

Results summary

Men, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
Davíð Hildiberg Aðalsteinsson	29/08/1990		290890-2259			
	50 Backstroke		27.37 89%	50 Butterfly	2	25.34 99%
	50 Backstroke	3	26.38 96%	50 Butterfly		26.94 87%
	100 Backstroke	3	56.61 92%	100 Butterfly	2	58.05 89%
	50 Breaststroke		33.61 96%	100 Medley	2	59.89 94%
	100 Breaststroke	5	1:11.54 96%			
Már Gunnarsson S13	19/11/1999		191199-2869			
	50 Freestyle	26	30.40 100%	200 Backstroke	3	2:32.37 114% PB
	50 Backstroke		35.77 99%	50 Breaststroke		41.86 88%
	50 Backstroke	11	33.73 112% PB	100 Breaststroke		1:28.56 91%
	100 Backstroke		1:14.98 99%	200 Breaststroke	14	3:03.06 98%
Kári Snær Halldórsson	13/01/2004		130104-3470			
	50 Freestyle		36.32 89%	100 Backstroke	6	1:19.75 99%
	50 Freestyle		35.06 95%	50 Breaststroke		39.26 99%
	100 Freestyle		1:14.37 93%	50 Breaststroke		40.70 92%
	100 Freestyle		1:16.34 89%	100 Breaststroke	3	1:23.29 98%
	200 Freestyle		2:37.58 97%	100 Breaststroke		1:25.74 93%
	200 Freestyle	12	2:33.38 103% PB	200 Breaststroke	4	2:57.15 97%
	400 Freestyle	19	5:19.75 111% PB	50 Butterfly		37.69 101% PB
	50 Backstroke		38.95 93%	200 Medley	6	2:45.70 112% PB
Fannar Snævar Hauksson	07/09/2004		070904-3140			
	50 Freestyle		32.56 73%	100 Breaststroke	5	1:25.59 112% PB
	100 Freestyle		1:08.55 77%	100 Breaststroke		1:25.66 112% PB
	200 Freestyle		2:23.29 90%	200 Breaststroke	5	2:57.62 115% PB
	400 Freestyle	13	4:57.78 102% PB	50 Butterfly		31.77 88%
	50 Breaststroke	12	37.03 108% PB	100 Medley	2	1:09.40 99%
	50 Breaststroke		40.03 92%	200 Medley	2	2:33.38 99%
	50 Breaststroke		39.56 95%			
Björgvin Theodór Hilmarsson	06/07/1998		060798-2659			
	50 Freestyle	7	25.77 97%	100 Butterfly	15	1:09.54 92%
	50 Butterfly		30.65 94%			
Alexander Logi Jónsson	17/11/2004		171104-3270			
	50 Freestyle		42.48 87%	100 Backstroke	13	1:27.93 148% PB
	50 Freestyle		38.81 104% PB	50 Breaststroke		46.09 97%
	100 Freestyle		1:23.68 105% PB	50 Breaststroke		47.10 93%
	100 Freestyle		1:29.69 92%	100 Breaststroke	10	1:36.90 104% PB
	200 Freestyle		3:05.43 103% PB	100 Breaststroke		1:38.37 101% PB
	200 Freestyle	15	2:53.71 117% PB	200 Breaststroke	7	3:20.50 PB
	400 Freestyle	28	6:13.17 111% PB	50 Butterfly		41.31 98%
	50 Backstroke		43.40 100% PB	200 Medley	14	3:03.47 128% PB
Aron Fannar Kristínarson	14/06/2003		140603-3330			
	50 Freestyle		28.46 98%	100 Backstroke	2	1:07.21 102% PB
	50 Freestyle	13	27.88 102% PB	50 Butterfly		33.09 89%
	100 Freestyle	3	59.73 103% PB	100 Butterfly	3	1:11.51 94%
	50 Backstroke		32.52 100%	100 Medley	8	1:11.59 99%
	50 Backstroke	8	31.32 108% PB			
Ingi Þór Ólafsson	05/01/1999		050199-3399			
	50 Butterfly		30.32 87%	100 Medley	10	1:07.15 91%
	50 Butterfly		29.79 90%	200 Medley	6	2:26.06 84%
	100 Butterfly	9	1:04.73 89%			
Flosi Ómarsson	04/09/2003		040903-2240			
	50 Backstroke		36.88 91%	50 Breaststroke		37.97 96%
	50 Backstroke		36.74 92%	100 Breaststroke		1:21.48 97%
	100 Backstroke	7	1:16.42 91%	200 Breaststroke	4	2:51.18 96%
	100 Backstroke		1:16.41 91%	50 Butterfly		34.13 100% PB
	200 Backstroke	3	2:37.61 101% PB	200 Medley	6	2:40.57 102% PB

