
Individual Meet Results
ÍRB Lágmarkamót 2012 21-maí-12 [Ageup: 31.12.2012] SC Meters - FINA Points
Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv	
Karen Mist Arngeirsdóttir (12) W						
2:49.10S 359	F # 5	Women 200 Back	IRB	2	---	-25.50
	40.40	1:23.88 2:08.07 2:49.10				
	(40.40)	(43.48) (44.19) (41.03)				
Gunnhildur Björg Baldursdóttir (12) W						
1:16.75S 294	F # 3	Women 100 Free	IRB	8	---	-4.31
	37.79	1:16.75				
	(37.79)	(38.96)				
Pröstur Bjarnason (15) M						
58.80S 446	F # 4	Men 100 Free	IRB	4	---	-3.56
	28.36	58.80				
	(28.36)	(30.44)				
2:06.38S 486	F # 20	Men 200 Free	IRB	3	---	-2.08
	29.11	1:01.52 1:34.84 2:06.38				
	(29.11)	(32.41) (33.32) (31.54)				
Berglind Björgvinsdóttir (15) W						
2:38.68S 441	F # 9	Women 200 Fly	IRB	3	---	-7.96
	34.65	1:14.66 1:56.68 2:38.68				
	(34.65)	(40.01) (42.02) (42.00)				
1:14.34S 406	F # 21	Women 100 Fly	IRB	4	---	1.31
	35.01	1:14.34				
	(35.01)	(39.33)				
Kristbjörg Eggertsdóttir (21) W						
1:08.65S 410	F # 3	Women 100 Free	IRB	5	---	0.83
	33.25	1:08.65				
	(33.25)	(35.40)				
1:15.98S 439	F # 13	Women 100 IM	IRB	2	---	-4.35
	36.88	1:15.98				
	(36.88)	(39.10)				
Sandra Ósk Elíasdóttir (13) W						
2:50.16S 352	F # 5	Women 200 Back	IRB	3	---	-18.08
	40.45	1:23.65 2:07.44 2:50.16				
	(40.45)	(43.20) (43.79) (42.72)				
3:13.71S 335	F # 15	Women 200 Breast	IRB	2	---	-9.68
	44.42	1:34.00 2:24.18 3:13.71				
	(44.42)	(49.58) (50.18) (49.53)				
1:22.68S 298	F # 17	Women 100 Back	IRB	4	---	-0.88
	40.08	1:22.68				
	(40.08)	(42.60)				
Birta María Falsdóttir (14) W						
1:03.92S 508	F # 3	Women 100 Free	IRB	1	---	-2.42
	31.68	1:03.92				
	(31.68)	(32.24)				
2:13.66S 575	F # 19	Women 200 Free	IRB	1	---	-4.51
	31.52	1:05.30 1:39.54 2:13.66				
	(31.52)	(33.78) (34.24) (34.12)				
Guðný Birna Falsdóttir (9) W						
1:47.23S 200	F # 7	Women 100 Breast	IRB	4	---	-5.27
	52.04	1:47.23				
	(52.04)	(55.19)				

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Time	F/P/S	Event	Place	Points	Improv	
Sunneva Dögg Friðriksdóttir (13) W						
1:04.02S 506	F # 3	Women 100 Free	IRB	2	---	-3.89
	31.56	1:04.02				
	(31.56)	(32.46)				
2:17.94S 523	F # 19	Women 200 Free	IRB	2	---	-2.84
	32.56	1:07.11 1:42.83		2:17.94		
	(32.56)	(34.55) (35.72)		(35.11)		
Alexander Páll Friðriksson (16) M						
2:16.19S 473	F # 6	Men 200 Back	IRB	1	---	2.88
	31.54	1:05.26 1:41.14		2:16.19		
	(31.54)	(33.72) (35.88)		(35.05)		
1:13.79S 284	F # 22	Men 100 Fly	IRB	1	---	-2.41
	34.19	1:13.79				
	(34.19)	(39.60)				
Sigmar Marijón Friðriksson (11) M						
