

Results summary

Men, Short Course (25m)

	Distance,Stroke	Pl.	Time Round	Diff.	Distance,Stroke	Pl.	Time Round	Diff.
Sigmar Snær Ágústsson	09/08/2009		090809-3180					
	50 Freestyle	18	1:36.12	285% PB				
Viktor Bergmann Arnarson	11/05/2010		110510-4540					
	50 Freestyle	13	1:12.90	137% PB				
Arnar Milos Arnbjörnsson	26/01/2008		260108-2390					
	50 Freestyle		44.46	94%	200 Backstroke	3	3:49.77	125% PB
	100 Freestyle		1:35.04	108% PB	50 Butterfly	2	56.99	104% PB
	200 Freestyle	7	3:17.45	126% PB	100 Medley	2	1:54.92	110% PB
	50 Backstroke		53.79	105% PB				
Egill Orri Baldursson	12/08/2009		120809-3930					
	50 Freestyle	6	55.69	112% PB	50 Breaststroke	4	1:13.23	88%
	50 Backstroke	5	1:01.78	92%				
Jan Blasik	08/05/2010		080510-3060					
	50 Freestyle	12	1:11.80	PB				
Gabriel Ingi Derti	23/11/2008		231108-3860					
	50 Freestyle	1	42.66	104% PB	50 Backstroke	1	52.98	111% PB
	50 Freestyle		45.68	91%	50 Breaststroke	1	59.84	113% PB
	100 Freestyle		1:40.22	100% PB	100 Medley	3	1:57.78	95%
	200 Freestyle	9	3:29.26	103% PB				
Ómar Magni Egilsson	26/11/2006		261106-2640					
	50 Freestyle		37.28	100% PB	200 Breaststroke	3	3:49.98	140% PB
	100 Freestyle	2	1:19.46	107% PB	50 Butterfly		49.11	93%
	50 Breaststroke		52.22	97%	100 Butterfly	4	1:47.32	99%
	100 Breaststroke		1:51.99	99%	100 Medley	5	1:39.59	95%
Bergur Snær Einarsson	29/12/2008		291208-2230					
	50 Freestyle	4	52.46	91%	50 Butterfly	4	1:10.45	113% PB
	50 Backstroke	4	1:00.03	108% PB				
Daði Rafn Fálsson	10/09/2008		100908-4090					
	50 Freestyle		41.92	90%	100 Breaststroke		1:57.80	107% PB
	100 Freestyle		1:29.89	104% PB	200 Breaststroke	4	3:58.91	110% PB
	200 Freestyle	6	3:05.45	106% PB	50 Butterfly		51.34	121% PB
	50 Backstroke		49.03	90%	100 Medley	1	1:40.76	107% PB
	100 Backstroke	3	1:39.77	159% PB	200 Medley	4	3:28.09	120% PB
	50 Breaststroke		54.80	107% PB				
Helgi Matthías Guðjónsson	25/09/2008		2509083770					
	50 Freestyle	10	1:08.84	144% PB	50 Breaststroke	7	1:17.72	100%
Nói Sebastian Gunnarsson	27/05/2006		270506-3560					
	50 Freestyle		55.01	110% PB	50 Backstroke		57.62	98%
	50 Freestyle		53.08	118% PB	100 Backstroke	6	2:04.46	98%
	100 Freestyle	10	1:56.59	141% PB	50 Breaststroke		58.00	PB
	200 Freestyle	10	4:07.34	120% PB	100 Breaststroke		2:05.10	PB
Jón Fannar Haraldsson	06/09/2010		060910-2780					
	50 Freestyle	20	1:50.06	PB	50 Backstroke	12	2:15.61	PB
Julian Jarnutowski	01/04/2010		010410-2820					
	50 Freestyle	17	1:30.90	PB				
Nikolai Leo Jónsson	22/07/2008		220708-3730					
	50 Freestyle	2	47.70	125% PB	50 Breaststroke	2	1:03.18	99%
	50 Backstroke	2	56.58	90%	50 Butterfly	1	53.88	175% PB
Denas Kazulis	13/01/2008		130108-2880					
	100 Backstroke		1:36.07	97%	200 Breaststroke	2	3:31.14	109% PB
	200 Backstroke	2	3:14.16	139% PB	50 Butterfly		46.16	94%
	50 Breaststroke		49.22	96%	50 Butterfly		42.28	112% PB
	50 Breaststroke		47.02	105% PB	100 Butterfly	2	1:32.66	PB
	100 Breaststroke		1:43.51	96%	100 Butterfly		1:40.27	PB
	100 Breaststroke	2	1:40.20	102% PB	200 Butterfly	2	3:31.20	PB

