

Results summary

Men, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
Framtíðarhópur						
Arnar Milos Arnbjörnsson	26/01/2008		260108-2390			
	50 Freestyle		39.72 85%	100 Backstroke	6	1:36.34 108% PB
	50 Freestyle		36.70 100%	50 Breaststroke		52.22 104% PB
	100 Freestyle		1:24.85 90%	100 Breaststroke	13	1:50.25 104% PB
	100 Freestyle		1:17.64 108% PB	50 Butterfly		49.65 94%
	200 Freestyle		2:55.43 103% PB	50 Butterfly		49.18 96%
	200 Freestyle	3	2:40.48 123% PB	100 Butterfly	9	1:45.27 PB
	400 Freestyle	1	5:53.82 PB	200 Medley	2	3:19.76 110% PB
	50 Backstroke		46.53 93%			
Gabriel Ingi Derti	23/11/2008		231108-3860			
	50 Freestyle		46.34 71%	400 Freestyle	4	6:46.40 118% PB
	50 Freestyle		39.70 97%	50 Backstroke		46.12 103% PB
	100 Freestyle		1:39.69 82%	100 Backstroke	7	1:36.78 146% PB
	100 Freestyle		2:19.32 42%	50 Butterfly		49.21 85%
	200 Freestyle		3:23.14 87%	200 Medley	4	3:23.26 116% PB
	200 Freestyle	7	3:06.20 103% PB			
Daði Rafn Falsón	10/09/2008		100908-4090			
	50 Freestyle		37.03 92%	100 Backstroke		1:36.10 97%
	50 Freestyle		36.95 92%	100 Backstroke	3	1:32.28 105% PB
	100 Freestyle	5	1:16.48 100% PB	200 Backstroke	4	3:11.96 98%
	100 Freestyle		1:18.70 95%	50 Breaststroke		47.43 95%
	200 Freestyle	2	2:39.49 105% PB	100 Breaststroke	3	1:38.22 102% PB
	50 Backstroke		46.44 92%	50 Butterfly		43.17 105% PB
	50 Backstroke		45.40 97%	100 Butterfly	5	1:35.85 106% PB
Denas Kazulis	13/01/2008		130108-2880			
	50 Freestyle		33.68 89%	100 Backstroke	1	1:21.30 111% PB
	50 Freestyle		34.95 83%	200 Backstroke	1	2:53.47 102% PB
	100 Freestyle	1	1:09.43 101% PB	50 Butterfly		43.78 84%
	100 Freestyle		1:13.72 90%	50 Butterfly		41.60 94%
	200 Freestyle	1	2:31.44 105% PB	100 Butterfly		1:34.95 93%
	50 Backstroke		41.54 91%	100 Butterfly	2	1:29.13 106% PB
	50 Backstroke		39.29 101% PB	200 Butterfly	1	3:14.50 118% PB
	100 Backstroke		1:26.14 98%			
Guðmundur Leo Rafnsson	16/08/2006		160806-3540			
	50 Freestyle		36.25 91%	200 Freestyle		2:39.23 99%
	50 Freestyle	7	32.28 115% PB	200 Freestyle	9	2:38.03 100% PB
	50 Freestyle		35.08 97%	400 Freestyle	4	5:21.67 130% PB
	50 Freestyle		35.46 95%	50 Backstroke		40.13 98%
	100 Freestyle		1:16.91 94%	100 Backstroke	5	1:21.75 104% PB
	100 Freestyle	10	1:13.10 104% PB	50 Butterfly		40.61 104% PB
	100 Freestyle		1:15.13 99%	200 Medley	4	3:02.64 100% PB
Bjarni Ívar Ragnarsson	13/05/2008		130508-2350			
	50 Freestyle		35.99 101% PB	100 Backstroke		1:27.30 101% PB
	50 Freestyle		36.65 98%	100 Backstroke	2	1:24.62 108% PB
	100 Freestyle	4	1:15.74 103% PB	200 Backstroke	2	2:56.25 109% PB
	100 Freestyle		1:18.74 95%	50 Breaststroke		47.46 106% PB
	200 Freestyle	4	2:43.78 98%	100 Breaststroke	4	1:39.00 111% PB
	50 Backstroke		42.40 95%	50 Butterfly		43.39 92%
	50 Backstroke		40.82 103% PB	100 Butterfly	4	1:34.79 99%
Jakob Ingi Reynisson	23/02/2006		230206-2440			
	50 Backstroke	5	36.45 112% PB	50 Butterfly	3	37.20 134% PB
	50 Breaststroke	2	43.81 128% PB			
Baltasar Óðinn Sigurmundarson	16/09/2007		160907-2820			
	50 Freestyle		39.60 108% PB	50 Breaststroke		53.01 110% PB
	100 Freestyle		1:25.44 109% PB	100 Breaststroke	14	1:50.76 109% PB
	200 Freestyle	5	2:59.42 105% PB	50 Butterfly		50.24 97%
	50 Backstroke		49.94 103% PB	50 Butterfly		49.04 102% PB
	100 Backstroke		1:43.20 100% PB	100 Butterfly	8	1:45.07 114% PB
	200 Backstroke	7	3:31.70 106% PB	200 Medley	5	3:23.57 116% PB

