

Results summary

Men, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
Davíð Hildiberg Aðalsteinsson	29/08/1990		290890-2259			
50 Freestyle	6	24.74 F	94%	50 Butterfly	1	24.61 105% PB
50 Freestyle	6	24.88	93%	50 Butterfly		26.63 89%
50 Backstroke	3	26.26	96%	100 Butterfly	2	54.97 F 99%
50 Butterfly	1	24.41 F	106% PB	100 Butterfly	2	58.19 88%
50 Butterfly		25.48 F	98%			
Fannar Snævar Hauksson	07/09/2004		070904-3140			
50 Backstroke		31.12 F	96%	100 Backstroke		1:10.18 F 88%
50 Backstroke	7	29.97 F	104% PB	100 Backstroke	7	1:05.39 102% PB
50 Backstroke		33.04 F	85%	100 Backstroke		1:10.04 88%
50 Backstroke		31.06	97%	200 Backstroke	5	2:25.72 F 102% PB
50 Backstroke		30.98	97%	200 Backstroke	4	2:26.20 101% PB
50 Backstroke	8	29.65	106% PB	100 Butterfly		1:11.72 86%
50 Backstroke		32.81	87%	400 Medley	8	5:24.86 96%
100 Backstroke	6	1:05.75 F	100% PB			
Björgvin Theodór Hilmarsson	06/07/1998		060798-2659			
50 Freestyle		26.20	94%	100 Freestyle	10	56.17 101% PB
50 Freestyle	9	25.02	103% PB	50 Butterfly	12	27.86 114% PB
Aron Fannar Kristínarson	14/06/2003		140603-3330			
50 Freestyle		32.31	74%	50 Backstroke	8	31.07 F 102% PB
50 Freestyle		30.12	86%	50 Backstroke	10	31.50 99%
100 Freestyle		1:03.68	88%	50 Backstroke		32.92 91%
100 Freestyle		1:08.31	76%	50 Backstroke		31.89 96%
200 Freestyle	20	2:10.59	97%	100 Backstroke		1:10.36 F 91%
200 Freestyle		2:22.40	82%	100 Backstroke	7	1:06.82 F 101% PB
400 Freestyle		4:51.48	90%	100 Backstroke		1:10.55 91%
800 Freestyle		9:50.44	104% PB	100 Backstroke	8	1:06.48 102% PB
1500 Freestyle	10	18:25.79	102% PB	200 Backstroke	3	2:22.92 F 104% PB
50 Backstroke		31.96 F	96%	200 Backstroke	5	2:26.31 99%
50 Backstroke		33.93 F	85%			
Ingi Þór Ólafsson	05/01/1999		050199-3399			
50 Freestyle		26.79	99%	50 Butterfly		29.07 95%
100 Freestyle	11	56.52	100% PB	100 Butterfly	5	1:00.39 F 102% PB
50 Butterfly		27.93 F	102% PB	100 Butterfly	5	1:01.32 99%
50 Butterfly	11	27.78	104% PB	200 Medley	6	2:19.42 92%
50 Butterfly		27.99	102% PB			
Baldvin Sigmarsson	18/08/1997		180897-3139			
50 Freestyle		26.79	94%	50 Butterfly	6	26.97 F 98%
50 Breaststroke	2	30.17 F	103% PB	50 Butterfly	5	26.33 102% PB
50 Breaststroke	2	30.32	102% PB	50 Butterfly		27.64 93%
50 Breaststroke		31.49	94%	50 Butterfly		31.72 71%
50 Breaststroke		36.06	72%	100 Butterfly		1:02.24 F 88%
100 Breaststroke	3	1:07.37	95%	100 Butterfly	3	58.58 F 100%
100 Breaststroke		1:15.75	75%	100 Butterfly	4	59.72 96%
200 Breaststroke	4	2:29.58	89%	100 Butterfly		1:07.62 75%
50 Butterfly		29.03 F	84%	200 Butterfly	2	2:11.89 F 90%
50 Butterfly		27.27 F	96%	200 Butterfly	3	2:21.57 79%

Total 78 individual results, average performance: 94.4%

0 new record(s), 25 new personal best(s)