Árni Þór Pálmason		06/04/2009	060409-3150					
	50 Freestyle	3	47.78	107% PB	50 Breaststroke	3	1:05.82	115% PB
	50 Backstroke	3	58.33	116% PB	50 Butterfly	3	1:02.03	132% PB
Kacper Paulukanis		09/11/2008	091108-2320					
	50 Freestyle	8	59.60	103% PB	50 Breaststroke	6	1:14.69	PB
	50 Backstroke	7	1:08.53	103% PB				
Guðmundur Leo Rafnsson		16/08/2006	160806-3540					
	50 Freestyle		36.88	94%	100 Breaststroke	3	1:47.07	103% PB
	100 Freestyle		1:18.05	105% PB	50 Butterfly		44.86	90%
	200 Freestyle	2	2:46.45	106% PB	100 Medley	3	1:31.58	102% PB
	50 Breaststroke		50.58	99%	200 Medley	2	3:11.29	109% PB
Szymon Sienkiewicz		24/04/2009	240409-2330					
	50 Freestyle	5	55.68	177% PB	50 Breaststroke	8	1:29.24	PB
	50 Backstroke	9	1:16.89	PB				
Baltasar Óðinn Sigurmundarson		16/09/2007	160907-2820					
	50 Freestyle		47.89	74%	50 Breaststroke		1:05.03	80%
	100 Freestyle	9	1:41.95	77%	100 Breaststroke	5	2:14.43	76%
	50 Backstroke		58.93	86%	100 Breaststroke		2:12.41	78%
	100 Backstroke		2:05.62	77%	200 Breaststroke	5	4:32.09	151% PB
	200 Backstroke	4	4:22.32	139% PB	50 Butterfly		1:02.68	84%
	50 Breaststroke		1:03.31	85%	100 Butterfly	5	2:18.39	117% PB
Cezary Snoch		03/12/2010	031210-2910					
	50 Freestyle	15	1:16.43	PB				
Fannberg Einar Þórarinnsson		22/01/2010	220110-2140					
	50 Freestyle	19	1:41.24	PB	50 Backstroke	11	1:29.66	PB
4 x 50 Freestyle								
:	Egill Orri Baldursson		09		Árni Þór Pálmason	09	2	3:28.64
	Nikolai Leo Jónsson		08		Bergur Snær Einarsson	08		
4 x 50 Freestyle								
:	Arnar Milos Arnbjörnsson		08		Gabriel Ingi Derti	08	1	2:43.70
	Denas Kazulis		08		Daði Rafn Falsson	08		
4 x 50 Medley								
:	Arnar Milos Arnbjörnsson		08		Gabriel Ingi Derti	08	1	3:05.48
	Denas Kazulis		08		Daði Rafn Falsson	08		

Total 104 individual results, average performance: 107.9%

0 new record(s), 70 new personal best(s)

Biggest improvement: Sigmar Snær Ágústsson, 50 Freestyle 1:36.12

Results summary

Women, Short Course (25m)