Sigmundur Þór Sigurmundarson	30/08/2005	300805-2050					
50 Freestyle		34.55	92%	200 Backstroke	5	2:53.30	117% PB
100 Freestyle		1:12.15	95%	50 Breaststroke		44.35	115% PB
200 Freestyle	5	2:27.25	105% PB	50 Breaststroke	3	43.97	117% PB
50 Backstroke		41.30	110% PB	100 Breaststroke	4	1:34.46	113% PB
50 Backstroke	6	39.94	118% PB	50 Butterfly	6	38.68	141% PB
100 Backstroke		1:26.21	117% PB				

Háhyrningar

Egill Orri Baldursson	12/08/2009	120809-3930					
50 Freestyle	18	45.00	99%	50 Backstroke	13	51.44	111% PB
50 Freestyle		40.61	122% PB	50 Breaststroke		1:04.17	115% PB
100 Freestyle	18	1:29.40	131% PB	100 Breaststroke	31	2:22.78	PB
Bergur Snær Einarsson	29/12/2008	291208-2230					
50 Freestyle		48.36	96%	50 Breaststroke		1:05.10	102% PB
100 Freestyle	31	1:43.69	95%	100 Breaststroke	27	2:15.97	102% PB
50 Backstroke		55.57	88%	50 Butterfly		59.08	119% PB
100 Backstroke		1:53.91	105% PB	200 Medley	9	3:58.57	105% PB
200 Backstroke	12	3:49.83	103% PB				
Sindri Már Eiríksson	13/03/2008	130308-3090					
50 Freestyle		42.54	302% PB	50 Backstroke	6	46.23	310% PB
100 Freestyle	20	1:31.33	PB				
Elmar Hrafn Gestsson	25/09/2008	250908-2290					
50 Freestyle	6	39.38	118% PB	50 Breaststroke		53.99	102% PB
50 Freestyle		42.63	100% PB	100 Breaststroke		1:50.82	101% PB
50 Freestyle		43.52	96%	200 Breaststroke	1	3:46.06	101% PB
100 Freestyle	17	1:28.21	111% PB	50 Butterfly		52.90	115% PB
100 Freestyle		1:31.38	103% PB	200 Medley	6	3:28.62	122% PB
200 Freestyle	9	3:10.52	109% PB				
Helgi Matthías Guðjónsson	25/09/2008	2509083770					
50 Freestyle		44.89	114% PB	200 Backstroke	10	3:49.10	PB
100 Freestyle	27	1:35.97	108% PB	50 Breaststroke		1:01.60	117% PB
50 Backstroke		1:53.35	26%	100 Breaststroke	25	2:08.45	116% PB
100 Backstroke		2:52.30	60%				
Nikolai Leo Jónsson	22/07/2008	220708-3730					
50 Freestyle		39.70	107% PB	100 Backstroke		2:30.38	45%
50 Freestyle		40.48	103% PB	200 Backstroke	5	3:20.82	140% PB
100 Freestyle	9	1:23.08	112% PB	50 Breaststroke		51.25	110% PB
100 Freestyle		1:27.53	101% PB	100 Breaststroke	8	1:44.60	115% PB
200 Freestyle	6	3:01.43	123% PB	50 Butterfly		48.85	116% PB
50 Backstroke		1:39.14	26%	200 Medley	1	3:19.15	121% PB
Árni Þór Pálmason	06/04/2009	060409-3150					
50 Freestyle	3	38.38	108% PB	50 Breaststroke		53.03	111% PB
50 Freestyle		39.61	102% PB	100 Breaststroke	12	1:50.19	143% PB
100 Freestyle	13	1:24.51	122% PB	50 Butterfly		46.12	136% PB
50 Backstroke		47.05	114% PB	50 Butterfly	1	47.49	128% PB
100 Backstroke	10	1:38.12	112% PB	100 Butterfly	7	1:42.20	PB
Kacper Paulukanis	09/11/2008	091108-2320					
50 Freestyle		44.88	95%	200 Backstroke	11	3:49.53	PB
100 Freestyle	29	1:36.72	101% PB	50 Breaststroke		1:00.93	150% PB
50 Backstroke		53.90	90%	100 Breaststroke	24	2:07.59	PB
100 Backstroke		1:52.35	109% PB				