1:12.79S 235	F # 4	Men 100 Free	IRB	7	---	-9.91
	35.12	1:12.79				
	(35.12)	(37.67)				
Kjartan Óli Guðbjartsson (12) M						
3:43.21S 158	F # 16	Men 200 Breast	IRB	3	---	-11.29
	50.69	1:47.18 2:46.25		3:43.21		
	(50.69)	(56.49) (59.07)		(56.96)		
Hólmfríður Rún Guðmundsdóttir (16) W						
1:07.81S 426	F # 3	Women 100 Free	IRB	4	---	4.97
	32.27	1:07.81				
	(32.27)	(35.54)				
1:20.02S 376	F # 13	Women 100 IM	IRB	3	---	5.82
	36.35	1:20.02				
	(36.35)	(43.67)				
Ísól Hanna Guðmundsdóttir (11) W						
3:58.14S 130	F # 9	Women 200 Fly	IRB	5	---	---
	50.37	1:52.88 2:58.00		3:58.14		
	(50.37)	(1:02.51) (1:05.12)		(1:00.14)		
1:42.07S 158	F # 17	Women 100 Back	IRB	11	---	1.16
	49.55	1:42.07				
	(49.55)	(52.52)				
Anton Vigfús Guðmundsson (13) M						
1:10.08S 264	F # 4	Men 100 Free	IRB	6	---	-6.04
	33.84	1:10.08				
	(33.84)	(36.24)				
20:22.65S 336	F # 26	Men 1500 Free	IRB	2	---	-72.46
	37.10	1:17.89 1:58.93		2:40.27	3:21.89	4:03.82
	(37.10)	(40.79) (41.04)		(41.34)	(41.62)	(41.93)
				(42.56)	(42.56)	(41.49)
	6:09.38	6:50.70 7:32.03		8:12.93	8:54.03	9:34.92
	(41.51)	(41.32) (41.33)		(40.90)	(41.10)	(40.89)
				(40.71)	(40.71)	(40.43)
	11:36.66	12:17.46 12:58.57		13:39.21	14:20.13	15:00.85
	(40.60)	(40.80) (41.11)		(40.64)	(40.92)	(40.72)
				(40.72)	(40.72)	(40.78)
	17:02.83	17:43.50 18:24.09		19:05.18	19:45.66	20:22.65
	(40.48)	(40.67) (40.59)		(41.09)	(40.48)	(36.99)

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Time	F/P/S	Event	Place	Points	Improv
Jón Ágúst Guðmundsson (17) M					
58.50S 453	F # 4	Men 100 Free	2	---	1.00
		28.36 58.50			
		(28.36) (30.14)			
2:06.23S 488	F # 20	Men 200 Free	2	---	3.96
		28.83 1:00.87 1:33.84 2:06.23			
		(28.83) (32.04) (32.97) (32.39)			
Kristinn Ásgeir Gylfason (21) M					
1:06.71S 441	F # 14	Men 100 IM	1	---	-1.99
		29.63 1:06.71			
		(29.63) (37.08)			
Thelma Rakei Helgadóttir (11) W					
3:28.29S 192	F # 5	Women 200 Back	4	---	-3.34
		48.16 1:41.10 2:34.79 3:28.29			
		(48.16) (52.94) (53.69) (53.50)			
1:47.20S 200	F # 7	Women 100 Breast	3	---	-8.44
		50.69 1:47.20			
		(50.69) (56.51)			
1:40.86S 164	F # 17	Women 100 Back	9	---	-7.90
		48.92 1:40.86			
		(48.92) (51.94)			
Birna Hilmarsdóttir (10) W					
1:33.79S 233	F # 13	Women 100 IM	7	---	-7.74
		46.03 1:33.79			
		(46.03) (47.76)			
1:43.02S 153	F # 21	Women 100 Fly	5	---	-1.49
		48.14 1:43.02			
		(48.14) (54.88)			
Íris Ósk Hilmarsdóttir (14) W					
2:29.85S 516	F # 5	Women 200 Back	1	---	1.39
		35.61 1:13.03 1:51.05 2:29.85			