Daniel Patrick Riley	20/07/2003	200703-2780					
50 Freestyle		34.33	85%	50 Butterfly		32.69	103% PB
100 Freestyle		1:11.98	88%	50 Butterfly		32.99	101% PB
200 Freestyle		2:29.10	97%	100 Butterfly		1:11.69	101% PB
400 Freestyle	15	5:00.38	105% PB	200 Butterfly	1	2:39.58	102% PB
50 Breaststroke	14	38.68	97%	100 Medley	10	1:14.10	126% PB
50 Breaststroke		39.10	95%	200 Medley	4	2:37.18	105% PB
100 Breaststroke	3	1:21.92	104% PB				
Gabriel Þór Sigurmundsson	22/06/2003	220603-2370					
50 Freestyle		38.04	83%	50 Breaststroke		48.34	95%
100 Freestyle		1:18.40	89%	100 Breaststroke	10	1:43.75	103% PB
200 Freestyle		2:43.57	96%	100 Breaststroke		1:40.86	109% PB
400 Freestyle	23	5:32.04	PB	200 Breaststroke	7	3:29.40	110% PB
50 Breaststroke		48.93	93%	100 Medley	12	1:27.79	97%

Total 112 individual results, average performance: 98.3%

0 new record(s), 41 new personal best(s)

