

Results summary

Men, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.		Distance,Stroke	Pl.	Time RoundDiff.	
Aron Fannar Kristínarson		14/06/2003	140603-3330					
	50 Freestyle		28.68	96%	200 Freestyle	1	2:14.05	92%
	50 Freestyle		30.18	87%	50 Backstroke	1	32.56	100%
	50 Freestyle	1	28.48	98%	50 Backstroke		34.22	90%
	100 Freestyle	1	1:00.73	100% PB	100 Backstroke	1	1:10.52	93%
	100 Freestyle		1:04.39	89%	100 Medley	1	1:11.10	122% PB
Ingi Þór Ólafsson		05/01/1999	050199-3399					
	50 Freestyle	RL	26.98	98%	100 Backstroke	1	1:07.37	92%
	50 Freestyle		28.03	90%	50 Butterfly		29.20	94%
	50 Freestyle	1	26.74	99%	50 Butterfly	1	28.37	99%
	100 Freestyle	1	58.42	94%	100 Butterfly	1	1:03.35	93%
	50 Backstroke		33.00	87%	100 Medley	1	1:06.17	93%
Flosi Ómarsson		04/09/2003	040903-2240					
	50 Backstroke	2	35.19	100%	50 Butterfly		35.02	128% PB
	50 Backstroke		36.89	91%	50 Butterfly	1	34.16	134% PB
	100 Backstroke	2	1:15.63	93%	100 Medley	2	1:14.44	181% PB
	50 Breaststroke		38.70	107% PB	200 Medley	1	2:42.22	113% PB
	100 Breaststroke	1	1:22.83	105% PB				

Total 29 individual results, average performance: 102.0%

0 new record(s), 8 new personal best(s)