		(35.61) (37.42) (38.02) (38.80)			
1:09.02S 512	F # 17	Women 100 Back	1	---	0.03
		34.36 1:09.02			
		(34.36) (34.66)			
Björgvin Theodór Hilmarsson (14) M					
1:36.07S 194	F # 8	Men 100 Breast	3	---	-6.45
		45.43 1:36.07			
		(45.43) (50.64)			
Kristján Þórarinn Ingibergsson (13) M					
1:33.48S 211	F # 8	Men 100 Breast	2	---	-3.14
		45.17 1:33.48			
		(45.17) (48.31)			
3:18.05S 226	F # 16	Men 200 Breast	2	---	-12.74
		47.59 1:38.73 2:29.39 3:18.05			
		(47.59) (51.14) (50.66) (48.66)			

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Time	F/P/S	Event	Place	Points	Improv
Diljá Rún Ívarsdóttir (10) W					
6:36.81S 285	F # 1	Women 400 IM	IRB	2	---
	46.92	1:43.16 2:33.24	3:22.05	4:12.63 5:05.90	5:53.08 6:36.81
	(46.92)	(56.24) (50.08)	(48.81)	(50.58) (53.27)	(47.18) (43.73)
1:31.23S 254	F # 13	Women 100 IM	IRB	5	---
	43.67	1:31.23			
	(43.67)	(47.56)			-8.71
Einar Þór Ívarsson (16) M					
58.57S 452	F # 4	Men 100 Free	IRB	3	---
	28.35	58.57			
	(28.35)	(30.22)			-0.30
1:07.02S 389	F # 18	Men 100 Back	IRB	1	---
	32.55	1:07.02			
	(32.55)	(34.47)			0.70
Jakub Cezary Jaks (11) M					
NS	F # 6	Men 200 Back	IRB	---	---
NS	F # 18	Men 100 Back	IRB	---	---
Jóhanna Matthea Jóhannesdóttir (11) W					
1:15.15S 313	F # 3	Women 100 Free	IRB	7	---
	36.60	1:15.15			
	(36.60)	(38.55)			-5.84
Erna Guðrún Jónsdóttir (11) W					
3:31.65S 183	F # 5	Women 200 Back	IRB	5	---
	46.33	1:41.47 2:38.71	3:31.65		
	(46.33)	(55.14) (57.24)	(52.94)		-6.43
1:41.33S 162	F # 17	Women 100 Back	IRB	10	---
	50.49	1:41.33			
	(50.49)	(50.84)			-0.99
Guðrún Eir Jónsdóttir (14) W					
5:39.55S 454	F # 1	Women 400 IM	IRB	1	---
	37.80	1:21.66 2:04.18	2:46.51	3:35.30 4:24.50	5:02.87 5:39.55
	(37.80)	(43.86) (42.52)	(42.33)	(48.79) (49.20)	(38.37) (36.68)
Heiðrún Katla Jónsdóttir (12) W					
1:34.67S 199	F # 17	Women 100 Back	IRB	7	---
	46.78	1:34.67			
	(46.78)	(47.89)			-0.32
Laufey Jóna Jónsdóttir (14) W					
1:20.74S 468	F # 7	Women 100 Breast	IRB	1	---
	38.79	1:20.74			
	(38.79)	(41.95)			-2.04
2:52.16S 478	F # 15	Women 200 Breast	IRB	1	---
	39.58	1:23.40 2:08.12	2:52.16		
	(39.58)	(43.82) (44.72)	(44.04)		-2.64
Marín Hrund Jónsdóttir (21) W					
1:20.69S 366	F # 13	Women 100 IM	IRB	4	---
	36.66	1:20.69			
	(36.66)	(44.03)			7.67

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Time	F/P/S	Event	Place	Points	Improv
Aníka Mjöll Júlíusdóttir (11) W					
1:18.50S 274	F # 3	Women 100 Free	10	---	-12.66
	38.86	1:18.50			
	(38.86)	(39.64)			
1:31.84S 217	F # 17	Women 100 Back	5	---	-20.62
	44.77	1:31.84			
	(44.77)	(47.07)			