	Distance,Stroke	Pl.	Time	RoundDiff.	Distance,Stroke	Pl.	Time	RoundDiff.
Salvör Adolfsdóttir			15/10/2008 151008-2080					
	50 Freestyle	20	1:03.20	133% PB	50 Breaststroke	15	1:17.43	121% PB
	50 Freestyle		1:07.04	119% PB	50 Breaststroke		1:20.76	111% PB
	100 Freestyle	28	2:24.97	123% PB	100 Breaststroke	27	2:47.02	125% PB
	50 Backstroke	12	1:10.62	91%				
Elija Apanskaite			23/04/2009 230409-2500					
	50 Freestyle	29	1:15.22	PB	50 Backstroke	14	1:16.82	PB
Hera Björg Árnadóttir			03/11/2010 031101-3000					
	50 Freestyle	35	1:37.24	PB				
Signý Hólm Missen Arnarsdóttir			20/04/2011 200411-2180					
	50 Freestyle	31	1:21.75	PB	50 Backstroke	16	1:25.98	PB
Pórey Una Arnlaugsdóttir			11/09/2006 110906-4040					
	50 Freestyle		39.21	86%	200 Breaststroke	3	3:34.89	114% PB
	100 Freestyle		1:21.61	92%	50 Butterfly		42.01	102% PB
	200 Freestyle	4	2:43.70	113% PB	100 Medley	3	1:29.30	101% PB
	50 Breaststroke		51.69	95%	200 Medley	5	3:08.44	101% PB
	100 Breaststroke		1:46.83	91%				
Elísabet Arnoddsdóttir			12/02/2009 120209-2990					
	50 Freestyle	4	43.92	104% PB	50 Butterfly	3	56.55	129% PB
	50 Backstroke	4	54.95	107% PB	100 Medley	3	1:56.69	102% PB
	50 Breaststroke	5	1:01.17	105% PB				
Sunneva Bergmann Ásbjörnsdóttir			13/01/2007 130107-3030					
	50 Freestyle		39.30	101% PB	100 Breaststroke	7	1:45.41	99%
	100 Freestyle	3	1:23.53	102% PB	50 Butterfly		50.81	91%
	50 Backstroke		47.86	101% PB	100 Medley	7	1:35.03	108% PB
	100 Backstroke	6	1:38.84	100%	200 Medley	8	3:22.10	148% PB
	50 Breaststroke		49.25	101% PB				
Salma Mariam Awal			07/01/2010 070110-3770					
	50 Freestyle	30	1:20.14	PB	50 Backstroke	18	1:32.14	PB
Freydís Lilja Bergþórsdóttir			30/07/2009 300709-2140					
	50 Freestyle	10	51.90	115% PB	50 Butterfly	7	1:05.19	PB
	50 Backstroke	7	1:00.90	107% PB	100 Medley	7	2:14.09	PB
	50 Breaststroke	11	1:13.05	PB				
Birta Mjöll Böðvarsdóttir			10/02/2009 100209-2250					
	50 Freestyle	13	58.76	140% PB				
Katla María Brynjarsdóttir			15/04/2007 150407-2650					
	50 Backstroke		41.00	101% PB	100 Butterfly	1	1:33.48	141% PB
	100 Backstroke	1	1:24.76	111% PB	100 Medley	4	1:29.48	103% PB
	50 Butterfly		43.27	111% PB	200 Medley	4	3:07.46	109% PB
	50 Butterfly		41.79	119% PB				
Natalía Dögg Brynjarsdóttir			13/12/2007 131207-3280					
	50 Freestyle		40.86	98%	200 Breaststroke	7	3:49.30	102% PB
	100 Freestyle	6	1:26.03	100% PB	50 Butterfly		50.49	87%
	50 Breaststroke		54.53	94%	100 Medley	9	1:39.89	90%
	100 Breaststroke		1:54.00	95%	200 Medley	11	3:28.19	98%
Sandra Mjöll Brynjarsdóttir			28/12/2010 281210-2540					
	50 Freestyle	19	1:03.02	129% PB	50 Breaststroke		1:30.41	108% PB
	100 Freestyle	30	2:34.42	121% PB	100 Breaststroke	28	3:07.87	115% PB
	50 Backstroke	15	1:25.44	115% PB				
Adriana Agnes Derti			26/09/2010 260910-3370					
	50 Freestyle	11	55.66	106% PB	50 Backstroke	8	1:02.39	142% PB
	50 Freestyle		53.61	114% PB	50 Breaststroke	14	1:15.37	165% PB
	100 Freestyle	22	1:56.18	181% PB	100 Medley	9	2:25.33	128% PB
Birgitta Eva Gísladóttir			13/01/2009 130109-2250					
	50 Freestyle	27	1:12.07	115% PB	100 Medley	11	3:20.96	PB
Birgitta Líf Gísladóttir			23/09/2008 230908-2220					
	50 Freestyle	34	1:36.23	PB	50 Backstroke	19	1:37.00	PB