Biggest improvement: Björgvin Theodór Hilmarsson, 50 Butterfly 27.86

Results summary

Women, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
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Pórdís M Aðalsteinsdóttir	15/12/2003		151203-2050			
50 Freestyle			34.91 88%	200 Freestyle		2:26.12 101% PB
50 Freestyle			34.18 92%	400 Freestyle		5:01.54 99%
100 Freestyle			1:12.24 90%	400 Freestyle	15	4:52.52 105% PB
100 Freestyle			1:11.19 93%	800 Freestyle	13	10:04.92 103% PB
200 Freestyle			2:28.26 98%			
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Karen Mist Arngeirsdóttir	09/02/2000		090200-2320			
50 Breaststroke	2		33.18 F 100%	100 Breaststroke		1:14.94 F 92%
50 Breaststroke			34.74 F 91%	100 Breaststroke	2	1:11.33 F 102% PB
50 Breaststroke			33.33 F 99%	100 Breaststroke		1:13.81 95%
50 Breaststroke	2		33.31 99%	100 Breaststroke	2	1:11.90 100% PB
50 Breaststroke			34.04 95%	200 Breaststroke	3	2:35.23 F 103% PB
50 Breaststroke			33.41 98%	200 Breaststroke	4	2:41.55 95%
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Sólveig María Baldursdóttir	04/01/2004		040104-2160			
50 Breaststroke			41.82 92%	50 Butterfly		34.21 92%
50 Breaststroke			39.44 103% PB	100 Butterfly		1:15.82 87%
100 Breaststroke			1:27.34 89%	100 Butterfly	10	1:12.21 96%
100 Breaststroke	11		1:23.25 98%	200 Medley	6	2:37.49 F 99%
200 Breaststroke	11		2:59.25 98%	200 Medley	8	2:39.12 97%
50 Butterfly			33.76 F 94%	400 Medley	9	5:33.22 98%
50 Butterfly			33.45 96%			
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Gunnhildur Björg Baldursdóttir	02/11/2000		021100-3310			
50 Butterfly			31.28 F 96%	100 Butterfly		1:08.10 95%
50 Butterfly			31.37 F 96%	100 Butterfly	7	1:09.03 92%
50 Butterfly	12		31.13 97%	100 Butterfly		1:07.33 97%
50 Butterfly			31.56 94%	200 Butterfly	2	2:22.52 F 99%
50 Butterfly			31.43 95%	200 Butterfly	1	2:22.26 100%
100 Butterfly	4		1:06.42 F 99%	400 Medley	4	5:14.32 98%
100 Butterfly			1:07.08 F 97%			
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Thelma Lind Einarsdóttir	26/01/2005		260105-3450			
50 Freestyle			33.27 91%	50 Butterfly		36.20 101% PB
100 Freestyle			1:10.40 90%	200 Medley	16	2:42.90 100%
200 Freestyle	22		2:26.27 96%			
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Ástrós Elísa Eyþórsdóttir	11/06/2002		110602-3320			
50 Freestyle			31.82 95%	100 Breaststroke		1:23.76 96%
100 Freestyle	26		1:06.71 97%	100 Breaststroke	10	1:21.66 101% PB
50 Breaststroke			39.15 F 98%	200 Breaststroke	8	2:53.01 F 99%
50 Breaststroke	11		38.97 99%	200 Breaststroke	8	2:55.86 96%
50 Breaststroke			39.41 96%	50 Butterfly		35.80 93%
50 Breaststroke			38.63 100% PB	200 Medley	15	2:41.91 97%
100 Breaststroke			1:22.55 F 99%			
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Eva Margrét Falsdóttir	05/06/2005		050605-3020			
50 Breaststroke	4		36.26 F 106% PB	100 Breaststroke		1:21.71 94%
50 Breaststroke			38.54 F 93%	100 Breaststroke	4	1:20.07 98%
50 Breaststroke			37.81 F 97%	200 Breaststroke	5	2:51.00 F 99%
50 Breaststroke	8		37.32 100%	200 Breaststroke	6	2:51.86 98%
50 Breaststroke			38.28 95%	50 Butterfly		35.37 93%
50 Breaststroke			37.75 97%	100 Medley	7	1:14.37 95%
100 Breaststroke			1:21.49 F 95%	200 Medley	13	2:40.69 95%
100 Breaststroke	4		1:19.10 F 101% PB			
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Guðný Birna Falsdóttir	04/02/2003		040203-2810			
50 Freestyle			34.52 88%	200 Freestyle		2:26.02 99%
50 Freestyle			34.29 89%	400 Freestyle		5:04.47 93%
50 Freestyle			33.39 94%	400 Freestyle		5:00.31 96%
100 Freestyle			1:12.52 93%	400 Freestyle	19	4:55.55 99%
100 Freestyle			1:11.57 96%	800 Freestyle		10:17.98 96%
100 Freestyle			1:10.23 99%	800 Freestyle	15	10:06.79 99%
200 Freestyle			2:29.64 94%	1500 Freestyle	9	19:28.22 125% PB
200 Freestyle			2:27.87 97%			