Biggest improvement: Alexander Logi Jónsson, 100 Backstroke 1:27.93

Results summary

Women, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
Pórdís M Aðalsteinsdóttir						
	15/12/2003		151203-2050			
50 Freestyle			36.33 81%	800 Freestyle		10:44.15 91%
50 Freestyle	49		33.53 95%	1500 Freestyle	12	20:07.58 100% PB
50 Freestyle			35.22 86%	50 Butterfly		39.65 86%
100 Freestyle			1:16.03 81%	50 Butterfly		40.90 80%
100 Freestyle	21		1:12.66 89%	100 Butterfly	2	1:25.31 85%
200 Freestyle			2:36.94 87%	100 Butterfly		1:29.00 78%
400 Freestyle			5:19.28 88%	200 Butterfly	5	3:04.84 84%
Pórunn Kolbrún Árnadóttir						
	23/04/2002		230402-3530			
50 Freestyle			32.49 93%	100 Freestyle		1:14.20 87%
50 Freestyle			35.30 79%	100 Freestyle	16	1:08.57 102% PB
50 Freestyle	33		31.53 99%	200 Freestyle	7	2:24.74 102% PB
50 Freestyle			32.53 93%	200 Freestyle		2:33.26 91%
100 Freestyle			1:10.09 98%	400 Freestyle	18	5:09.08 103% PB
Karen Mist Arngeirsdóttir						
	09/02/2000		090200-2320			
50 Freestyle			33.05 76%	400 Freestyle		4:58.05 93%
50 Freestyle			32.28 80%	400 Freestyle	11	4:56.19 95%
100 Freestyle			1:10.02 77%	800 Freestyle		10:04.46 97%
100 Freestyle			1:09.10 79%	1500 Freestyle	6	19:08.23 101% PB
200 Freestyle			2:25.86 86%	50 Breaststroke	2	33.11 103% PB
200 Freestyle			2:25.34 86%	100 Medley	8	1:11.48 94%
Rebekka Marín Arngeirsdóttir						
	22/09/2005		220905-2840			
50 Freestyle			41.26 74%	50 Breaststroke		46.34 89%
100 Freestyle			1:26.71 78%	100 Breaststroke	6	1:32.97 102% PB
200 Freestyle			2:59.16 84%	100 Breaststroke		1:37.91 92%
400 Freestyle	42		5:53.29 101% PB	200 Breaststroke	6	3:22.76 103% PB
50 Breaststroke			43.88 100%	100 Medley	6	1:23.03 102% PB
Pórey Una Arnlaugsdóttir						
	11/09/2006		110906-4040			
50 Freestyle			40.38 86%	400 Freestyle	41	5:50.77 106% PB
50 Freestyle			38.84 93%	50 Breaststroke		50.30 101% PB
100 Freestyle			1:24.45 97%	100 Breaststroke	18	1:43.62 108% PB
100 Freestyle	19		1:19.97 108% PB	100 Medley	13	1:29.89 107% PB
200 Freestyle			2:53.87 100%			
Sólveig María Baldursdóttir						
	04/01/2004		040104-2160			
50 Freestyle			33.88 83%	100 Backstroke	17	1:26.51 93%
50 Freestyle	32		31.38 96%	100 Backstroke		1:28.34 89%
100 Freestyle			1:11.64 87%	200 Backstroke	10	2:57.00 109% PB
200 Freestyle	4		2:25.17 103% PB	50 Butterfly		39.57 69%
50 Backstroke			42.40 94%	100 Butterfly		1:23.51 72%
50 Backstroke			42.54 93%	200 Butterfly	4	2:52.71 87%
Gunnhildur Björg Baldursdóttir						
	02/11/2000		021100-3310			
50 Butterfly			33.04 86%	100 Butterfly		1:10.52 88%
50 Butterfly	8		31.70 94%	200 Butterfly	3	2:27.24 93%
50 Butterfly			33.30 85%	200 Medley	5	2:40.37 89%
100 Butterfly			1:10.24 89%	400 Medley	2	5:21.97 93%
Katla María Brynjarsdóttir						
	15/04/2007		150407-2650			
50 Freestyle			39.26 86%	200 Freestyle		2:49.68 103% PB
50 Freestyle			37.49 94%	400 Freestyle	36	5:42.86 114% PB
100 Freestyle			1:21.73 98%	100 Medley	15	1:30.73 104% PB
100 Freestyle	14		1:18.16 107% PB			
Natalía Dögg Brynjarsdóttir						
	13/12/2007		131207-3280			
50 Freestyle			42.03 94%	100 Breaststroke	25	1:51.08 105% PB
100 Freestyle	30		1:27.53 106% PB	100 Medley	22	1:35.01 108% PB
50 Breaststroke			53.36 98%			
Thelma Lind Einarsdóttir						
	26/01/2005		260105-3450			
50 Freestyle			34.14 86%	50 Backstroke	28	37.59 92%
50 Freestyle			32.09 98%	100 Backstroke	1	1:17.17 100%
100 Freestyle			1:12.63 86%	50 Breaststroke		42.50 94%
100 Freestyle	1		1:06.79 102% PB	100 Breaststroke	1	1:27.13 99%
200 Freestyle			2:32.49 88%	50 Butterfly		36.45 107% PB
400 Freestyle	17		5:07.55 104% PB	200 Medley	2	2:42.85 109% PB
50 Backstroke			37.83 91%			