Tinna Sesselja Gísladóttir	10/06/2010	100610-3370						
50 Freestyle	42	2:38.68		PB				
Eydís Freyja Guðmundsdóttir	31/05/2009	310509-2640						
50 Freestyle	26	1:10.82	104%	PB	50 Backstroke	13	1:16.67	126% PB
Hanna Steinunn Guðnadóttir	02/03/2011	020311-3120						
50 Freestyle	41	2:20.04		PB				
Jóhanna Arna Gunnarsdóttir	02/03/2006	020306-2620						
50 Freestyle		37.72	90%		50 Breaststroke		46.72	101% PB
200 Freestyle	3	2:41.60	98%		100 Breaststroke	4	1:37.94	104% PB
50 Backstroke		42.47	85%		50 Butterfly		39.41	109% PB
200 Backstroke	2	2:56.88	101%	PB	200 Medley	2	2:54.69	114% PB
Stefanía Ósk Halldórsdóttir	18/11/2006	181106-2710						
50 Freestyle		37.13	94%		100 Breaststroke	1	1:30.67	101% PB
100 Freestyle		1:18.41	92%		50 Butterfly		41.23	95%
200 Freestyle	2	2:38.83	100%	PB	100 Medley	1	1:23.82	99%
50 Breaststroke		43.28	101%	PB	200 Medley	3	2:56.63	97%
Ástrós Lovísa Hauksdóttir	07/10/2008	071008-2230						
50 Freestyle	5	44.91	139%	PB	50 Butterfly	2	55.79	123% PB
50 Backstroke	6	57.02	88%		100 Medley	5	2:05.23	114% PB
50 Breaststroke	7	1:07.11	115%	PB				
Jóhanna Bára Holm	03/03/2007	030307-3130						
50 Freestyle		48.03	95%		50 Backstroke		1:01.78	84%
50 Freestyle		43.50	116%	PB	50 Backstroke		1:00.50	88%
100 Freestyle		1:43.06	115%	PB	100 Backstroke		2:07.98	104% PB
100 Freestyle	12	1:35.05	135%	PB	100 Backstroke	10	2:03.07	113% PB
200 Freestyle	16	3:33.58	140%	PB	200 Backstroke	7	4:19.13	131% PB
Sóldís Harpa Holm	29/12/2009	291209-2890						
50 Freestyle	36	1:37.86	136%	PB				
Áróra Elna Ingibjargardóttir	23/02/2009	230209-3750						
50 Freestyle	39	1:46.67		PB				
Elísabet Jóhannesdóttir	12/12/2006	121206-3070						
50 Freestyle		35.82	92%		200 Backstroke	1	2:48.89	104% PB
100 Freestyle		1:16.12	92%		50 Breaststroke		44.38	103% PB
200 Freestyle	1	2:35.96	101%	PB	100 Breaststroke	2	1:32.31	104% PB
50 Backstroke		40.19	88%		50 Butterfly		40.27	92%
100 Backstroke		1:23.44	95%		200 Medley	1	2:52.28	99%
Eydís Jóhannesdóttir	12/04/2011	120411-3490						
50 Freestyle	40	1:53.85		PB				
Steinunn Jónína Jónsdóttir	17/07/2009	170709-4030						
50 Freestyle	28	1:12.58		PB	50 Backstroke	17	1:26.90	PB
Þorgerður Tinna Kristinsdóttir	18/03/2009	180309-3650						
50 Freestyle	24	1:08.85	118%	PB	50 Breaststroke	12	1:13.94	119% PB
50 Freestyle		1:07.28	123%	PB	50 Breaststroke		1:17.93	107% PB
100 Freestyle	29	2:27.53		PB	100 Breaststroke	26	2:39.85	PB
50 Backstroke	10	1:06.93	113%	PB	100 Medley	10	2:36.80	PB
Rebekka Rós Magnadóttir	26/05/2007	260507-2650						
50 Freestyle		39.76	93%		50 Breaststroke		57.89	106% PB
100 Freestyle	4	1:23.76	102%	PB	100 Breaststroke	20	2:02.47	PB
50 Backstroke		47.47	90%		50 Butterfly		44.43	96%
100 Backstroke	5	1:36.73	96%		100 Butterfly	2	1:41.18	100%
Viktoría Erla Magnúsdóttir	26/12/2006	261206-3230						
50 Freestyle		49.68	101%	PB	50 Breaststroke		59.25	100%
100 Freestyle	20	1:47.94	105%	PB	100 Breaststroke	19	2:01.98	101% PB
Nada Medaquine	22/05/2008	220508-4710						
50 Freestyle	16	1:01.52	183%	PB	50 Breaststroke		1:09.50	PB
50 Backstroke	11	1:08.83		PB	100 Breaststroke	25	2:31.36	PB
50 Breaststroke	10	1:09.42		PB				