Birna Hilmarsdóttir	27/09/2002		270902-3240					
	50 Freestyle		30.19	93%	200 Freestyle		2:16.19	95%
	50 Freestyle		31.16	87%	200 Freestyle		2:17.42	94%
	50 Freestyle		31.32	86%	200 Freestyle		2:17.61	93%
	50 Freestyle		29.54	97%	400 Freestyle	8	4:37.68	101% PB
	50 Freestyle		31.58	85%	400 Freestyle		4:41.14	98%
	100 Freestyle	10	1:02.48	99%	400 Freestyle		4:41.00	98%
	100 Freestyle		1:05.58	89%	800 Freestyle		9:27.59	100% PB
	100 Freestyle		1:06.01	88%	800 Freestyle	4	9:23.98	101% PB
	100 Freestyle		1:04.36	93%	1500 Freestyle	2	17:52.00	105% PB
100 Freestyle		1:06.10	88%					
Diljá Rún Ívarsdóttir	01/04/2002		010402-2470					
	50 Butterfly	16	31.70	102% PB	100 Butterfly	11	1:12.88	92%
	50 Butterfly		32.23	99%	100 Butterfly		1:12.36	93%
50 Butterfly		33.23	93%	200 Butterfly	5	2:38.45	92%	
Eydís Ósk Kolbeinsdóttir	12/10/2000		121000-2960					
	50 Freestyle		30.55	82%	400 Freestyle	3	4:25.55	95%
	50 Freestyle		29.75	86%	400 Freestyle		4:33.76	90%
	50 Freestyle		31.13	79%	800 Freestyle		9:13.15	94%
	100 Freestyle		1:01.94	91%	800 Freestyle	2	9:06.37	96%
	100 Freestyle		1:04.23	85%	1500 Freestyle	1	17:23.27	99%
	100 Freestyle		1:04.99	83%	50 Butterfly		30.82	95%
	200 Freestyle		2:13.08	90%	100 Butterfly		1:08.02	96%
	200 Freestyle		2:09.73	94%	200 Medley	3	2:25.05	97%
	200 Freestyle		2:14.89	87%	400 Medley	1	4:56.91	99%
400 Freestyle		4:31.25	91%					
Hafðís Eva Pálsdóttir	03/03/2004		030304-2760					
	50 Backstroke		34.93	98%	100 Backstroke	12	1:11.71	104% PB
	50 Backstroke	13	33.88	105% PB	100 Backstroke		1:15.17	94%
50 Backstroke		35.55	95%	200 Backstroke	10	2:35.56	102% PB	
Sunneva Dögg Robertson	19/09/1999		190999-3789					
	50 Freestyle		28.45 F	92%	200 Freestyle	1	2:03.27 F	99%
	50 Freestyle	4	27.42 F	99%	200 Freestyle	1	2:08.09	91%
	50 Freestyle		29.76	84%	200 Freestyle		2:05.55	95%
	50 Freestyle	3	27.10	101% CR	400 Freestyle	1	4:18.04	97%
	50 Freestyle		29.18	87%	50 Butterfly	6	30.00	101% PB
	100 Freestyle		59.43 F	94%	100 Butterfly		1:06.85	94%
	100 Freestyle		1:02.21	86%	400 Medley	2	4:59.94	97%
100 Freestyle		1:00.57	91%					
Sylwia Sienkiewicz	13/06/1999		130699-3089					
	50 Freestyle		29.73	92%	100 Backstroke		1:11.70	92%
	50 Freestyle	11	28.46	100% PB	100 Backstroke	6	1:09.05	99%
	100 Freestyle	9	1:02.20	95%	200 Backstroke	5	2:26.28 F	101% PB
	50 Backstroke		34.07 F	95%	200 Backstroke	6	2:29.67	97%
	50 Backstroke		33.20 F	100%	50 Butterfly		30.73 F	98%
	50 Backstroke		34.32	93%	50 Butterfly	10	30.65	98%
	50 Backstroke	15	34.18	94%	50 Butterfly		30.87	97%
	50 Backstroke		33.38	99%	100 Butterfly	6	1:07.82 F	96%
	100 Backstroke		1:11.08 F	94%	100 Butterfly	6	1:07.96	96%
100 Backstroke	7	1:10.14 F	96%					
Ásta Kamilla Sigurðardóttir	23/02/2004		230204-2760					
	50 Freestyle		31.11	94%	100 Freestyle	19	1:05.29	102% PB
	50 Freestyle		33.10	83%	100 Freestyle		1:10.62	87%
50 Freestyle	21	30.23	99%	200 Freestyle	19	2:23.50	99%	
Stefanía Sigurþórsdóttir	31/01/2001		310101-3460					
	50 Freestyle		31.12	82%	50 Backstroke		34.46	92%
	100 Freestyle		1:05.45	85%	100 Backstroke		1:10.08 F	94%
	200 Freestyle		2:15.81	89%	100 Backstroke	3	1:06.08 F	105% PB
	400 Freestyle		4:38.61	95%	100 Backstroke	3	1:06.33	104% PB
	800 Freestyle	5	9:25.59	97%	100 Backstroke		1:11.67	89%
	50 Backstroke		33.65 F	96%	200 Backstroke	3	2:22.96 F	99%
	50 Backstroke		32.62 F	102% PB	200 Backstroke	3	2:25.91	95%
	50 Backstroke		32.23	105% PB	50 Butterfly		32.27	97%
	50 Backstroke		32.50	103% PB	200 Medley	4	2:25.76	97%

4 x 200 Freestyle : Birna Hilmarsdóttir 02 Eydís Ósk Kolbeinsdóttir 00 3 8:41.59
Stefanía Sigurþórsdóttir 01 Sunneva Dögg Robertson 99

4 x 100 Medley	:	Stefanía Sigurþórsdóttir	01	Sylwia Sienkiewicz	99	2	4:24.68	CR
		Karen Mist Arngeldsdóttir	00	Sunneva Dögg Robertson	99			

Total 203 individual results, average performance: 95.6%

2 new record(s), 31 new personal best(s)

Biggest improvement: Guðný Birna Falsdóttir, 1500 Freestyle 19:28.22