

Results summary

Men, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.	
Sigmar Snær Ágústsson	09/08/2009		090809-3180				
	50 Freestyle		3:52.57 17%	100 Freestyle	23	3:52.57	PB
Arnar Milos Arnbjörnsson	26/01/2008		260108-2390				
	50 Freestyle		43.24 99%	200 Backstroke	4	3:32.70	117% PB
	50 Freestyle		46.97 84%	50 Breaststroke		58.00	108% PB
	100 Freestyle	3	1:27.57 118% PB	100 Breaststroke	4	2:01.00	114% PB
	100 Freestyle		1:37.51 95%	50 Butterfly		56.05	103% PB
	200 Freestyle	2	3:12.94 105% PB	100 Medley	5	1:45.37	119% PB
	50 Backstroke		49.69 103% PB	200 Medley	1	3:44.44	PB
	100 Backstroke		1:43.44 142% PB				
Egill Orri Baldursson	12/08/2009		120809-3930				
	50 Freestyle		54.11 106% PB	50 Backstroke		1:02.46	90%
	50 Freestyle		50.83 120% PB	50 Backstroke		1:00.93	95%
	100 Freestyle	12	1:55.70 138% PB	100 Backstroke	6	2:05.15	PB
	200 Freestyle	11	4:06.69 PB	200 Backstroke	10	4:21.48	PB
Gabriel Ingi Derti	23/11/2008		231108-3860				
	50 Freestyle		44.63 91%	200 Freestyle	3	3:15.18	115% PB
	50 Freestyle		51.61 68%	400 Freestyle	1	7:20.60	PB
	50 Freestyle		40.95 109% PB	50 Backstroke		57.34	85%
	100 Freestyle	5	1:34.64 112% PB	100 Backstroke		1:56.88	106% PB
	100 Freestyle		1:48.27 86%	200 Backstroke	5	3:55.36	133% PB
	100 Freestyle		1:32.36 118% PB	50 Butterfly		54.74	109% PB
	200 Freestyle		3:40.02 90%	100 Butterfly	3	1:54.27	PB
Ómar Magni Egilsson	26/11/2006		261106-2640				
	50 Backstroke		1:33.69 21%	100 Breaststroke		1:50.82	101% PB
	50 Backstroke		45.70 90%	200 Breaststroke	3	3:47.77	102% PB
	100 Backstroke	7	1:35.68 96%	50 Butterfly		48.64	94%
	200 Backstroke	4	3:11.84 112% PB	200 Medley	5	3:32.97	97%
	50 Breaststroke		50.77 103% PB				
Bergur Snær Einarsson	29/12/2008		291208-2230				
	50 Freestyle		51.73 94%	100 Backstroke		1:59.61	168% PB
	50 Freestyle		52.32 91%	200 Backstroke	9	4:03.73	PB
	100 Freestyle	11	1:50.87 91%	50 Breaststroke		1:08.41	106% PB
	100 Freestyle		1:50.02 93%	100 Breaststroke	8	2:17.98	119% PB
	200 Freestyle	9	3:49.72 93%	100 Medley	10	1:59.45	132% PB
	50 Backstroke		57.99 107% PB	200 Medley	7	4:13.36	129% PB
Daði Rafn Fálsson	10/09/2008		100908-4090				
	50 Freestyle		40.07 98%	200 Backstroke	3	3:22.36	PB
	100 Freestyle	1	1:22.96 117% PB	50 Butterfly		53.12	93%
	50 Backstroke		47.73 95%	100 Butterfly	4	1:54.32	PB
	100 Backstroke	3	1:35.40 109% PB	100 Medley	3	1:36.15	110% PB
Elmar Hrafn Gestsson	25/09/2008		250908-2290				
	50 Freestyle		52.20 118% PB	200 Breaststroke	3	4:04.99	152% PB
	100 Freestyle	10	1:45.80 151% PB	50 Butterfly		1:06.47	128% PB