Sverðfiskar Vatnaveröld

Aron Logi Halldórsson	20/04/2010	200410-3510						
50 Freestyle	15	41.83	117% PB	50 Breaststroke		57.62	109% PB	
50 Freestyle		44.67	102% PB	50 Breaststroke	4	55.86	116% PB	
100 Freestyle	26	1:35.61	101% PB	100 Breaststroke	20	2:00.96	121% PB	
Gísli Kristján Traustason	26/07/2009	260709-2160						
50 Freestyle	20	46.96	128% PB	50 Breaststroke		59.22	109% PB	
50 Freestyle		48.78	119% PB	50 Breaststroke	5	56.20	121% PB	
100 Freestyle	33	1:44.63	139% PB	100 Breaststroke	21	2:01.38	131% PB	

Total 186 individual results, average performance: 106.6%
0 new record(s), 131 new personal best(s)
Biggest improvement: Sindri Már Eiríksson, 50 Backstroke 46.23

Results summary

Women, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
Framtíðarhópur						
Rebekka Marín Arngeirsdóttir	22/09/2005		220905-2840			
50 Freestyle			36.58 88%	400 Freestyle	7	5:23.83 119% PB
50 Freestyle			33.57 104% PB	50 Backstroke		36.73 110% PB
50 Freestyle			34.73 97%	100 Backstroke	2	1:15.69 108% PB
100 Freestyle			1:17.99 86%	50 Breaststroke		40.09 110% PB
100 Freestyle	7		1:10.32 106% PB	100 Breaststroke	3	1:25.28 111% PB
100 Freestyle			1:13.15 98%	50 Butterfly		35.96 115% PB
200 Freestyle			2:42.26 93%	200 Medley	1	2:43.22 113% PB
200 Freestyle	6		2:30.27 108% PB			
Pórey Una Arnlaugsdóttir	11/09/2006		110906-4040			
50 Freestyle			36.55 91%	100 Backstroke	8	1:20.11 103% PB
50 Freestyle			36.34 92%	50 Butterfly		38.91 104% PB
100 Freestyle			1:16.14 93%	50 Butterfly		38.51 106% PB
100 Freestyle			1:16.42 92%	50 Butterfly		39.38 101% PB
200 Freestyle	8		2:34.72 104% PB	100 Butterfly	2	1:23.32 116% PB
200 Freestyle			2:37.02 101% PB	100 Butterfly		1:25.75 109% PB
400 Freestyle	4		5:17.53 117% PB	200 Butterfly	1	3:01.78 110% PB
50 Backstroke			38.78 102% PB	200 Medley	6	2:53.45 108% PB
Sunneva Bergmann Ásbjörnsdóttir	13/01/2007		130107-3030			
50 Freestyle			35.88 101% PB	50 Breaststroke		44.52 109% PB
50 Freestyle			34.41 109% PB	100 Breaststroke	3	1:34.93 104% PB