Ástrós Elísa Eypórsdóttir	11/06/2002	110602-3320						
	50 Freestyle	30	31.24	99%	50 Butterfly	26	36.19	91%
	50 Freestyle		32.64	91%	50 Butterfly		36.34	91%
	100 Freestyle	17	1:09.19	90%	100 Butterfly	6	1:19.85	93%
	50 Breaststroke	17	40.78	90%	100 Medley	10	1:18.51	93%
Eva Margrét Falsdóttir	05/06/2005	050605-3020						
	50 Freestyle	22	30.53	98%	50 Butterfly		37.76	81%
	50 Backstroke		38.11	87%	100 Butterfly		1:21.36	85%
	100 Backstroke		1:20.15	90%	200 Butterfly	1	2:51.35	104% PB
	200 Backstroke	1	2:44.40	96%	100 Medley	1	1:14.35	95%
	50 Breaststroke	10	38.78	92%	200 Medley	1	2:42.59	93%
50 Butterfly		36.23	88%					
Guðný Birna Falsdóttir	04/02/2003	040203-2810						
	50 Freestyle		35.15	85%	50 Breaststroke		45.00	86%
	50 Freestyle	42	32.78	97%	50 Breaststroke		44.12	89%
	100 Freestyle		1:13.28	91%	100 Breaststroke	9	1:33.04	87%
	200 Freestyle	10	2:29.65	94%	100 Breaststroke		1:32.77	88%
50 Breaststroke	29	43.56	91%	200 Breaststroke	5	3:09.53	89%	
Jóhanna Arna Gunnarsdóttir	02/03/2006	020306-2620						
	50 Freestyle		37.79	90%	400 Freestyle	39	5:45.91	105% PB
	50 Freestyle		36.34	97%	50 Breaststroke		48.91	97%
	100 Freestyle		1:20.67	98%	100 Breaststroke	19	1:44.15	96%
	100 Freestyle	13	1:15.59	112% PB	100 Medley	11	1:28.14	97%
200 Freestyle		2:50.45	93%					
Stefanía Ósk Halldórsdóttir	18/11/2006	181106-2710						
	50 Freestyle		38.83	86%	50 Breaststroke		44.71	95%
	100 Freestyle		1:21.12	93%	100 Breaststroke	4	1:32.84	98%
	200 Freestyle		2:47.99	98%	100 Breaststroke		1:34.58	94%
	400 Freestyle	34	5:37.87	99%	200 Breaststroke	1	3:13.34	109% PB
50 Breaststroke		44.60	96%	100 Medley	7	1:24.69	102% PB	
Birna Hilmarsdóttir	27/09/2002	270902-3240						
	50 Backstroke		35.59	102% PB	100 Butterfly		1:18.25	90%
	100 Backstroke	2	1:14.25	98%	200 Butterfly	1	2:47.23	134% PB
	50 Butterfly		35.72	87%	400 Medley	8	5:40.54	118% PB
100 Butterfly		1:22.48	81%					
Diljá Rún Ívarsdóttir	01/04/2002	010402-2470						
	50 Freestyle		32.22	88%	50 Breaststroke		41.25	89%
	100 Freestyle	15	1:08.41	93%	100 Breaststroke	5	1:28.37	88%
	50 Backstroke		37.61	84%	50 Butterfly		33.97	89%
	100 Backstroke	4	1:16.86	87%	100 Butterfly	4	1:14.23	88%
50 Breaststroke	14	40.49	92%	100 Medley	4	1:15.47	94%	
Elísabet Jóhannesdóttir	12/12/2006	121206-3070						
	50 Freestyle		37.53	84%	50 Breaststroke		45.11	104% PB
	100 Freestyle		1:19.25	95%	100 Breaststroke	7	1:33.95	116% PB
	200 Freestyle		2:43.06	97%	100 Breaststroke		1:34.71	115% PB
	400 Freestyle	28	5:26.55	113% PB	200 Breaststroke	2	3:15.13	121% PB
50 Breaststroke		45.01	104% PB	100 Medley	3	1:22.01	103% PB	
Eydís Ósk Kolbeinsdóttir	12/10/2000	121000-2960						
	50 Freestyle		31.84	75%	50 Breaststroke	5	37.26	95%
	100 Freestyle		1:06.54	79%	50 Breaststroke		37.78	92%
	200 Freestyle		2:16.29	85%	100 Breaststroke		1:21.96	89%
	400 Freestyle		4:35.89	88%	200 Breaststroke	4	2:52.09	91%
800 Freestyle	2	9:14.15	94%	50 Butterfly	7	31.69	90%	
Birta Líf Ólafsdóttir	05/04/2002	050402-3390						
	50 Freestyle	52	34.46	96%	50 Butterfly		38.56	88%
	50 Freestyle		35.06	93%	100 Butterfly	7	1:26.64	82%
	100 Freestyle	22	1:12.90	95%	100 Butterfly		1:23.66	88%
	50 Butterfly		37.71	92%	200 Butterfly	2	2:58.97	91%
	50 Butterfly	27	36.72	97%	200 Medley	6	2:57.22	95%
50 Butterfly		39.79	83%					
Hafdís Eva Pálsdóttir	03/03/2004	030304-2760						
	50 Freestyle	29	31.21	97%	50 Breaststroke		41.87	93%
	50 Freestyle		32.88	87%	100 Breaststroke	3	1:28.06	95%
	100 Freestyle	15	1:09.63	91%	50 Butterfly	15	34.15	100%
50 Breaststroke	16	40.67	98%	100 Medley	14	1:18.56	97%	