	200 Freestyle	10	3:51.84 PB	200 Medley	5	4:07.45	PB
	50 Breaststroke		58.16 123% PB				
Alexander Grétar Grétarsson	09/05/2008		090508-4150				
	50 Freestyle		49.58 97%	200 Backstroke	8	4:03.14	PB
	50 Freestyle		46.96 108% PB	50 Breaststroke		1:01.18	107% PB
	100 Freestyle	9	1:43.78 112% PB	100 Breaststroke	5	2:08.62	111% PB
	200 Freestyle	7	3:33.86 111% PB	50 Butterfly		1:06.21	132% PB
	50 Backstroke		57.80 104% PB	100 Medley	9	1:54.83	116% PB
	100 Backstroke		2:00.92 113% PB	200 Medley	6	4:09.40	123% PB
Helgi Matthías Guðjónsson	25/09/2008		2509083770				
	50 Freestyle		1:04.75 113% PB	50 Backstroke		1:04.68	151% PB
	50 Freestyle		1:06.32 108% PB	100 Backstroke	8	2:14.46	PB
	100 Freestyle	17	2:25.05 PB	50 Breaststroke		1:18.84	97%
	100 Freestyle		2:25.90 PB	100 Breaststroke	11	2:45.78	PB
	200 Freestyle	12	5:09.20 PB				

Aron Logi Halldórsson	20/04/2010		200410-3510					
	50 Freestyle		55.92	232% PB	100 Backstroke	9	2:17.11	168% PB
	100 Freestyle	13	2:01.62	257% PB	50 Breaststroke		1:13.01	267% PB
	50 Backstroke		1:02.72	164% PB	100 Breaststroke	9	2:36.23	PB
Kristinn Arnar Jónsson	05/06/2007		050607-4370					
	50 Freestyle		1:01.10	PB	50 Breaststroke		1:30.18	PB
	100 Freestyle	26	2:12.36	PB	100 Breaststroke	18	3:21.17	PB
	50 Backstroke		1:06.15	PB	100 Medley	21	2:37.47	PB
100 Backstroke	18	2:23.33	PB					
Nikolai Leo Jónsson	22/07/2008		220708-3730					
	50 Freestyle		48.15	98%	100 Backstroke		1:55.99	138% PB
	50 Freestyle		47.06	103% PB	200 Backstroke	7	3:57.70	PB
	100 Freestyle	7	1:38.31	141% PB	50 Breaststroke		57.61	119% PB
	100 Freestyle		1:39.99	137% PB	100 Breaststroke	3	1:57.56	176% PB
	200 Freestyle	5	3:31.02	145% PB	100 Medley	6	1:47.25	145% PB
50 Backstroke		55.87	93%	200 Medley	2	3:55.36	PB	
Denas Kazulis	13/01/2008		130108-2880					
	50 Freestyle		36.93	90%	200 Backstroke	1	3:07.50	107% PB
	100 Freestyle		1:18.03	103% PB	50 Breaststroke		48.23	95%
	200 Freestyle	1	2:41.10	114% PB	100 Breaststroke		1:41.25	98%
	50 Backstroke		44.78	95%	200 Breaststroke	1	3:28.34	103% PB
	50 Backstroke		43.82	99%	50 Butterfly		43.14	96%
	100 Backstroke		1:33.15	103% PB	100 Butterfly	1	1:33.00	99%
	100 Backstroke	1	1:28.37	114% PB	100 Medley	1	1:26.51	109% PB
Marko Medic	17/07/2009		170709-2410					
	50 Freestyle		1:16.85	PB	100 Freestyle	20	2:48.82	PB
Árni Þór Pálmason	06/04/2009		060409-3150					
	50 Freestyle		44.73	114% PB	100 Backstroke		1:55.32	149% PB
	50 Freestyle		45.23	112% PB	200 Backstroke	6	3:56.84	PB
	100 Freestyle	6	1:36.93	169% PB	50 Breaststroke		1:01.72	114% PB
	100 Freestyle		1:43.16	149% PB	100 Breaststroke	6	2:11.85	PB
