

Results summary

Men, Long Course (50m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
Már Gunnarsson S12	19/11/1999		191199-2869			
	50 Breaststroke		44.89 94%	50 Butterfly		36.05 95%
	50 Breaststroke		43.35 101% PB	50 Butterfly		34.58 103% PB
	100 Breaststroke		1:35.23 94%	100 Butterfly	20	1:15.37 111% PB
	100 Breaststroke	18	1:31.11 103% PB	200 Medley	16	2:44.27 100%
	200 Breaststroke	8	3:16.47 115% PB			
Kári Snær Halldórsson	13/01/2004		130104-3470			
	50 Backstroke		39.26 98%	50 Breaststroke		39.17 100% PB
	100 Backstroke	7	1:20.51 100%	100 Breaststroke	5	1:21.88 103% PB
Fannar Snævar Hauksson	07/09/2004		070904-3140			
	50 Freestyle		29.05 93%	200 Backstroke	2	2:32.78 107% PB
	100 Freestyle	2	1:01.61 103% PB	50 Butterfly		31.27 83%
	50 Backstroke		34.89 86%	100 Butterfly	1	1:08.65 100% PB
	100 Backstroke		1:13.40 89%			
Aron Fannar Kristínarson	14/06/2003		140603-3330			
	50 Freestyle		30.68 90%	50 Backstroke	4	31.85 107% PB
	50 Freestyle	21	28.69 103% PB	50 Butterfly	11	31.68 98%
	100 Freestyle		1:05.53 93%	50 Butterfly		32.56 93%
	200 Freestyle		2:17.82 101% PB	100 Butterfly	2	1:09.82 106% PB
	400 Freestyle	12	4:41.80 111% PB			
Flosi Ómarsson	04/09/2003		040903-2240			
	50 Freestyle		33.56 84%	50 Backstroke	6	32.61 111% PB
	100 Freestyle		1:11.32 92%	50 Backstroke		34.62 99%
	200 Freestyle		2:29.71 102% PB	100 Backstroke	4	1:16.06 100%
	400 Freestyle		5:07.48 100% PB	100 Backstroke		1:13.68 106% PB
	800 Freestyle	13	10:22.38 PB	200 Backstroke	2	2:31.87 109% PB
	50 Backstroke		32.08 115% PB			
Tristan Þór K Wium	13/05/2002		130502-2960			
	50 Freestyle		31.09 92%	200 Freestyle	8	2:17.94 103% PB
	50 Freestyle		31.57 89%	200 Freestyle		2:20.87 99%
	50 Freestyle		31.92 87%	400 Freestyle	14	4:48.66 106% PB
	100 Freestyle	4	1:03.75 105% PB	50 Butterfly		34.40 92%
	100 Freestyle		1:06.57 96%	100 Butterfly	6	1:13.68 102% PB
	100 Freestyle		1:07.47 93%			

Total 51 individual results, average performance: 99.3%

0 new record(s), 26 new personal best(s)

Biggest improvement: Már Gunnarsson S12, 200 Breaststroke 3:16.47

Results summary

Women, Long Course (50m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
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Pórunn Kolbrún Árnadóttir	23/04/2002		230402-3530			
50 Freestyle		36	32.55 99%	100 Freestyle		1:12.78 100% PB
50 Freestyle			37.28 76%	200 Freestyle		2:41.60 88%
50 Freestyle			34.01 91%	200 Freestyle		2:32.88 98%
50 Freestyle			34.25 89%	400 Freestyle		5:29.33 93%
100 Freestyle			1:18.32 87%	400 Freestyle	12	5:08.86 106% PB
100 Freestyle		12	1:11.09 105% PB	800 Freestyle	9	10:59.90 108% PB
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Gunnhildur Björg Baldursdóttir	02/11/2000		021100-3310			
50 Freestyle			33.17 85%	200 Freestyle	22	2:28.42 92%
50 Freestyle		23	31.72 93%	50 Butterfly		33.57 86%
100 Freestyle			1:10.97 86%	200 Medley	8	2:46.07 89%
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Thelma Lind Einarsdóttir	26/01/2005		260105-3450			
50 Backstroke			39.01 94%	100 Breaststroke		1:32.16 94%
100 Backstroke			1:20.61 104% PB	200 Breaststroke	1	3:10.30 102% PB
200 Backstroke		2	2:43.72 103% PB	100 Butterfly		1:25.63 98%
50 Breaststroke			43.90 96%	400 Medley	4	5:50.94 103% PB
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Eva Margrét Falsdóttir	05/06/2005		050605-3020			
50 Freestyle			33.96 85%	50 Backstroke		38.29 94%
100 Freestyle			1:12.02 84%	100 Backstroke		1:20.20 91%
200 Freestyle			2:28.24 98%	200 Backstroke	1	2:43.45 105% PB
400 Freestyle			5:01.82 100%	50 Butterfly		35.84 81%
800 Freestyle		5	10:06.99 112% PB	100 Butterfly	1	1:18.02 100%
50 Backstroke		6	36.15 106% PB			
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Guðný Birna Falsdóttir	04/02/2003		040203-2810			
50 Freestyle			35.63 85%	200 Freestyle	13	2:35.92 89%
50 Freestyle			36.12 83%	50 Breaststroke		46.02 84%
50 Freestyle		44	33.96 94%	100 Breaststroke	8	1:35.81 93%
100 Freestyle		18	1:14.09 90%	50 Butterfly	23	37.42 94%
100 Freestyle			1:15.43 86%			
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Birna Hilmarsdóttir	27/09/2002		270902-3240			
50 Freestyle			31.13 92%	200 Freestyle	4	2:17.76 103% PB
50 Freestyle		8	30.30 97%	50 Backstroke		38.59 84%
100 Freestyle			1:06.46 91%	100 Backstroke	4	1:20.58 99%
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Diljá Rún Ívarsdóttir	01/04/2002		010402-2470			
50 Backstroke			37.95 88%	50 Butterfly		34.16 86%
100 Backstroke		3	1:17.98 98%	100 Butterfly	4	1:14.35 93%
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Eydís Ósk Kolbeinsdóttir	12/10/2000		121000-2960			
50 Freestyle			30.82 87%	100 Freestyle		1:04.27 93%
50 Freestyle		9	30.38 90%	200 Freestyle	5	2:15.74 93%
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Hafdís Eva Pálsdóttir	03/03/2004		030304-2760			
50 Freestyle			33.27 88%	100 Breaststroke		1:33.65 93%
50 Freestyle		30	31.94 96%	100 Breaststroke	3	1:32.70 95%
100 Freestyle		12	1:10.63 100%	200 Breaststroke	3	3:13.98 98%
50 Breaststroke		9	42.80 100%	50 Butterfly		35.31 83%
50 Breaststroke			44.24 93%	100 Butterfly	4	1:20.19 108% PB
50 Breaststroke			43.61 96%			
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Sylwia Sienkiewicz	13/06/1999		130699-3089			
50 Breaststroke			43.34 74%	200 Breaststroke	4	3:06.43 92%
100 Breaststroke			1:31.05 78%			
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Stefanía Sigurþórsdóttir	31/01/2001		310101-3460			
50 Freestyle		7	29.72 93%	100 Breaststroke	3	1:24.43 93%
50 Breaststroke		2	38.06 95%	50 Butterfly	8	32.13 97%
50 Breaststroke			39.42 89%			

Total 79 individual results, average performance: 93.3%

0 new record(s), 13 new personal best(s)

Biggest improvement: Eva Margrét Falsdóttir, 800 Freestyle 10:06.99