Sunneva Dögg Robertson	19/09/1999	190999-3789						
	50 Freestyle	4	27.92	95%	100 Backstroke	7	1:09.90	92%
	50 Backstroke		33.49	96%	100 Medley	4	1:09.88	98%
Sylwia Sienkiewicz	13/06/1999	130699-3089						
	50 Freestyle		30.81	86%	100 Backstroke	9	1:12.27	91%
	100 Freestyle	17	1:05.49	86%	100 Butterfly		1:14.24	80%
	50 Backstroke		34.64	92%	400 Medley	6	5:35.14	85%
Ásta Kamilla Sigurðardóttir	23/02/2004	230204-2760						
	50 Freestyle		35.97	70%	400 Freestyle		5:18.28	104% PB
	50 Freestyle		33.54	80%	400 Freestyle	15	5:05.54	113% PB
	50 Freestyle		36.36	68%	800 Freestyle	4	10:26.68	PB
	100 Freestyle		1:15.41	76%	50 Breaststroke		43.89	102% PB
	100 Freestyle		1:11.30	85%	50 Breaststroke		43.52	103% PB
	100 Freestyle		1:15.34	77%	100 Breaststroke		1:32.68	98%
	200 Freestyle	5	2:25.46	96%	100 Breaststroke	4	1:32.16	99%
	200 Freestyle		2:36.94	83%	200 Breaststroke	6	3:11.07	112% PB
	200 Freestyle		2:32.79	87%	50 Butterfly	22	34.90	102% PB
Stefanía Sigurþórsdóttir	31/01/2001	310101-3460						
	50 Freestyle		31.65	80%	400 Freestyle		4:43.96	92%
	50 Freestyle	12	29.20	94%	800 Freestyle		9:36.39	93%
	50 Freestyle		30.55	86%	1500 Freestyle	2	18:16.05	93%
	100 Freestyle		1:06.85	81%	50 Backstroke	6	33.20	99%
	100 Freestyle	6	1:03.67	90%	50 Breaststroke		39.06	87%
Athena Líf Þrastardóttir	24/07/2007	240707-2410						
	50 Freestyle		36.62	96%	50 Butterfly		42.86	90%
	100 Freestyle	12	1:15.01	107% PB	100 Butterfly	3	1:32.31	102% PB
	50 Breaststroke		49.97	99%	100 Medley	14	1:30.43	96%
100 Breaststroke	20	1:44.82	118% PB					

Total 252 individual results, average performance: 93.4%

0 new record(s), 53 new personal best(s)

Biggest improvement: Birna Hilmarsdóttir, 200 Butterfly 2:47.23