

Results summary

Men, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
<b>Framtíðarhópur</b>						
Gabriel Ari Tryggvarson	07/04/2003		070403-2770			
	50 Backstroke	11	32.33 91%			
<b>Afrekshópur Vatnaveröld</b>						
Már Gunnarsson S12	19/11/1999		191199-2869			
	50 Freestyle		30.72 94%	50 Backstroke		34.89 88%
	50 Freestyle		29.61 102% PB	100 Backstroke	11	1:10.88 96%
	50 Freestyle		31.44 90%	100 Backstroke		1:12.05 92%
	100 Freestyle		1:04.08 95%	200 Backstroke	10	2:27.48 103% PB
	100 Freestyle		1:05.67 91%	50 Butterfly		35.00 97%
	200 Freestyle	29	2:14.99 100%	100 Medley	7	1:12.80 104% PB
	50 Backstroke		34.77 89%	200 Medley	17	2:34.75 106% PB
	50 Backstroke	12	33.97 93%			
Kári Snær Halldórsson	13/01/2004		130104-3470			
	50 Freestyle		30.33 104% PB	100 Breaststroke		1:12.93 F 104% PB
	50 Breaststroke	8	33.59 F 100% PB	100 Breaststroke		1:13.42 102% PB
	50 Breaststroke		34.38 F 96%	100 Breaststroke	11	1:11.29 109% PB
	50 Breaststroke	8	33.22 102% PB	200 Breaststroke	6	2:33.94 F 112% PB
	50 Breaststroke		34.13 97%	200 Breaststroke	6	2:34.35 112% PB
	50 Breaststroke		33.54 101% PB			
Fannar Snævar Hauksson	07/09/2004		070904-3140			
	50 Freestyle	10	25.73 108% PB	100 Backstroke		1:06.02 89%
	50 Backstroke		29.57 F 99%	100 Backstroke	5	1:01.87 101% PB
	50 Backstroke	5	28.71 F 105% PB	200 Backstroke	4	2:16.06 F 104% PB
	50 Backstroke		30.74 F 91%	200 Backstroke	4	2:18.88 99%
	50 Backstroke		29.77 97%	50 Butterfly		28.01 F 100%
	50 Backstroke		31.38 88%	50 Butterfly	7	27.80 F 101% PB
	50 Backstroke		28.96 103% PB	50 Butterfly		27.56 103% PB
	50 Backstroke	4	28.75 104% PB	50 Butterfly	6	27.31 105% PB
	100 Backstroke	4	1:01.81 F 101% PB	100 Butterfly	5	1:00.32 F 106% PB
	100 Backstroke		1:04.92 F 92%	100 Butterfly	4	1:00.38 106% PB
Björgvin Theodór Hilmarsson	06/07/1998		060798-2659			
	50 Freestyle	7	25.20 F 99%	50 Freestyle	7	25.07 100%
Aron Fannar Kristínarson	14/06/2003		140603-3330			
	50 Freestyle		30.59 82%	800 Freestyle	5	9:07.73 106% PB
	50 Freestyle		29.91 85%	1500 Freestyle	7	17:27.29 105% PB
	100 Freestyle		1:03.92 85%	50 Backstroke		32.51 F 91%
	100 Freestyle		1:04.28 84%	50 Backstroke		32.21 93%
	200 Freestyle		2:13.28 86%	100 Backstroke		1:07.82 F 95%
	200 Freestyle		2:13.63 86%	100 Backstroke		1:08.17 94%
	400 Freestyle		4:34.94 98%	200 Backstroke	5	2:20.14 F 104% PB
	400 Freestyle		4:33.34 99%	200 Backstroke	5	2:19.54 105% PB
	800 Freestyle		9:18.53 102% PB			
Flosi Ómarsson	04/09/2003		040903-2240			
	50 Backstroke		31.99 F 99%	100 Backstroke		1:08.59 F 95%
	50 Backstroke	8	29.70 F 115% PB	100 Backstroke	9	1:06.24 101% PB
	50 Backstroke		32.76 F 94%	100 Backstroke		1:08.54 95%
	50 Backstroke		31.84 100%	200 Backstroke	6	2:21.39 F 108% PB
	50 Backstroke	8	30.74 107% PB	200 Backstroke	6	2:22.57 106% PB
	50 Backstroke		32.39 96%	50 Butterfly		31.90 97%
	100 Backstroke	8	1:06.04 F 102% PB	200 Medley	11	2:28.48 98%
Tristan Þór K Wium	13/05/2002		130502-2960			
	50 Freestyle		30.90 84%	200 Freestyle	31	2:16.92 93%
	50 Freestyle		32.00 78%	200 Freestyle		2:22.55 86%
	100 Freestyle		1:04.79 90%	400 Freestyle	27	4:51.85 93%
	100 Freestyle		1:07.22 83%			