Biggest improvement: Flosi Ómarsson, 100 Medley 1:14.44

Results summary

Women, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
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Pórdís M Aðalsteinsdóttir	15/12/2003		151203-2050			
50 Freestyle			34.74 92%	50 Butterfly		40.35 83%
50 Freestyle	9		32.70 104% PB	50 Butterfly	10	39.76 85%
100 Freestyle	9		1:12.72 89%	100 Butterfly	5	1:28.77 78%
50 Backstroke			42.36 82%	100 Medley	11	1:25.64 97%
100 Backstroke	7		1:27.47 92%			
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Pórunn Kolbrún Árnadóttir	23/04/2002		230402-3530			
50 Freestyle			33.34 95%	100 Freestyle		1:13.07 90%
50 Freestyle			34.29 90%	200 Freestyle	7	2:30.63 94%
50 Freestyle	10		31.37 108% PB	100 Medley	9	1:21.82 100%
100 Freestyle	10		1:10.21 98%			
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Karen Mist Arngersdóttir	09/02/2000		090200-2320			
50 Freestyle	2		28.86 100%	200 Breaststroke	1	2:41.67 95%
50 Breaststroke			35.71 88%	50 Butterfly		34.29 89%
50 Breaststroke	1		34.77 93%	50 Butterfly	RL	33.22 95%
50 Breaststroke			35.17 91%	100 Medley	3	1:10.22 97%
100 Breaststroke			1:16.38 89%	200 Medley	4	2:35.31 92%
100 Breaststroke	1		1:14.64 93%			
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Sólveig María Baldursdóttir	04/01/2004		040104-2160			
50 Freestyle			32.27 98%	50 Butterfly		35.67 84%
50 Freestyle	5		30.82 108% PB	50 Butterfly	3	33.45 96%
100 Freestyle	3		1:06.83 100% PB	100 Medley	2	1:15.38 130% PB
50 Breaststroke	3		40.14 100%	200 Medley	2	2:42.18 103% PB
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Gunnhildur Björg Baldursdóttir	02/11/2000		021100-3310			
50 Freestyle			32.76 85%	50 Butterfly		33.91 82%
50 Freestyle	7		30.26 99%	50 Butterfly	2	32.36 90%
100 Freestyle			1:09.09 87%	100 Butterfly	2	1:13.49 81%
200 Freestyle	3		2:21.48 97%	100 Medley	5	1:14.60 93%
50 Breaststroke	7		39.75 92%	200 Medley	5	2:40.99 88%
50 Butterfly			34.06 81%			
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Thelma Lind Einarsdóttir	26/01/2005		260105-3450			
50 Freestyle			33.36 90%	50 Breaststroke	3	43.63 93%
100 Freestyle	3		1:10.31 92%	50 Butterfly	2	37.66 104% PB
50 Backstroke	2		38.94 85%	100 Medley	2	1:18.69 97%
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Ástrós Elísa Eypórsdóttir	11/06/2002		110602-3320			
50 Freestyle	9		31.06 104% PB	100 Breaststroke	6	1:24.84 94%
50 Breaststroke			40.91 92%	200 Breaststroke	3	2:59.94 92%
50 Breaststroke	6		38.99 101% PB	50 Butterfly		36.71 90%
50 Breaststroke			40.16 95%	100 Butterfly	3	1:19.78 93%
100 Breaststroke			1:26.80 90%	100 Medley	6	1:15.82 108% PB
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Eva Margrét Falsdóttir	05/06/2005		050605-3020			
50 Freestyle			31.91 96%	50 Breaststroke	RL	37.55 100% PB
50 Freestyle	1		30.20 107% PB	50 Breaststroke	1	37.25 102% PB
100 Freestyle	1		1:07.08 102% PB	50 Breaststroke		38.84 94%
50 Backstroke	1		35.59 104% PB	100 Breaststroke	1	1:21.16 97%
50 Backstroke			37.42 94%	100 Medley	1	1:14.13 96%
100 Backstroke	1		1:16.18 99%			
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Guðný Birna Falsdóttir	04/02/2003		040203-2810			
50 Freestyle			33.56 99%	50 Butterfly		39.68 90%
50 Freestyle	7		32.33 107% PB	50 Butterfly	6	37.12 103% PB
100 Freestyle	6		1:10.25 99%	100 Butterfly	4	1:25.18 87%
50 Breaststroke	7		43.20 93%	100 Medley	8	1:21.71 97%
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Birna Hilmarsdóttir	27/09/2002		270902-3240			
50 Freestyle			30.49 94%	100 Breaststroke	4	1:23.45 111% PB
50 Freestyle	4		29.06 104% PB	50 Butterfly		34.55 97%
100 Freestyle	3		1:03.36 96%	50 Butterfly	4	33.27 105% PB
50 Backstroke			35.96 101% PB	100 Medley	4	1:11.91 116% PB
100 Backstroke	3		1:13.46 118% PB	200 Medley	3	2:34.55 111% PB
50 Breaststroke			39.24 106% PB			