Ingunn Eva Júlíusdóttir (13) W					
1:19.09S 341	F # 17	Women 100 Back	2	---	-2.77
	38.92	1:19.09			
	(38.92)	(40.17)			
2:45.88S 424	F # 23	Women 200 IM	2	---	-9.25
	36.30	1:20.30	2:07.26	2:45.88	
	(36.30)	(44.00)	(46.96)	(38.62)	
Jóhanna Júlía Júlíusdóttir (16) W					
2:16.90S 687	F # 9	Women 200 Fly	1	---	-1.78
	31.62	1:06.30	1:41.38	2:16.90	
	(31.62)	(34.68)	(35.08)	(35.52)	
1:04.53S 621	F # 21	Women 100 Fly	1	---	0.40
	30.71	1:04.53			
	(30.71)	(33.82)			
Elín Óla Klemenzdóttir (21) W					
1:13.96S 476	F # 13	Women 100 IM	1	---	2.94
	34.16	1:13.96			
	(34.16)	(39.80)			
2:40.25S 470	F # 23	Women 200 IM	1	---	6.67
	34.83	1:14.94	2:00.71	2:40.25	
	(34.83)	(40.11)	(45.77)	(39.54)	
Eydís Ósk Kolbeinsdóttir (12) W					
1:30.37S 334	F # 7	Women 100 Breast	2	---	-5.79
	43.18	1:30.37			
	(43.18)	(47.19)			
Sveinn Ólafur Lúðvíksson (16) M					
59.40S 433	F # 4	Men 100 Free	5	---	-0.45
	28.41	59.40			
	(28.41)	(30.99)			
2:53.05S 339	F # 16	Men 200 Breast	1	---	-2.29
	37.91	1:21.75	2:07.27	2:53.05	
	(37.91)	(43.84)	(45.52)	(45.78)	
Klaudia Malesa (11) W					
1:32.41S 213	F # 17	Women 100 Back	6	---	-2.69
	44.59	1:32.41			
	(44.59)	(47.82)			
3:13.23S 268	F # 23	Women 200 IM	3	---	-31.38
	47.07	1:35.99	2:30.26	3:13.23	
	(47.07)	(48.92)	(54.27)	(42.97)	
Guðrún Elva Nielsdóttir (17) W					
1:18.10S 279	F # 3	Women 100 Free	9	---	1.14
	37.99	1:18.10			
	(37.99)	(40.11)			

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Time	F/P/S	Event	Place	Points	Improv
Brynjar Freyr Níelsson (24) M					
1:22.98S 229	F # 14	Men 100 IM	IRB	2	---
	39.31	1:22.98			12.11
	(39.31)	(43.67)			
Birta Líf Ólafsdóttir (10) W					
3:53.52S 138	F # 9	Women 200 Fly	IRB	4	---
	49.35	1:47.74 2:50.79 3:53.52			---
	(49.35)	(58.39) (1:03.05) (1:02.73)			
1:48.59S 130	F # 21	Women 100 Fly	IRB	7	---
	51.88	1:48.59			---
	(51.88)	(56.71)			
Hjördís Ólafsdóttir (23) W					
1:32.63S 242	F # 13	Women 100 IM	IRB	6	---
	42.14	1:32.63			12.03
	(42.14)	(50.49)			
Eiríkur Ingi Ólafsson (13) M					
1:31.33S 226	F # 8	Men 100 Breast	IRB	1	---
	43.21	1:31.33			-5.44
	(43.21)	(48.12)			
1:22.78S 201	F # 22	Men 100 Fly	IRB	2	---
	38.68	1:22.78			-12.23
	(38.68)	(44.10)			
Sandra Óskarsdóttir (13) W					
1:20.72S 252	F # 3	Women 100 Free	IRB	11	---
	40.23	1:20.72			-5.56
	(40.23)	(40.49)			
1:35.03S DQ	F # 21	Women 100 Fly	IRB	---	---
	41.75	1:35.03			---
	(41.75)	(53.28)			
Kolbrún Eva Pálmadóttir (10) W					
3:46.92S 149	F # 5	Women 200 Back	IRB	6	---
	54.86	---			-29.46
	(54.86)	---			
1:44.97S 144	F # 21	Women 100 Fly	IRB	6	---