	200 Freestyle	8	3:38.33	144% PB	50 Butterfly		1:01.23	103% PB
50 Backstroke		55.34	111% PB	200 Medley	4	4:05.59	PB	
Kacper Paulukanis	09/11/2008		091108-2320					
	50 Freestyle		56.19	113% PB	100 Backstroke	7	2:05.33	PB
100 Freestyle	16	2:10.60	155% PB					
Guðmundur Leo Rafnsson	16/08/2006		160806-3540					
	50 Backstroke		43.20	97%	50 Breaststroke		50.84	98%
	50 Backstroke		40.99	107% PB	100 Breaststroke		1:48.82	97%
	100 Backstroke		1:28.32	97%	200 Breaststroke	1	3:42.40	115% PB
	100 Backstroke	2	1:23.83	107% PB	100 Butterfly	4	1:37.30	104% PB
200 Backstroke	2	2:53.79	121% PB					
Bjarni Ívar Ragnarsson	13/05/2008		130508-2350					
	50 Freestyle		40.31	91%	200 Backstroke	2	3:19.26	121% PB
	100 Freestyle	2	1:22.99	109% PB	50 Breaststroke		53.48	94%
	50 Backstroke		48.94	94%	100 Breaststroke	1	1:53.10	99%
	50 Backstroke		46.02	107% PB	50 Butterfly		50.74	89%
	100 Backstroke		1:40.97	101% PB	100 Butterfly	2	1:46.72	129% PB
100 Backstroke	2	1:34.40	116% PB	100 Medley	2	1:35.58	103% PB	
Jakob Ingi Reynisson	23/02/2006		230206-2440					
	50 Freestyle		40.12	95%	100 Backstroke	4	1:28.47	116% PB
	100 Freestyle		1:24.51	90%	50 Butterfly		46.22	119% PB
	200 Freestyle		2:56.42	93%	100 Medley	4	1:32.61	108% PB
	400 Freestyle	3	5:53.13	116% PB	200 Medley	3	3:21.00	106% PB
50 Backstroke		43.01	104% PB					
Darius Cosmin Sgubea	07/05/2009		070509-4580					
	50 Freestyle		1:25.10	PB	50 Backstroke		1:40.75	PB
100 Freestyle	22	3:12.52	PB	100 Backstroke	13	3:25.39	PB	

Kári Siguringason		12/11/2008	121108-2910				
50 Freestyle		46.23	95%	100 Backstroke	5	1:51.13	124% PB
50 Freestyle		48.43	86%	50 Breaststroke		1:05.80	84%
100 Freestyle	8	1:39.68	102% PB	100 Breaststroke	7	2:14.61	102% PB
100 Freestyle		1:44.42	93%	50 Butterfly		57.95	104% PB
200 Freestyle	6	3:33.12	105% PB	100 Medley	8	1:50.68	105% PB
50 Backstroke		54.40	91%	200 Medley	3	4:02.72	PB
Baltasar Óðinn Sigurmundarson		16/09/2007	160907-2820				
50 Freestyle		45.06	84%	200 Freestyle	9	3:23.50	81%
50 Freestyle		51.57	64%	400 Freestyle	8	7:18.21	PB
50 Freestyle		46.47	79%	50 Breaststroke		1:02.51	87%
100 Freestyle	13	1:36.29	86%	100 Breaststroke	11	2:09.13	82%
100 Freestyle		1:45.67	72%	50 Butterfly		56.82	102% PB
100 Freestyle		1:39.42	81%	100 Butterfly	7	2:02.40	128% PB
200 Freestyle		3:37.93	71%	100 Medley	14	1:51.58	92%

Total 210 individual results, average performance: 108.2%

0 new record(s), 147 new personal best(s)

Biggest improvement: Aron Logi Halldórsson, 50 Breaststroke 1:13.01

Results summary

Women, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