Diljá Rún Ívarsdóttir		01/04/2002	010402-2470					
	50 Freestyle		32.21	88%	50 Backstroke	6	35.56 96%	
	50 Freestyle		34.13	79%	50 Breaststroke	8	40.58 91%	
	100 Freestyle	7	1:07.26	96%	50 Breaststroke		41.06 89%	
	100 Freestyle		1:11.59	85%	100 Breaststroke	7	1:27.51 90%	
	200 Freestyle	5	2:26.54	92%				
Eydís Ósk Kolbeinsdóttir		12/10/2000	121000-2960					
	50 Freestyle		30.19	84%	50 Breaststroke		38.03 91%	
	100 Freestyle		1:03.97	85%	100 Breaststroke	2	1:19.69 94%	
	200 Freestyle	2	2:14.44	88%	50 Butterfly		32.16 87%	
	50 Backstroke	1	32.42	91%	100 Medley	2	1:09.59 92%	
	50 Breaststroke	2	36.77	97%	200 Medley	1	2:25.46 97%	
Kolbrún Eva Pálmadóttir		27/04/2002	270402-3480					
	50 Freestyle		34.36	86%	100 Backstroke	6	1:27.02 78%	
	100 Freestyle	12	1:13.04	80%	50 Butterfly	8	38.90 84%	
	50 Backstroke	8	40.61	86%	100 Medley	13	1:25.18 82%	
	50 Backstroke		42.21	80%				
Hafdís Eva Pálsdóttir		03/03/2004	030304-2760					
	50 Freestyle	4	30.72	104% PB	50 Breaststroke	4	41.36 95%	
	50 Backstroke		37.32	86%	50 Butterfly	4	34.14 100%	
	100 Backstroke	3	1:17.73	90%	100 Medley	3	1:17.42 101% PB	
Sunneva Dögg Robertson		19/09/1999	190999-3789					
	50 Freestyle		29.59	85%	50 Breaststroke	RL	38.54 97%	
	50 Freestyle		29.63	85%	50 Breaststroke	4	38.34 98%	
	50 Freestyle	1	27.83	96%	50 Breaststroke		40.56 87%	
	100 Freestyle	1	1:01.09	89%	100 Breaststroke		1:25.79 87%	
	100 Freestyle		1:01.18	89%	100 Breaststroke	3	1:21.13 98%	
	200 Freestyle	1	2:07.17	93%	200 Breaststroke	2	2:58.94 92%	
	50 Backstroke	3	33.66	95%	50 Butterfly		32.45 86%	
	50 Backstroke		33.75	95%	50 Butterfly		32.26 87%	
	50 Backstroke		34.18	92%	50 Butterfly	RL	31.60 91%	
	100 Backstroke		1:10.20	92%	50 Butterfly	1	30.68 96%	
	100 Backstroke	1	1:08.97	95%	100 Butterfly	1	1:09.21 88%	
	200 Backstroke	1	2:24.47	95%	100 Medley	1	1:09.06 101% PB	
	50 Breaststroke		38.32	98%	200 Medley	2	2:30.03 90%	
Ásta Kamilla Sigurðardóttir		23/02/2004	230204-2760					
	50 Freestyle		33.29	86%	50 Backstroke		39.55 90%	
	50 Freestyle		34.57	80%	100 Backstroke	4	1:20.26 96%	
	50 Freestyle	1	30.09	105% PB	50 Butterfly		36.90 91%	
	100 Freestyle	5	1:09.49	93%	100 Medley	9	1:22.03 94%	
	100 Freestyle		1:12.15	86%	200 Medley	4	2:52.93 96%	
	200 Freestyle	3	2:27.00	100% PB				
Stefanía Sigurþórsdóttir		31/01/2001	310101-3460					
	50 Freestyle		30.64	85%	50 Backstroke		34.88 92%	
	50 Freestyle	3	29.05	95%	100 Backstroke	2	1:10.96 93%	
	100 Freestyle	2	1:03.21	91%	50 Breaststroke	3	37.30 95%	
	50 Backstroke	2	32.99	103% PB	50 Butterfly	3	33.13 92%	
4 x 50 Breaststroke	:	Sunneva Dögg Robertson	99		Diljá Rún Ívarsdóttir	02	2	2:36.77
		Ástrós Elísa Eypórsdóttir	02		Birna Hilmarsdóttir	02		
4 x 50 Breaststroke	:	Eva Margrét Falsdóttir	05		Eydís Ósk Kolbeinsdóttir	00	1	2:27.07
		Stefanía Sigurþórsdóttir	01		Karen Mist Arngeirsdóttir	00		
4 x 50 Butterfly	:	Karen Mist Arngeirsdóttir	00		Sólveig María Baldursdóttir	04	2	2:14.56
		Stefanía Sigurþórsdóttir	01		Birna Hilmarsdóttir	02		
4 x 50 Butterfly	:	Sunneva Dögg Robertson	99		Eydís Ósk Kolbeinsdóttir	00	1	2:09.72
		Gunnhildur Björg Baldursdóttir	00		Diljá Rún Ívarsdóttir	02		

Total 169 individual results, average performance: 93.9%

0 new record(s), 31 new personal best(s)

Biggest improvement: Sólveig María Baldursdóttir, 100 Medley 1:15.38