4 x 100 Freestyle	:	Már Gunnarsson S12	99	Aron Fannar Kristínarson	03	6	3:57.66
		Fannar Snævar Hauksson	04	Flosi Ómarsson	03		
4 x 200 Freestyle	:	Már Gunnarsson S12	99	Flosi Ómarsson	03	6	8:37.98
		Aron Fannar Kristínarson	03	Fannar Snævar Hauksson	04		

Total 87 individual results, average performance: 97.6%  
0 new record(s), 36 new personal best(s)  
Biggest improvement: Flosi Ómarsson, 50 Backstroke 29.70

Results summary

Women, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
<b>Afrekshópur Vatnaveröld</b>						
Pórdís M Aðalsteinsdóttir	15/12/2003		151203-2050			
50 Freestyle			35.26 86%	200 Freestyle		2:29.98 91%
50 Freestyle			33.25 97%	200 Freestyle	28	2:24.08 99%
50 Freestyle			34.48 90%	200 Freestyle		2:27.38 95%
100 Freestyle			1:13.63 87%	400 Freestyle		5:05.01 92%
100 Freestyle			1:09.86 96%	400 Freestyle	19	4:58.85 96%
100 Freestyle			1:11.50 92%	800 Freestyle	15	10:12.27 98%
Karen Mist Arngeirsdóttir	09/02/2000		090200-2320			
50 Freestyle	15		28.44 103% PB	100 Breaststroke		1:15.46 F 89%
50 Breaststroke	1		32.84 F 102% PB	100 Breaststroke	1	1:11.02 F 100% PB
50 Breaststroke			35.76 F 86%	100 Breaststroke		1:16.37 87%
50 Breaststroke			33.11 F 100%	100 Breaststroke	1	1:11.46 99%
50 Breaststroke	1		32.96 101% PB	200 Breaststroke	1	2:34.70 F 101% PB
50 Breaststroke			36.12 84%	200 Breaststroke	3	2:39.05 95%
50 Breaststroke			33.29 99%			
Gunnhildur Björg Baldursdóttir	02/11/2000		021100-3310			
50 Butterfly			31.16 F 97%	100 Butterfly		1:08.11 95%
50 Butterfly			31.78 F 93%	100 Butterfly	5	1:08.25 94%
50 Butterfly	11		31.16 97%	100 Butterfly		1:07.50 96%
50 Butterfly			31.38 96%	200 Butterfly	2	2:24.31 F 97%
50 Butterfly			31.58 94%	200 Butterfly	2	2:23.33 98%
100 Butterfly	5		1:06.92 F 98%	400 Medley	4	5:18.70 95%
100 Butterfly			1:07.48 F 96%			
Thelma Lind Einarsdóttir	26/01/2005		260105-3450			
50 Freestyle			34.44 83%	400 Freestyle	24	5:01.95 97%
50 Freestyle			33.30 89%	800 Freestyle	17	10:19.69 PB