100 Freestyle			1:16.55 96%	100 Breaststroke		1:34.83 104% PB
100 Freestyle	5		1:12.00 108% PB	200 Breaststroke	4	3:19.79 114% PB
200 Freestyle			2:38.49 109% PB	50 Butterfly		39.14 126% PB
400 Freestyle	2		5:19.57 PB	50 Butterfly	3	39.14 126% PB
50 Breaststroke			45.56 105% PB	200 Medley	4	2:56.53 112% PB
Katla María Brynjarsdóttir	15/04/2007		150407-2650			
50 Freestyle			34.08 95%	200 Backstroke	1	2:41.93 101% PB
100 Freestyle			1:11.21 97%	50 Butterfly		42.01 86%
200 Freestyle	2		2:25.42 112% PB	50 Butterfly		39.65 97%
50 Backstroke			38.00 101% PB	100 Butterfly		1:33.19 84%
50 Backstroke			37.00 106% PB	100 Butterfly	6	1:28.73 93%
100 Backstroke			1:19.61 100%	200 Butterfly	3	3:15.54 103% PB
100 Backstroke	2		1:16.01 109% PB			
Natalía Dögg Brynjarsdóttir	13/12/2007		131207-3280			
50 Freestyle			40.37 82%	400 Freestyle	5	5:40.80 145% PB
50 Freestyle			36.94 98%	50 Backstroke		44.89 92%
50 Freestyle			38.27 91%	100 Backstroke	10	1:31.96 91%
100 Freestyle			1:25.04 80%	50 Breaststroke		47.59 104% PB
100 Freestyle	12		1:17.62 95%	100 Breaststroke	7	1:40.20 104% PB
100 Freestyle			1:21.20 87%	50 Butterfly		40.64 104% PB
200 Freestyle			2:53.58 91%	100 Butterfly	5	1:27.96 101% PB
200 Freestyle	9		2:48.18 96%			
Amelía Björk Davíðsdóttir	26/09/2003		260903-3220			
50 Freestyle			40.78 86%	100 Breaststroke	6	1:30.03 101% PB
100 Freestyle			1:26.25 91%	50 Butterfly		43.02 101% PB
200 Freestyle			3:01.50 93%	50 Butterfly		41.22 110% PB
400 Freestyle	9		6:10.67 PB	100 Butterfly	14	1:32.92 PB
50 Breaststroke			42.84 98%	200 Medley	10	3:03.14 108% PB
Jóhanna Arna Gunnarsdóttir	02/03/2006		020306-2620			
50 Freestyle			35.12 96%	200 Backstroke	5	2:49.79 95%
50 Freestyle			35.85 92%	50 Breaststroke		43.80 106% PB
100 Freestyle	9		1:13.13 94%	100 Breaststroke	7	1:33.63 99%
100 Freestyle			1:15.48 88%	50 Butterfly		34.53 118% PB
200 Freestyle	9		2:35.24 95%	50 Butterfly	2	34.47 118% PB
50 Backstroke			41.33 75%	200 Medley	3	2:44.25 107% PB
100 Backstroke			1:24.17 81%			

