	50 Butterfly		54.34	124% PB
100 Freestyle	17	1:40.39	117% PB	50 Butterfly	34	56.50	115% PB
100 Freestyle		1:53.77	91%	200 Medley	11	4:04.20	161% PB
200 Freestyle	17	3:52.10	92%				
Stefanía Ósk Halldórsdóttir	18/11/2006	181106-2710					
50 Backstroke		46.96	86%	50 Breaststroke		47.01	86%
100 Backstroke		1:36.95	86%	100 Breaststroke	1	1:33.97	95%
200 Backstroke	5	3:18.99	114% PB	100 Breaststroke		1:37.65	88%
50 Breaststroke		44.68	96%	200 Breaststroke	2	3:21.71	101% PB
Ástrós Lovísa Hauksdóttir	07/10/2008	071008-2230					
50 Freestyle		1:00.10	77%	200 Freestyle	21	4:32.90	87%
50 Freestyle		56.29	88%	50 Backstroke	37	53.45	115% PB
50 Freestyle	59	54.99	92%	50 Breaststroke	51	1:15.60	91%
100 Freestyle	26	2:11.69	84%	50 Butterfly	35	1:04.18	124% PB
100 Freestyle		2:08.76	88%				
Jóhanna Bára Holm	03/03/2007	030307-3130					
50 Freestyle		58.48	78%	50 Backstroke		1:15.54	72%
50 Freestyle		53.49	93%	50 Backstroke		1:06.87	91%
50 Freestyle	57	54.39	90%	50 Backstroke	46	1:06.64	92%
100 Freestyle	23	2:04.04	79%	100 Backstroke		2:30.52	75%
100 Freestyle		1:58.99	86%	100 Backstroke	12	2:20.44	87%
200 Freestyle	20	4:12.27	106% PB	200 Backstroke	9	4:57.87	99%
Elísabet Jóhannesdóttir	12/12/2006	121206-3070					
50 Freestyle		36.38	107% PB	50 Breaststroke	21	45.96	111% PB
50 Freestyle	19	34.43	119% PB	50 Butterfly		40.46	94%
100 Freestyle		1:17.28	105% PB	50 Butterfly	14	38.60	104% PB
200 Freestyle	3	2:40.45	111% PB	100 Medley	1	1:23.03	104% PB
50 Backstroke	14	39.33	101% PB	200 Medley	1	2:56.29	102% PB
Rebekka Rós Magnadóttir	26/05/2007	260507-2650					
50 Freestyle		41.90	107% PB	50 Butterfly		46.67	94%
50 Freestyle	37	40.26	115% PB	50 Butterfly	21	45.19	100% PB
100 Freestyle	5	1:26.96	117% PB	100 Butterfly	3	1:46.99	89%
50 Backstroke	22	44.98	134% PB	100 Medley	10	1:42.24	115% PB
50 Breaststroke	42	59.51	146% PB	200 Medley	9	3:36.51	189% PB
50 Butterfly		47.72	90%				
Jana Guðlaug Ómarsdóttir	04/08/2007	040807-2760					
50 Freestyle		48.99	96%	50 Backstroke	29	48.35	119% PB
50 Freestyle		49.34	95%	50 Breaststroke		1:03.12	102% PB
50 Freestyle	47	43.57	122% PB	50 Breaststroke	40	57.23	123% PB
100 Freestyle	19	1:44.85	107% PB	100 Breaststroke	14	2:08.77	109% PB
100 Freestyle		1:46.12	104% PB	50 Butterfly	29	52.06	120% PB
200 Freestyle	16	3:44.51	106% PB	100 Medley	15	1:51.63	116% PB
Agnes Jóna Pálmadóttir	04/04/2008	040408-3980					
50 Freestyle		56.01	106% PB	50 Backstroke	48	1:08.68	109% PB
50 Freestyle		57.51	101% PB	50 Breaststroke		1:17.24	107% PB
50 Freestyle	63	56.59	104% PB	100 Breaststroke	17	2:42.98	132% PB
100 Freestyle	22	2:02.77	108% PB	50 Butterfly	37	1:17.79	112% PB
100 Freestyle		2:07.35	100% PB	100 Medley	19	2:27.93	109% PB
200 Freestyle	23	4:59.48	95%				
Gabija Marija Savickaitė	21/05/2008	210508-3250					
50 Freestyle		57.75	114% PB	50 Backstroke	42	58.56	136% PB
50 Freestyle		56.43	119% PB	50 Breaststroke		1:08.85	100% PB
50 Freestyle	60	55.59	123% PB	50 Breaststroke	47	1:05.82	110% PB
100 Freestyle	24	2:05.51	124% PB	100 Breaststroke	16	2:23.31	108% PB
100 Freestyle		2:06.23	122% PB	100 Medley	18	2:19.42	113% PB
200 Freestyle	22	4:38.09	PB				

Athena Líf Þrastardóttir		24/07/2007	240707-2410				
50 Freestyle			36.72	102% PB	200 Backstroke	3	3:08.41 99%
50 Freestyle	24		35.88	107% PB	50 Breaststroke	26	49.84 117% PB
100 Freestyle			1:19.25	96%	50 Butterfly		43.77 99%
200 Freestyle	6		2:46.46	108% PB	50 Butterfly	15	40.64 114% PB
50 Backstroke			44.02	97%	100 Medley	3	1:28.78 106% PB
50 Backstroke	19		40.75	114% PB	200 Medley	3	3:07.01 131% PB
100 Backstroke			1:32.87	92%			
Fjóla Margrét Viðarsdóttir		16/01/2007	160107-3910				
50 Freestyle			48.30	83%	100 Breaststroke	13	2:07.00 98%
50 Freestyle	49		43.75	101% PB	50 Butterfly		55.55 99%
100 Freestyle	16		1:39.68	94%	50 Butterfly	33	55.48 99%
50 Backstroke	35		53.20	110% PB	100 Butterfly	5	2:02.79 PB
50 Breaststroke			1:01.26	95%	100 Medley	14	1:49.45 102% PB
50 Breaststroke	45		1:01.02	96%			

Total 227 individual results, average performance: 103.1%

0 new record(s), 134 new personal best(s)

Biggest improvement: Rebekka Rós Magnadóttir, 200 Medley 3:36.51