100 Freestyle			1:12.96 82%	50 Butterfly		35.70 99%
100 Freestyle			1:10.42 88%	100 Butterfly		1:19.06 99%
200 Freestyle			2:30.87 88%	200 Medley	14	2:37.69 107% PB
200 Freestyle			2:27.63 92%	400 Medley	8	5:30.61 98%
400 Freestyle			5:08.01 93%			
Eva Margrét Falsdóttir	05/06/2005		050605-3020			
50 Breaststroke			35.68 F 102% PB	100 Breaststroke	4	1:15.09 105% PB
50 Breaststroke			35.51 F 103% PB	100 Breaststroke		1:17.26 99%
50 Breaststroke	3		34.73 F 108% PB	200 Breaststroke	3	2:38.07 F 106% PB
50 Breaststroke	3		35.38 104% PB	200 Breaststroke	4	2:43.11 100%
50 Breaststroke			35.56 103% PB	50 Butterfly		33.41 104% PB
50 Breaststroke			36.23 99%	100 Butterfly		1:12.89 104% PB
100 Breaststroke	5		1:14.84 F 105% PB	200 Medley	4	2:30.21 109% PB
100 Breaststroke			1:15.68 F 103% PB	400 Medley	3	5:15.43 101% PB
Guðný Birna Falsdóttir	04/02/2003		040203-2810			
50 Freestyle			33.46 93%	200 Freestyle		2:28.30 96%
100 Freestyle			1:11.06 97%	400 Freestyle	23	5:01.79 95%
Birna Hilmarsdóttir	27/09/2002		270902-3240			
50 Freestyle			32.14 82%	200 Freestyle		2:14.85 97%
50 Freestyle			31.05 88%	200 Freestyle		2:17.90 93%
50 Freestyle	12		27.97 108% PB	200 Freestyle		2:17.44 94%
50 Freestyle			32.02 82%	400 Freestyle		4:39.38 97%
50 Freestyle			28.95 101% PB	400 Freestyle	6	4:34.13 101% PB
100 Freestyle			1:05.07 91%	400 Freestyle		4:40.02 97%
100 Freestyle			1:06.93 86%	800 Freestyle		9:27.83 97%
100 Freestyle	7		1:00.69 104% PB	800 Freestyle	3	9:20.75 100%
100 Freestyle			1:06.95 86%	1500 Freestyle	3	17:53.83 100%
Diljá Rún Ívarsdóttir	01/04/2002		010402-2470			
50 Butterfly			31.81 F 99%	100 Butterfly		1:09.09 102% PB
50 Butterfly			31.65 F 100% PB	100 Butterfly	7	1:08.46 104% PB
50 Butterfly	13		31.27 103% PB	200 Medley	5	2:31.56 F 103% PB
50 Butterfly			31.55 101% PB	200 Medley	7	2:32.96 101% PB
50 Butterfly			31.63 100% PB	400 Medley	5	5:20.78 101% PB
100 Butterfly	7		1:08.27 F 105% PB			