Elíja Apanskaite	23/04/2009		230409-2500			
	50 Freestyle		1:13.96	103% PB	50 Backstroke	1:17.34 99%
	100 Freestyle	42	2:52.07	PB	100 Backstroke	22 2:43.32 PB
Signý Hólm Missen Arnarsdóttir	20/04/2011		200411-2180			
	100 Medley	22	2:50.84	PB		
Þórey Una Arnlaugsdóttir	11/09/2006		110906-4040			
	50 Freestyle		37.39	95%	50 Breaststroke	47.01 114% PB
	100 Freestyle		1:19.25	97%	100 Breaststroke	1:38.20 108% PB
	200 Freestyle	6	2:40.58	104% PB	200 Breaststroke	2 3:21.17 114% PB
	50 Backstroke		42.06	92%	50 Butterfly	41.33 103% PB
	100 Backstroke		1:27.05	104% PB	100 Butterfly	6 1:30.70 112% PB
	200 Backstroke	1	2:54.07	111% PB		
Elísabet Arnoddsdóttir	12/02/2009		120209-2990			
	50 Freestyle		46.02	91%	50 Backstroke	48.50 128% PB
	50 Freestyle		45.75	92%	100 Backstroke	1:44.59 165% PB
	100 Freestyle	5	1:38.91	131% PB	200 Backstroke	3 3:36.10 PB
	100 Freestyle		1:38.22	133% PB	50 Breaststroke	57.34 114% PB
	200 Freestyle	4	3:24.11	150% PB	100 Breaststroke	3 1:58.39 125% PB
Sunneva Bergmann Ásbjörnsdóttir	13/01/2007		130107-3030			
	50 Freestyle		41.02	92%	50 Breaststroke	50.43 95%
	100 Freestyle		1:27.02	92%	100 Breaststroke	1:48.31 93%
	200 Freestyle	14	2:58.19	97%	200 Breaststroke	9 3:45.82 110% PB
	50 Backstroke		49.55	93%	50 Butterfly	49.84 94%
	100 Backstroke		1:41.79	94%	100 Butterfly	14 1:48.75 122% PB
	200 Backstroke	9	3:24.48	109% PB		
Salma Mariam Awal	07/01/2010		070110-3770			
	100 Freestyle	40	2:37.62	PB	100 Breaststroke	31 3:16.77 PB
	50 Breaststroke		1:33.97	PB		
Freydís Lilja Bergþórsdóttir	30/07/2009		300709-2140			
	50 Freestyle		47.85	118% PB	100 Backstroke	2:00.76 189% PB
	50 Freestyle		47.23	121% PB	200 Backstroke	6 4:01.95 PB
	100 Freestyle	12	1:44.90	225% PB	50 Breaststroke	1:05.51 124% PB
	100 Freestyle		1:45.61	222% PB	100 Breaststroke	17 2:16.35 PB
	200 Freestyle	12	3:41.51	PB	100 Medley	10 1:53.50 140% PB
	50 Backstroke		57.56	112% PB	200 Medley	2 4:07.71 PB
Birta Mjöll Böðvarsdóttir	10/02/2009		100209-2250			
	100 Freestyle	33	2:22.39	172% PB	200 Freestyle	19 5:30.21 PB
Katla María Brynjarsdóttir	15/04/2007		150407-2650			
	50 Freestyle		36.13	100% PB	100 Freestyle	1:17.86 101% PB
	50 Freestyle		35.82	102% PB	200 Freestyle	2:36.97 108% PB
	50 Freestyle		36.61	98%	200 Freestyle	7 2:40.80 103% PB
	100 Freestyle	3	1:15.20	108% PB	400 Freestyle	3 5:22.02 111% PB
	100 Freestyle		1:15.33	107% PB	100 Medley	7 1:27.32 105% PB
Natalía Dögg Brynjarsdóttir	13/12/2007		131207-3280			
	50 Backstroke		47.12	99%	200 Backstroke	5 3:11.96 125% PB
	50 Backstroke		44.32	112% PB	50 Butterfly	45.37 108% PB