	49.73	1:44.97			-18.33
	(49.73)	(55.24)			
Steinunn Rúna Ragnarsdóttir (13) W					
1:35.00S 196	F # 17	Women 100 Back	IRB	8	---
	45.93	1:35.00			-15.76
	(45.93)	(49.07)			
Hreiðar Máni Ragnarsson (13) M					
5:54.30S 217	F # 12	Men 400 Free	IRB	2	---
	37.62	1:21.96 2:07.14 2:52.97 3:37.89 4:23.33 5:09.03 5:54.30			-68.36
	(37.62)	(44.34) (45.18) (45.83) (44.92) (45.44) (45.70) (45.27)			

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Magnþór Breki Ragnarsson (14) M					
20:21.44S 337	F # 26	Men 1500 Free	IRB	1	---
					-67.30
36.09	1:16.18	1:56.45	2:36.66	3:17.34	3:57.80
					4:38.03
(36.09)	(40.09)	(40.27)	(40.21)	(40.68)	(40.46)
					(40.23)
					(40.94)
5:59.30	6:39.84	7:20.11	8:00.49	8:40.90	9:21.02
					10:01.18
(40.33)	(40.54)	(40.27)	(40.38)	(40.41)	(40.12)
					(40.16)
					(40.31)
11:22.18	12:02.87	12:43.48	13:24.55	14:05.36	14:46.88
					15:27.65
(40.69)	(40.69)	(40.61)	(41.07)	(40.81)	(41.52)
					(40.77)
					(41.22)
16:49.68	17:31.14	18:12.43	18:54.24	19:42.45	20:21.44
(40.81)	(41.46)	(41.29)	(41.81)	(48.21)	(38.99)
Ólafur Garðar Reynisson (11) M					
3:56.96S 132	F # 16	Men 200 Breast	IRB	4	---
					-1.90
56.44	1:57.86	2:59.02	3:56.96		
(56.44)	(1:01.42)	(1:01.16)	(57.94)		
Sylvia Sienkiewicz (13) W					
2:28.73S 418	F # 19	Women 200 Free	IRB	3	---
					-10.69
33.15	1:11.19	1:50.00	2:28.73		
(33.15)	(38.04)	(38.81)	(38.73)		
Baldvin Sigmarsson (15) M					
56.67S 499	F # 4	Men 100 Free	IRB	1	---
					-2.44
27.67	56.67				
(27.67)	(29.00)				
2:03.20S 525	F # 20	Men 200 Free	IRB	1	---
					-4.35
28.43	59.78	1:31.72	2:03.20		
(28.43)	(31.35)	(31.94)	(31.48)		
Kristófer Sigurðsson (17) M					
4:09.59S 620	F # 12	Men 400 Free	IRB	1	---
					-1.21
28.14	59.19	1:30.05	2:02.00	2:33.70	3:06.02
					3:37.46
(28.14)	(31.05)	(30.86)	(31.95)	(31.70)	(32.32)
					(31.44)
					(32.13)
Erla Sigurjónsdóttir (17) W					
2:32.58S 496	F # 9	Women 200 Fly	IRB	2	---
					3.10
32.22	1:10.96	1:51.74	2:32.58		
(32.22)	(38.74)	(40.78)	(40.84)		
1:08.14S 527	F # 21	Women 100 Fly	IRB	2	---
					1.37
31.23	1:08.14				
(31.23)	(36.91)				
Stefanía Sigurþórsdóttir (11) W					
NS	F # 9	Women 200 Fly	IRB	---	---

Svanfríður Steingrímsdóttir (13) W					
1:14.31S 323	F # 3	Women 100 Free	IRB	6	---
					0.83
36.13	1:14.31				
(36.13)	(38.18)				
1:21.69S 309	F # 17	Women 100 Back	IRB	3	---
					-1.40
40.19	1:21.69				
(40.19)	(41.50)				
Helga Kristín Sverrisdóttir (18) W					
1:36.51S 214	F # 13	Women 100 IM	IRB	8	---
					16.04
44.21	1:36.51				
(44.21)	(52.30)				