Eydís Ósk Kolbeinsdóttir		12/10/2000	121000-2960				
50 Freestyle			30.25	83%	200 Freestyle		2:08.61 96%
50 Freestyle	10		27.76	99%	400 Freestyle		4:26.90 94%
50 Freestyle			29.57	87%	400 Freestyle	1	4:22.92 97%
50 Freestyle			31.67	76%	400 Freestyle		4:39.65 86%
100 Freestyle			1:01.99	91%	800 Freestyle		9:20.19 92%
100 Freestyle			1:03.49	87%	800 Freestyle	1	9:02.60 98%
100 Freestyle			1:06.57	79%	1500 Freestyle	2	17:23.30 99%
200 Freestyle			2:11.01	92%	100 Butterfly		1:07.45 96%
200 Freestyle			2:18.13	83%	400 Medley	2	5:01.73 96%
Hafðís Eva Pálsdóttir		03/03/2004	030304-2760				
50 Backstroke			34.11	98%	100 Backstroke	13	1:12.67 93%
50 Backstroke			34.94	93%	100 Backstroke		1:13.08 92%
50 Backstroke	12		33.12	104% PB	200 Backstroke	9	2:33.46 103% PB
50 Backstroke			34.64	95%			
Sylwia Sienkiewicz		13/06/1999	130699-3089				
50 Breaststroke	7		36.29 F	99%	50 Butterfly		32.32 F 88%
50 Breaststroke			38.54	88%	50 Butterfly	15	31.99 90%
50 Breaststroke			36.58	98%	50 Butterfly		32.26 89%
50 Breaststroke	6		36.25	99%	50 Butterfly		32.35 88%
100 Breaststroke	6		1:17.28	102% PB	100 Butterfly	8	1:10.01 F 90%
100 Breaststroke			1:21.66	91%	100 Butterfly	9	1:10.09 90%
200 Breaststroke	9		2:50.53	94%	200 Medley	6	2:31.61 F 95%
50 Butterfly			32.34 F	88%	200 Medley	6	2:32.02 94%
Ásta Kamilla Sigurðardóttir		23/02/2004	230204-2760				
50 Freestyle			30.62	97%	200 Freestyle		2:22.40 96%
50 Freestyle			30.70	96%	400 Freestyle	16	4:52.03 100% PB
50 Freestyle			31.97	89%	50 Butterfly	16	32.03 103% PB
100 Freestyle			1:05.96	96%	50 Butterfly		32.48 100% PB
100 Freestyle	25		1:04.93	99%	100 Butterfly	11	1:10.97 102% PB
100 Freestyle			1:07.75	91%			
Stefanía Sigurþórsdóttir		31/01/2001	310101-3460				
50 Freestyle			28.74 F	96%	200 Freestyle	4	2:10.09 97%
50 Freestyle			29.76 F	89%	50 Backstroke		33.69 F 87%
50 Freestyle			28.53	97%	50 Backstroke	7	31.10 F 102% PB
50 Freestyle			28.49	97%	50 Backstroke	7	31.53 99%
50 Freestyle	8		27.49	105% PB	50 Backstroke		32.59 93%
50 Freestyle			30.02	88%	50 Backstroke		33.54 88%
100 Freestyle	5		58.94 F	103% PB	100 Backstroke		1:09.60 F 90%
100 Freestyle			1:02.34 F	92%	100 Backstroke		1:09.31 91%
100 Freestyle			1:03.08	90%	200 Backstroke	2	2:23.07 F 98%
100 Freestyle	4		59.52	101% PB	200 Backstroke	1	2:22.89 98%
200 Freestyle	4		2:10.50 F	97%			
4 x 100 Freestyle	:	Stefanía Sigurþórsdóttir	01	Birna Hilmarsdóttir	02	3	4:02.83
		Eydís Ósk Kolbeinsdóttir	00	Karen Mist Arngæisdóttir	00		
4 x 200 Freestyle	:	Ásta Kamilla Sigurðardóttir	04	Sylwia Sienkiewicz	99	7	9:27.24
		Thelma Lind Einarsdóttir	05	Gunnhildur Björg Baldursdóttir	00		
4 x 100 Medley	:	Hafðís Eva Pálsdóttir	04	Ásta Kamilla Sigurðardóttir	04	7	4:40.11
		Eva Margrét Falsdóttir	05	Thelma Lind Einarsdóttir	05		
4 x 100 Medley	:	Stefanía Sigurþórsdóttir	01	Gunnhildur Björg Baldursdóttir	00	3	4:27.35
		Karen Mist Arngæisdóttir	00	Eydís Ósk Kolbeinsdóttir	00		

Total 173 individual results, average performance: 95.6%

0 new record(s), 45 new personal best(s)

Biggest improvement: Eva Margrét Falsdóttir, 200 Medley 2:30.21