	100 Backstroke		1:36.32	109% PB	100 Butterfly	8 1:34.34 153% PB
	100 Backstroke	6	1:30.04	125% PB	100 Medley	11 1:30.02 111% PB
Sandra Mjöll Brynjarsdóttir	28/12/2010		281210-2540			
	50 Freestyle		1:11.07	79%	100 Backstroke	23 2:48.34 125% PB
	100 Freestyle	35	2:25.34	113% PB	50 Breaststroke	1:27.37 107% PB
	200 Freestyle	18	5:09.43	PB	100 Breaststroke	29 3:05.85 102% PB
	50 Backstroke		1:22.77	107% PB	100 Medley	21 2:38.10 121% PB

Adriana Agnes Derti	26/09/2010		260910-3370					
	50 Freestyle		48.46	122% PB	50 Backstroke		1:00.34	107% PB
	50 Freestyle		47.20	129% PB	100 Backstroke		2:11.11	141% PB
	100 Freestyle	13	1:45.05	122% PB	100 Backstroke	13	2:09.20	145% PB
	100 Freestyle		1:46.49	119% PB	200 Backstroke	10	4:28.20	PB
	200 Freestyle	15	3:49.69	PB	100 Medley	15	2:03.36	139% PB
50 Backstroke		1:02.47	100%					
Birgitta Eva Gísladóttir	13/01/2009		130109-2250					
	50 Freestyle		1:09.30	108% PB	100 Freestyle	37	2:27.31	PB
	50 Freestyle		1:02.08	135% PB	200 Freestyle	14	3:44.28	PB
Birgitta Líf Gísladóttir	23/09/2008		230908-2220					
	50 Freestyle		1:13.72	170% PB	50 Backstroke		1:15.58	165% PB
	100 Freestyle	41	2:42.96	PB	100 Backstroke	21	2:42.50	PB
Jóhanna Arna Gunnarsdóttir	02/03/2006		020306-2620					
	100 Freestyle		1:19.31	91%	100 Breaststroke		1:39.86	96%
	400 Freestyle	6	5:31.82	109% PB	200 Breaststroke	3	3:23.58	109% PB
	50 Backstroke		39.84	96%	50 Butterfly		38.13	107% PB
	100 Backstroke	1	1:19.86	114% PB	100 Butterfly	3	1:23.35	121% PB
50 Breaststroke		46.72	100%					
Stefanía Ósk Halldórsdóttir	18/11/2006		181106-2710					
	50 Freestyle		36.25	98%	100 Breaststroke	3	1:31.49	98%
	100 Freestyle		1:16.16	97%	50 Butterfly		40.01	101% PB
	200 Freestyle	3	2:36.00	104% PB	100 Butterfly	5	1:27.21	104% PB
	50 Breaststroke		43.67	98%	100 Medley	4	1:23.29	100% PB
Ástrós Lovísa Hauksdóttir	07/10/2008		071008-2230					
	50 Freestyle		49.35	83%	200 Backstroke	4	3:57.96	129% PB
	100 Freestyle	10	1:42.89	136% PB	50 Butterfly		59.53	88%
	200 Freestyle	10	3:35.91	135% PB	100 Medley	7	1:49.00	132% PB
	100 Backstroke	6	1:51.90	122% PB	200 Medley	1	4:04.01	PB
Jóhanna Bára Holm	03/03/2007		030307-3130					
	50 Freestyle		42.52	105% PB	50 Backstroke		56.55	100% PB
	50 Freestyle		43.31	101% PB	50 Backstroke		55.73	103% PB
	100 Freestyle	20	1:30.85	109% PB	100 Backstroke		1:57.85	109% PB
	100 Freestyle		1:34.18	102% PB	100 Backstroke	18	1:54.25	116% PB
	200 Freestyle	24	3:20.28	114% PB	200 Backstroke	11	4:00.46	116% PB
Sóldís Harpa Holm	29/12/2009		291209-2890					
100 Freestyle	45	4:07.14	PB					