Kara Sól Gunnlaugsdóttir							
	14/10/2005	141005-2510					
50 Freestyle		41.32	90%	100 Breaststroke	12	1:43.65	122% PB
100 Freestyle	25	1:29.27	100% PB	100 Breaststroke		1:48.60	111% PB
50 Backstroke		52.33	87%	200 Breaststroke	6	3:43.34	131% PB
100 Backstroke		1:51.96	100% PB	50 Butterfly		47.57	102% PB
200 Backstroke	11	3:42.30	105% PB	50 Butterfly	16	45.48	111% PB
50 Breaststroke		49.82	113% PB	100 Butterfly	10	1:48.65	PB
50 Breaststroke		50.26	111% PB				
Stefanía Ósk Halldórsdóttir							
	18/11/2006	181106-2710					
50 Breaststroke		43.81	92%	200 Breaststroke	1	3:11.17	97%
100 Breaststroke		1:31.90	92%	50 Butterfly	8	39.38	101% PB
Elísabet Jóhannesdóttir							
	12/12/2006	121206-3070					
50 Freestyle		31.79	102% PB	100 Backstroke		1:19.93	95%
50 Freestyle		33.01	94%	100 Backstroke	3	1:15.74	105% PB
100 Freestyle	3	1:08.31	105% PB	200 Backstroke	1	2:42.89	104% PB
100 Freestyle		1:10.22	100%	50 Breaststroke		41.26	105% PB
200 Freestyle	3	2:24.24	112% PB	100 Breaststroke	4	1:26.86	105% PB
50 Backstroke		38.09	91%	50 Butterfly		35.34	93%
50 Backstroke		36.34	100%	200 Medley	2	2:43.43	102% PB
Rebekka Rós Magnadóttir							
	26/05/2007	260507-2650					
50 Freestyle		36.16	96%	400 Freestyle	3	5:20.21	114% PB
50 Freestyle		34.30	107% PB	50 Backstroke		41.17	102% PB
50 Freestyle		35.14	102% PB	100 Backstroke	5	1:25.04	114% PB
100 Freestyle		1:17.10	94%	50 Breaststroke		48.09	113% PB
100 Freestyle	4	1:11.47	110% PB	100 Breaststroke	6	1:40.05	112% PB
100 Freestyle		1:14.39	101% PB	50 Butterfly		38.70	109% PB
200 Freestyle		2:39.11	95%	100 Butterfly	2	1:23.70	118% PB
200 Freestyle	4	2:32.16	104% PB				
Jana Guðlaug Ómarsdóttir							
	04/08/2007	040807-2760					
50 Freestyle		42.53	74%	50 Breaststroke		48.74	106% PB
50 Freestyle		40.33	82%	50 Breaststroke	4	45.90	120% PB
100 Freestyle		1:29.03	81%	100 Breaststroke	8	1:40.84	114% PB
100 Freestyle		1:26.30	86%	50 Butterfly		44.79	107% PB
200 Freestyle		3:03.87	98%	50 Butterfly	9	45.83	102% PB
200 Freestyle	12	2:53.83	110% PB	100 Butterfly	12	1:39.36	108% PB
400 Freestyle	11	6:05.98	133% PB				
Embla Önnudóttir							
	02/12/2006	021206-2880					
50 Freestyle		38.71	96%	400 Freestyle	9	5:39.88	132% PB
50 Freestyle		37.04	104% PB	50 Backstroke		42.19	111% PB
50 Freestyle		37.12	104% PB	100 Backstroke	9	1:26.97	109% PB
100 Freestyle		1:22.58	91%	50 Breaststroke		49.67	114% PB
100 Freestyle	19	1:18.68	100% PB	100 Breaststroke	14	1:46.76	109% PB
100 Freestyle		1:18.62	101% PB	50 Butterfly		47.19	122% PB
200 Freestyle		2:49.74	98%	100 Butterfly	9	1:45.26	119% PB
200 Freestyle	14	2:41.39	108% PB				
Athena Líf Þrastardóttir							
	24/07/2007	240707-2410					
50 Freestyle		36.10	88%	100 Backstroke	3	1:17.72	99%
50 Freestyle		35.58	91%	50 Butterfly		39.80	88%
100 Freestyle		1:16.74	85%	50 Butterfly		39.33	90%
100 Freestyle		1:15.60	87%	50 Butterfly		40.64	85%
200 Freestyle	5	2:35.27	96%	100 Butterfly	4	1:24.92	97%
200 Freestyle		2:40.36	90%	100 Butterfly		1:30.49	85%
400 Freestyle	4	5:25.69	111% PB	200 Butterfly	1	3:07.39	97%
50 Backstroke		37.89	101% PB	200 Medley	6	2:58.93	96%
Fjóla Margrét Viðarsdóttir							
	16/01/2007	160107-3910					
50 Freestyle		35.07	103% PB	100 Backstroke	4	1:23.06	103% PB
50 Freestyle		37.61	90%	200 Backstroke	4	2:56.60	116% PB
100 Freestyle	6	1:13.12	105% PB	50 Butterfly		45.81	88%
100 Freestyle		1:19.29	90%	50 Butterfly		43.19	99%
200 Freestyle	7	2:43.14	103% PB	100 Butterfly		1:39.97	91%
50 Backstroke		41.77	90%	100 Butterfly	9	1:35.48	100% PB
50 Backstroke		40.77	95%	200 Butterfly	4	3:26.66	PB
100 Backstroke		1:26.69	95%				