Jana Guðlaug Ómarsdóttir							
		04/08/2007	040807-2760				
	50 Freestyle		45.32	92%	100 Backstroke	1:45.76	149% PB
	50 Freestyle		42.61	105% PB	200 Backstroke	6 3:36.42	PB
	100 Freestyle		1:35.94	119% PB	50 Breaststroke	57.45	99%
	100 Freestyle	10	1:31.42	132% PB	100 Breaststroke	16 1:59.34	116% PB
	200 Freestyle	14	3:15.09	132% PB	100 Medley	13 1:43.33	117% PB
	50 Backstroke		49.66	95%			
Embla Önnudóttir							
		02/12/2006	021206-2880				
	50 Freestyle		44.11	107% PB	50 Backstroke	50.64	103% PB
	50 Freestyle		43.55	109% PB	100 Backstroke	7 1:43.59	100%
	100 Freestyle	11	1:31.86	113% PB	50 Breaststroke	57.05	109% PB
	100 Freestyle		1:33.50	109% PB	100 Breaststroke	15 1:59.33	113% PB
	200 Freestyle	12	3:11.37	114% PB	200 Medley	14 3:44.22	109% PB
Agnes Jóna Pálmadóttir							
		04/04/2008	040408-3980				
	50 Freestyle	9	51.05	119% PB	50 Butterfly	6 1:05.18	119% PB
	50 Backstroke	9	1:06.66	106% PB	100 Medley	8 2:16.92	107% PB
	50 Breaststroke	13	1:14.50	107% PB			
Nadía Líf Pálsdóttir							
		06/03/2006	060306-3620				
	50 Freestyle		52.83	PB	50 Backstroke	53.49	108% PB
	50 Freestyle		48.00	PB	100 Backstroke	9 1:52.90	110% PB
	100 Freestyle		1:52.67	PB	50 Breaststroke	1:05.93	139% PB
	100 Freestyle	18	1:42.68	PB	100 Breaststroke	22 2:16.81	136% PB
	200 Freestyle	17	3:56.54	PB			
Embla Júlía Mjöll Robertson							
		16/03/2009	160309-3180				
	50 Freestyle	23	1:07.64	123% PB	50 Breaststroke	16 1:19.56	324% PB
Gabija Marija Savickaitė							
		21/05/2008	210508-3250				
	50 Freestyle	7	47.51	120% PB	50 Breaststroke	2 58.48	125% PB
	50 Backstroke	3	54.07	117% PB	50 Butterfly	5 1:03.13	PB
Athena Líf Þrastardóttir							
		24/07/2007	240707-2410				
	50 Freestyle		37.83	84%	200 Breaststroke	5 3:37.33	121% PB
	100 Freestyle		1:20.63	87%	50 Butterfly	44.91	79%
	200 Freestyle	5	2:44.22	101% PB	100 Butterfly	1:37.41	90%
	50 Breaststroke		51.33	92%	200 Butterfly	1 3:20.68	PB
	100 Breaststroke		1:47.35	94%	100 Medley	2 1:26.77	105% PB
Guðlaug Bjarney Valtýsdóttir							
		28/02/2011	280211-2810				
	50 Freestyle	33	1:27.63	156% PB			
Fjóra Margrét Viðarsdóttir							
		16/01/2007	160107-3910				
	50 Freestyle		39.51	105% PB	200 Backstroke	4 3:24.06	PB
	100 Freestyle		1:26.09	105% PB	50 Breaststroke	56.40	105% PB
	200 Freestyle	9	2:59.62	102% PB	100 Breaststroke	12 1:56.92	115% PB
	50 Backstroke		48.34	100% PB	50 Butterfly	53.96	85%
	100 Backstroke		1:40.51	104% PB	200 Medley	13 3:32.96	104% PB
4 x 50 Freestyle							
:	Jóhanna Arna Gunnarsdóttir	06	Elísabet Jóhannesdóttir	06	1	2:19.53	
	Stefanía Ósk Halldórsdóttir	06	Athena Líf Þrastardóttir	07			
	Ástrós Lovísa Hauksdóttir	08	Freydis Lilja Bergþórsdóttir	09	1	3:22.54	
	Agnes Jóna Pálmadóttir	08	Elísabet Arnoddsdóttir	09			
4 x 50 Medley							
:	Jóhanna Arna Gunnarsdóttir	06	Elísabet Jóhannesdóttir	06	1	2:37.43	
	Stefanía Ósk Halldórsdóttir	06	Athena Líf Þrastardóttir	07			
	Ástrós Lovísa Hauksdóttir	08	Elísabet Arnoddsdóttir	09	1	3:38.87	
	Agnes Jóna Pálmadóttir	08	Gabija Marija Savickaitė	08			

Total 210 individual results, average performance: 108.5%

0 new record(s), 161 new personal best(s)

Biggest improvement: Embla Júlía Mjöll Robertson, 50 Breaststroke 1:19.56