Áróra Elna Ingibjargardóttir	23/02/2009		230209-3750					
	50 Freestyle		1:32.64	133% PB	100 Backstroke	26	3:17.47	PB
	100 Freestyle	44	3:16.41	PB	50 Breaststroke		1:32.87	PB
	50 Backstroke		1:31.02	PB	100 Breaststroke	30	3:09.18	PB
Elísabet Jóhannesdóttir	12/12/2006		121206-3070					
	50 Freestyle		35.31	95%	200 Freestyle	2	2:32.79	104% PB
	50 Freestyle		34.86	98%	400 Freestyle	2	5:15.07	107% PB
	100 Freestyle		1:15.05	95%	50 Butterfly		36.25	113% PB
	100 Freestyle		1:13.79	98%	100 Butterfly	2	1:18.98	118% PB
	200 Freestyle		2:34.77	102% PB	100 Medley	1	1:19.83	106% PB
Steinunn Jónína Jónsdóttir	17/07/2009		170709-4030					
100 Freestyle	38	2:31.32	PB					
Þorgerður Tinna Kristinsdóttir	18/03/2009		180309-3650					
	50 Freestyle		1:03.30	113% PB	50 Backstroke		1:07.09	100%
	50 Freestyle		1:01.40	120% PB	100 Backstroke	15	2:19.55	PB
	100 Freestyle	30	2:14.50	120% PB	50 Breaststroke		1:14.77	98%
	100 Freestyle		2:16.66	117% PB	100 Breaststroke	25	2:31.68	111% PB
	200 Freestyle	17	4:41.92	PB	100 Medley	17	2:17.53	130% PB
Rebekka Rós Magnadóttir	26/05/2007		260507-2650					
	50 Freestyle		38.85	98%	200 Backstroke	8	3:16.35	116% PB
	100 Freestyle		1:23.22	101% PB	50 Butterfly		44.00	98%
	200 Freestyle	9	2:52.16	105% PB	100 Medley	16	1:34.19	118% PB
	50 Backstroke		46.72	93%	200 Medley	5	3:14.47	114% PB
	100 Backstroke		1:36.61	97%				

Viktoría Erla Magnúsdóttir	26/12/2006		261206-3230						
	50 Freestyle		52.33	90%	50 Breaststroke		56.08	111% PB	
	50 Freestyle		50.21	98%	50 Breaststroke		55.72	113% PB	
	100 Freestyle	34	1:50.17	96%	100 Breaststroke		1:59.02	105% PB	
	100 Freestyle		1:50.17	96%	100 Breaststroke	22	1:56.84	109% PB	
		200 Freestyle	32	3:50.70	116% PB	200 Breaststroke	15	4:07.42	112% PB
Nada Medaquine	22/05/2008		220508-4710						
	50 Freestyle		1:00.82	102% PB	100 Breaststroke	22	2:20.24	116% PB	
	100 Freestyle	32	2:20.48	PB	100 Medley	19	2:21.63	PB	
		100 Backstroke	17	2:25.68	PB				
Jana Guðlaug Ómarsdóttir	04/08/2007		040807-2760						
	50 Freestyle		43.32	97%	200 Freestyle		3:30.75	86%	
	50 Freestyle		48.55	77%	200 Freestyle	16	3:07.13	109% PB	
	50 Freestyle		42.47	101% PB	400 Freestyle	16	7:02.83	PB	
	100 Freestyle	19	1:30.51	102% PB	50 Butterfly		51.53	102% PB	
	100 Freestyle		1:42.11	80%	100 Medley	24	1:39.20	108% PB	
		100 Freestyle		1:31.54	100%	200 Medley	15	3:36.38	138% PB
Embla Önnudóttir	02/12/2006		021206-2880						
	50 Freestyle		41.77	109% PB	200 Freestyle	15	3:00.88	112% PB	
	50 Freestyle		44.44	96%	400 Freestyle	13	6:30.79	136% PB	
	50 Freestyle		41.89	108% PB	50 Backstroke		47.64	113% PB	