Háhyrningar

Elísabet Arnoddsdóttir	12/02/2009	120209-2990					
	50 Freestyle	7	35.77	116% PB	100 Breaststroke	12	1:44.92 127% PB
	50 Freestyle		38.37	101% PB	50 Butterfly		43.76 114% PB
	100 Freestyle	16	1:20.47	126% PB	50 Butterfly	7	42.54 120% PB
50 Breaststroke		50.16	119% PB	100 Butterfly	10	1:37.23 124% PB	
Freydís Lilja Bergþórsdóttir	30/07/2009	300709-2140					
	50 Backstroke		47.08	95%	50 Butterfly	11	46.76 103% PB
	100 Backstroke	13	1:35.66	129% PB			
Adriana Agnes Derti	26/09/2010	260910-3370					
	50 Freestyle	17	43.00	96%	100 Breaststroke	26	2:00.50 117% PB
	50 Freestyle		43.57	94%	50 Butterfly		49.10 108% PB
	100 Freestyle	33	1:35.38	99%	100 Butterfly	17	1:49.97 PB
50 Breaststroke		58.41	107% PB				
Ástrós Lovísa Hauksdóttir	07/10/2008	071008-2230					
	50 Freestyle		42.77	89%	50 Backstroke		1:34.83 24%
	50 Freestyle		41.60	94%	100 Backstroke	12	1:34.83 110% PB
	100 Freestyle		1:34.31	90%	50 Breaststroke		56.64 110% PB
	100 Freestyle	26	1:28.39	103% PB	100 Breaststroke		2:01.02 105% PB
	200 Freestyle		3:15.94	94%	200 Breaststroke	10	4:11.70 PB
400 Freestyle	15	6:36.80	PB				
Steinunn Jónína Jónsdóttir	17/07/2009	170709-4030					
	50 Freestyle	29	52.19	106% PB	50 Backstroke	17	55.10 131% PB
	50 Freestyle		50.22	115% PB	50 Breaststroke		1:11.77 124% PB
	100 Freestyle	45	1:50.77	122% PB	100 Breaststroke	40	2:30.72 132% PB
Þorgerður Tinna Kristinsdóttir	18/03/2009	180309-3650					
	50 Freestyle	31	53.81	106% PB	50 Breaststroke		1:08.18 104% PB
	50 Freestyle		53.00	109% PB	50 Breaststroke	25	1:06.10 111% PB
	100 Freestyle	49	1:56.42	112% PB	100 Breaststroke	35	2:20.30 109% PB
Gabija Marija Savickaitė	21/05/2008	210508-3250					
	50 Freestyle		43.31	88%	100 Backstroke	14	1:37.83 127% PB
	100 Freestyle	27	1:28.64	112% PB	200 Backstroke	6	3:23.41 122% PB
	100 Freestyle		1:32.72	102% PB	50 Breaststroke		49.09 103% PB
	200 Freestyle	17	3:15.75	102% PB	100 Breaststroke	11	1:44.48 114% PB
	50 Backstroke		48.38	116% PB	50 Butterfly		48.80 114% PB
	50 Backstroke		45.19	132% PB	100 Butterfly	15	1:47.24 PB
100 Backstroke		1:40.00	121% PB				

Sverðfiskar Vatnaveröld

Sandra Mjöll Brynjarsdóttir	28/12/2010	281210-2540					
	50 Freestyle	33	54.71	109% PB	100 Breaststroke	42	2:44.02 96%
	50 Breaststroke		1:18.33	95%			

Total 258 individual results, average performance: 102.9%

0 new record(s), 162 new personal best(s)

Biggest improvement: Natalía Dögg Brynjarsdóttir, 400 Freestyle 5:40.80