	100 Freestyle	16	1:28.81	107% PB	100 Backstroke		1:36.53	115% PB	
	100 Freestyle		1:33.76	96%	200 Backstroke	7	3:14.98	118% PB	
		100 Freestyle		1:28.84	107% PB	100 Medley	23	1:39.15	123% PB
Agnes Jóna Pálmadóttir	04/04/2008		040408-3980						
	50 Freestyle		47.82	114% PB	200 Backstroke	9	4:24.82	PB	
	50 Freestyle		48.28	112% PB	50 Breaststroke		1:05.95	128% PB	
	100 Freestyle	8	1:41.63	146% PB	100 Breaststroke	16	2:15.43	145% PB	
	100 Freestyle		1:43.72	140% PB	50 Butterfly		1:02.41	109% PB	
	200 Freestyle	9	3:35.27	184% PB	100 Medley	12	1:58.24	134% PB	
	50 Backstroke		1:02.74	113% PB	200 Medley	4	4:15.98	PB	
		100 Backstroke		2:10.35	143% PB				
Nadía Líf Pálsdóttir	06/03/2006		060306-3620						
	50 Freestyle		46.94	105% PB	100 Backstroke		1:54.88	97%	
	50 Freestyle		48.23	99%	100 Backstroke	13	1:44.05	118% PB	
	100 Freestyle	27	1:39.73	106% PB	200 Backstroke	10	3:57.66	PB	
	100 Freestyle		1:44.50	97%	50 Breaststroke		52.89	155% PB	
	200 Freestyle	28	3:39.93	116% PB	100 Breaststroke		1:55.21	141% PB	
	50 Backstroke		55.14	94%	200 Breaststroke	13	4:00.30	PB	
		50 Backstroke		50.40	113% PB				
Greta Björg Rafnsdóttir	13/12/2010		131210-2800						
	50 Freestyle		1:10.65	106% PB	50 Backstroke		1:12.46	166% PB	
		100 Freestyle	39	2:36.18	PB	100 Backstroke	20	2:31.36	PB
Embla Júlía Mjöll Robertson	16/03/2009		160309-3180						
	50 Freestyle		1:03.28	114% PB	50 Backstroke		1:23.73	147% PB	
		100 Freestyle	34	2:22.93	PB	100 Backstroke	24	2:52.52	PB
Gabija Marija Savickaitė	21/05/2008		210508-3250						
	50 Freestyle		48.13	97%	50 Breaststroke		55.17	112% PB	
	50 Freestyle		47.95	98%	100 Breaststroke	5	2:00.54	141% PB	
	100 Freestyle	11	1:43.47	147% PB	100 Medley	11	1:55.42	146% PB	
	200 Freestyle	13	3:43.19	155% PB	200 Medley	3	4:14.39	PB	
		200 Backstroke	8	4:22.56	PB				
Athena Líf Þrastardóttir	24/07/2007		240707-2410						
	50 Freestyle		37.41	86%	50 Backstroke		40.39	102% PB	
	100 Freestyle		1:20.06	88%	100 Backstroke	2	1:22.24	104% PB	
	200 Freestyle		2:48.21	95%	100 Butterfly	4	1:25.88	116% PB	
		400 Freestyle	7	5:43.54	105% PB	100 Medley	5	1:24.10	106% PB
Sylvía Rún Tryggvadóttir	15/08/2009		150809-2310						
	50 Freestyle		1:23.29	86%	100 Medley	23	2:54.41	PB	
		100 Freestyle	43	3:03.51	PB				
Fjóla Margrét Viðarsdóttir	16/01/2007		160107-3910						
	50 Backstroke		45.57	113% PB	200 Backstroke	4	3:10.06	115% PB	
	50 Backstroke		45.09	115% PB	50 Butterfly		47.54	109% PB	
	100 Backstroke		1:33.87	115% PB	100 Butterfly	13	1:44.54	138% PB	
		100 Backstroke	7	1:30.43	124% PB	100 Medley	20	1:36.13	114% PB

